

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 1 Dames, 400m wisselslag Senioren Open  
27-9-2026 - 14:15 Resultaten

| rang | naam                                                                       | vereniging            | intijd              | tijd                  | RT               |
|------|----------------------------------------------------------------------------|-----------------------|---------------------|-----------------------|------------------|
| 1.   | Jonna Muntjewerff                                                          | ENC Arnhem            | 5:30.00             | 200402396             | 5:20.52 +0,75    |
|      | 50m: 32.69                                                                 | 32.69 150m: 1:52.50   | 40.69 250m: 3:19.04 | 46.82 350m: 4:44.18   | 37.52            |
|      | 100m: 1:11.81                                                              | 39.12 200m: 2:32.22   | 39.72 300m: 4:06.66 | 47.62 400m: 5:20.52   | 36.34            |
| 2.   | Kamila Samad                                                               | WVZ                   | 5:31.50             | 201103178             | 5:22.38 * +0,79  |
|      | 50m: 33.59                                                                 | 33.59 150m: 1:54.11   | 41.66 250m: 3:20.89 | 45.72 350m: 4:45.50   | 36.39            |
|      | 100m: 1:12.45                                                              | 38.86 200m: 2:35.17   | 41.06 300m: 4:09.11 | 48.22 400m: 5:22.38   | 36.88            |
| 3.   | Brechtje Slootweg                                                          | ZPC AMERSFOORT        | 5:26.83             | 201101744             | 5:24.00 +0,71    |
|      | 50m: 32.41                                                                 | 32.41 150m: 1:52.22   | 42.09 250m: 3:22.90 | 48.54 350m: 4:48.99   | 36.15            |
|      | 100m: 1:10.13                                                              | 37.72 200m: 2:34.36   | 42.14 300m: 4:12.84 | 49.94 400m: 5:24.00   | 35.01            |
| 4.   | Veronika Parkhomenko                                                       | De Dolfijn            | 5:30.71             | 201301610             | 5:24.25 +0,73    |
|      | 50m: 33.76                                                                 | 33.76 150m: 1:53.21   | 39.98 250m: 3:19.20 | 45.19 350m: 4:47.28   | 40.03            |
|      | 100m: 1:13.23                                                              | 39.47 200m: 2:34.01   | 40.80 300m: 4:07.25 | 48.05 400m: 5:24.25   | 36.97            |
| 5.   | Renske Oude Egbrink                                                        | O Z & P C             | 5:17.50             | 200600040             | 5:29.10 * +0,76  |
|      | 50m: 34.99                                                                 | 34.99 150m: 1:57.30   | 41.41 250m: 3:24.51 | 45.05 350m: 4:49.70   | 38.27            |
|      | 100m: 1:15.89                                                              | 40.90 200m: 2:39.46   | 42.16 300m: 4:11.43 | 46.92 400m: 5:29.10   | 39.40            |
| 6.   | Marjolie Spelde                                                            | ZPC Hoogeveen         | 5:39.89             | 200900266             | 5:34.75 +0,76    |
|      | 50m: 35.20                                                                 | 35.20 150m: 1:59.47   | 41.05 250m: 3:29.23 | 50.00 350m: 4:56.93   | 38.89            |
|      | 100m: 1:18.42                                                              | 43.22 200m: 2:39.23   | 39.76 300m: 4:18.04 | 48.81 400m: 5:34.75   | 37.82            |
| 7.   | Fiene Quaak                                                                | Z&PC De Ganze         | 5:49.05             | 201201142             | 5:52.33 +0,63    |
|      | 50m: 35.99                                                                 | 35.99 150m: 2:04.92   | 44.55 250m: 3:38.97 | 50.88 350m: 5:13.69   | 42.51            |
|      | 100m: 1:20.37                                                              | 44.38 200m: 2:48.09   | 43.17 300m: 4:31.18 | 52.21 400m: 5:52.33   | 38.64            |
| 8.   | Jessica Bannatyne                                                          | BZ&PC                 | NT                  | 201400158             | 5:57.24 +0,75    |
|      | 50m: 37.60                                                                 | 37.60 150m: 2:10.82   | 45.64 250m: 3:45.08 | 49.52 350m: 5:18.22   | 39.67            |
|      | 100m: 1:25.18                                                              | 47.58 200m: 2:55.56   | 44.74 300m: 4:38.55 | 53.47 400m: 5:57.24   | 39.02            |
| 9.   | Britt Boonman                                                              | Z&PC De Ganze         | NT                  | 201400056             | 6:11.45 +0,58    |
|      | 50m: 41.22                                                                 | 41.22 150m: 2:17.59   | 46.39 250m: 3:54.52 | 50.12 350m: 5:29.90   | 44.98            |
|      | 100m: 1:31.20                                                              | 49.98 200m: 3:04.40   | 46.81 300m: 4:44.92 | 50.40 400m: 6:11.45   | 41.55            |
| 10.  | Nadine Beishuizen                                                          | ZPC Hoogeveen         | 6:27.88             | 201300058             | 6:14.17 * +0,70  |
|      | 50m: 41.67                                                                 | 41.67 150m: 2:18.21   | 47.46 250m: 3:56.69 | 53.05 350m: 5:31.39   | 41.94            |
|      | 100m: 1:30.75                                                              | 49.08 200m: 3:03.64   | 45.43 300m: 4:49.45 | 52.76 400m: 6:14.17   | 42.78            |
| 11.  | Amelia Dziuba                                                              | SG SCOM/de Zeehond'73 | 6:36.51             | 201201208             | 6:36.62 +0,77    |
|      | 50m: 39.65                                                                 | 39.65 150m: 2:22.06   | 49.97 250m: 4:07.09 | 55.22 350m: 5:49.81   | 47.66            |
|      | 100m: 1:32.09                                                              | 52.44 200m: 3:11.87   | 49.81 300m: 5:02.15 | 55.06 400m: 6:36.62   | 46.81            |
| 12.  | Julie Schreuder                                                            | Onderdak              | NT                  | 201401268             | 6:42.05 * +0,74  |
|      | 50m: 43.01                                                                 | 43.01 150m: 2:29.14   | 51.27 250m: 4:12.45 | 52.47 350m: 5:54.48   | 46.87            |
|      | 100m: 1:37.87                                                              | 54.86 200m: 3:19.98   | 50.84 300m: 5:07.61 | 55.16 400m: 6:42.05   | 47.57            |
| 13.  | Dannique Koolen                                                            | ZPC AMERSFOORT        | 7:00.39             | 199904048             | 6:55.08 +0,80 87 |
|      | 50m: 41.93                                                                 | 41.93 150m: 2:27.74   | 54.43 250m: 4:20.74 | 1:00.02 350m: 6:10.48 | 46.65            |
|      | 100m: 1:33.31                                                              | 51.38 200m: 3:20.72   | 52.98 300m: 5:23.83 | 1:03.09 400m: 6:55.08 | 44.60            |
| DIS  | Tahlia Taylor Wehman                                                       | De Dolfijn            | NT                  | 201300556             |                  |
|      | AF - De aangegeven afstand niet uitgezwommen.                              |                       |                     |                       |                  |
| DIS  | Senna Dingemanse                                                           | Z&PC De Ganze         | NT                  | 201400190             |                  |
|      | RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                       |                     |                       |                  |

Programmanr. 2 Heren, 400m wisselslag Senioren Open  
27-9-2026 - 14:30 Resultaten

| rang | naam                | vereniging          | intijd              | tijd                | RT              |
|------|---------------------|---------------------|---------------------|---------------------|-----------------|
| 1.   | Olivier Wilbers     | De Dolfijn          | 4:28.85             | 200600181           | 4:35.21 +0,74   |
|      | 50m: 29.86          | 29.86 150m: 1:38.88 | 35.04 250m: 2:53.02 | 39.96 350m: 4:04.64 | 31.26           |
|      | 100m: 1:03.84       | 33.98 200m: 2:13.06 | 34.18 300m: 3:33.38 | 40.36 400m: 4:35.21 | 30.57           |
| 2.   | Finn Stamsnieder    | O Z & P C           | 4:44.06             | 200900225           | 4:42.70 +0,58   |
|      | 50m: 28.88          | 28.88 150m: 1:39.22 | 35.74 250m: 2:55.28 | 41.11 350m: 4:09.80 | 32.70           |
|      | 100m: 1:03.48       | 34.60 200m: 2:14.17 | 34.95 300m: 3:37.10 | 41.82 400m: 4:42.70 | 32.90           |
| 3.   | Jens zum Grotenhoff | O Z & P C           | 5:06.02             | 200200171           | 4:57.51 * +0,74 |
|      | 50m: 29.92          | 29.92 150m: 1:42.73 | 38.05 250m: 3:02.42 | 42.03 350m: 4:22.60 | 36.87           |
|      | 100m: 1:04.68       | 34.76 200m: 2:20.39 | 37.66 300m: 3:45.73 | 43.31 400m: 4:57.51 | 34.91           |
| 4.   | Mattijn Thijert     | WS Twente           | 4:54.59             | 200501921           | 5:00.27 * +0,71 |
|      | 50m: 29.79          | 29.79 150m: 1:46.43 | 40.08 250m: 3:09.15 | 44.34 350m: 4:26.89 | 34.34           |
|      | 100m: 1:06.35       | 36.56 200m: 2:24.81 | 38.38 300m: 3:52.55 | 43.40 400m: 5:00.27 | 33.38           |
| 5.   | Dyon Scholten       | Steenwijk 1934      | 5:08.63             | 200900095           | 5:04.76 +0,74   |
|      | 50m: 30.52          | 30.52 150m: 1:45.85 | 38.68 250m: 3:10.34 | 45.93 350m: 4:31.58 | 34.47           |
|      | 100m: 1:07.17       | 36.65 200m: 2:24.41 | 38.56 300m: 3:57.11 | 46.77 400m: 5:04.76 | 33.18           |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 2, Heren, 400m wisselslag, Senioren Open

| rang | naam                       | vereniging           | intijd              | tijd                | RT                         |
|------|----------------------------|----------------------|---------------------|---------------------|----------------------------|
| 6.   | Hessel Wachter             | Zwemclub Zeist       | 5:11.52             | 200903337           | <b>5:13.34</b> +0,77       |
|      | 50m: 31.59                 | 31.59 150m: 1:51.35  | 42.11 250m: 3:15.92 | 42.45 350m: 4:36.96 | 36.70                      |
|      | 100m: 1:09.24              | 37.65 200m: 2:33.47  | 42.12 300m: 4:00.26 | 44.34 400m: 5:13.34 | 36.38                      |
| 7.   | Thijs van Kints            | BZ&PC                | 5:19.34             | 201101059           | <b>5:23.45</b> +0,76       |
|      | 50m: 33.22                 | 33.22 150m: 1:56.80  | 42.72 250m: 3:23.93 | 45.01 350m: 4:47.35 | 37.83                      |
|      | 100m: 1:14.08              | 40.86 200m: 2:38.92  | 42.12 300m: 4:09.52 | 45.59 400m: 5:23.45 | 36.10                      |
| 8.   | Thijs Hoogeveen            | Zwemlust- den Hommel | 5:42.23             | 201100503           | <b>5:25.60</b> +0,80       |
|      | 50m: 34.34                 | 34.34 150m: 1:58.10  | 41.52 250m: 3:23.16 | 44.90 350m: 4:48.76 | 39.72                      |
|      | 100m: 1:16.58              | 42.24 200m: 2:38.26  | 40.16 300m: 4:09.04 | 45.88 400m: 5:25.60 | 36.84                      |
| 9.   | Lars Sturkenboom           | Zwemlust- den Hommel | 6:02.47             | 201103253           | <b>5:37.58</b> +0,75       |
|      | 50m: 32.03                 | 32.03 150m: 1:56.58  | 43.35 250m: 3:26.00 | 47.15 350m: 4:58.07 | 41.98                      |
|      | 100m: 1:13.23              | 41.20 200m: 2:38.85  | 42.27 300m: 4:16.09 | 50.09 400m: 5:37.58 | 39.51                      |
| 10.  | Manuel Meijers             | De Rijn              | 5:52.73             | 201002289           | <b>5:56.04</b> +0,82       |
|      | 50m: 36.20                 | 36.20 150m: 2:05.65  | 45.35 250m: 3:38.75 | 51.10 350m: 5:13.27 | 42.68                      |
|      | 100m: 1:20.30              | 44.10 200m: 2:47.65  | 42.00 300m: 4:30.59 | 51.84 400m: 5:56.04 | 42.77                      |
| 11.  | Nouh Karman<br>*100m, 400m | Zwemlust- den Hommel | 5:45.51             | 201201383           | <b>5:59.01</b> +0,76       |
|      | 50m: 38.00                 | 38.00 150m: 2:04.54  | 42.54 250m: 3:43.62 | 54.95 350m: 5:18.01 | 40.61                      |
|      | 100m: 1:22.00              | 44.00 200m: 2:48.67  | 44.13 300m: 4:37.40 | 53.78 400m: 5:59.01 | 41.00                      |
| 12.  | Cas Ruijs                  | ZV De Aalscholver    | NT                  | 201300013           | <b>6:02.74</b> +0,71       |
|      | 50m: 42.35                 | 42.35 150m: 2:21.18  | 48.22 250m: 3:53.85 | 47.75 350m: 5:25.85 | 43.17                      |
|      | 100m: 1:32.96              | 50.61 200m: 3:06.10  | 44.92 300m: 4:42.68 | 48.83 400m: 6:02.74 | 36.89                      |
| 13.  | Milan Rotgers              | ZPC AMERSFOORT       | 5:58.46             | 201402695           | <b>6:02.80</b> +0,65       |
|      | 50m: 37.38                 | 37.38 150m: 2:07.29  | 46.06 250m: 3:48.16 | 53.01 350m: 5:24.64 | 41.30                      |
|      | 100m: 1:21.23              | 43.85 200m: 2:55.15  | 47.86 300m: 4:43.34 | 55.18 400m: 6:02.80 | 38.16                      |
| 14.  | Thom de Gans               | ZPC AMERSFOORT       | 6:15.00             | 201400009           | <b>6:05.19</b> * +0,73     |
|      | 50m: 41.49                 | 41.49 150m: 2:17.61  | 49.32 250m: 3:55.12 | 48.17 350m: 5:26.85 | 41.27                      |
|      | 100m: 1:28.29              | 46.80 200m: 3:06.95  | 49.34 300m: 4:45.58 | 50.46 400m: 6:05.19 | 38.34                      |
| 15.  | Daan Bekke                 | Z&PV de Veene        | NT                  | 201201487           | <b>6:05.46</b> +0,86       |
|      | 50m: 39.41                 | 39.41 150m: 2:15.80  | 49.15 250m: 3:56.11 | 53.50 350m: 5:29.64 | 40.43                      |
|      | 100m: 1:26.65              | 47.24 200m: 3:02.61  | 46.81 300m: 4:49.21 | 53.10 400m: 6:05.46 | 35.82                      |
| 16.  | Enzi Nyembo                | ZV De Aalscholver    | NT                  | 201300163           | <b>6:12.29</b> +0,57       |
|      | 50m: 40.00                 | 40.00 150m: 2:17.95  | 47.40 250m: 3:55.04 | 48.94 350m: 5:31.29 | 43.09                      |
|      | 100m: 1:30.55              | 50.55 200m: 3:06.10  | 48.15 300m: 4:48.20 | 53.16 400m: 6:12.29 | 41.00                      |
| 17.  | Nikolai Lebediev           | De Dolfijn           | 6:46.27             | 201301221           | <b>6:37.81</b> *100m +0,70 |
|      | 50m: 45.03                 | 45.03 150m: 2:29.04  | 51.28 250m: 4:14.78 | 55.93 350m: 5:57.65 | 43.51                      |
|      | 100m: 1:37.76              | 52.73 200m: 3:18.85  | 49.81 300m: 5:14.14 | 59.36 400m: 6:37.81 | 40.16                      |

Programmanr. 3  
27-9-2026 - 14:44

Dames, 50m vrije slag

Senioren Open  
Resultaten

| rang | naam                | vereniging             | intijd | tijd      | RT                   |
|------|---------------------|------------------------|--------|-----------|----------------------|
| 1.   | Jinth Engelse       | Team NL - Blue Marlins | 25.04  | 200800204 | <b>24.91</b> +0,64   |
| 2.   | Sam van Nunen       | PSV                    | 24.74  | 200100036 | <b>25.19</b> +0,64   |
| 3.   | Marin Wieling       | ZPC AMERSFOORT         | 25.77  | 200501220 | <b>26.42</b> +0,71   |
| 4.   | Femke Hoppenbrouwer | De Dolfijn             | 24.88  | 200301124 | <b>26.55</b> * +0,71 |
|      | Anne Engbersen      | Albion                 | 25.73  | 201000044 | <b>26.55</b> +0,71   |
| 6.   | Jill Nai Chung Tong | Albion                 | 26.32  | 200404272 | <b>27.07</b> +0,70   |
| 7.   | Breanna Belmar      | Albion                 | 26.92  | 201004068 | <b>27.69</b> +0,70   |
| 8.   | Maria Kotsubaio     | ZV De Aalscholver      | 27.68  | 201001722 | <b>28.14</b> +0,74   |
| 9.   | Megan Snoek         | De Dolfijn             | 27.45  | 200900888 | <b>28.15</b> +0,65   |
| 10.  | Merel Bijl          | Albion                 | 27.80  | 200900762 | <b>28.18</b> +0,69   |
| 11.  | Emma Steenbrink     | O Z & P C              | 27.81  | 200901376 | <b>28.25</b> +0,65   |
| 12.  | Fenna Gabriëls      | ZPC Hoogeveen          | NT     | 201201230 | <b>28.32</b> +0,65   |
| 13.  | Iris Goes           | Zwemlust- den Hommel   | 28.55  | 200701704 | <b>28.33</b> +0,77   |
| 14.  | Eva Ehlert          | WVZ                    | 27.51  | 201002026 | <b>28.35</b> +0,72   |
| 15.  | Raegan Belmar       | Albion                 | 27.12  | 201004070 | <b>28.43</b> +0,72   |
| 16.  | Joanne Strietman    | ZPC AMERSFOORT         | 29.02  | 201203784 | <b>28.61</b> +0,70   |
| 17.  | Famke Irvine        | ZPC AMERSFOORT         | 27.66  | 200501724 | <b>28.64</b> +0,58   |
| 18.  | Yara van Asselen    | De Dolfijn             | 28.41  | 200900408 | <b>28.65</b> +0,69   |
| 19.  | Welmoed Doornbos    | ENC Arnhem             | 29.40  | 200203352 | <b>28.68</b> +0,66   |
| 20.  | Meike van der Klugt | WVZ                    | 30.14  | 201100808 | <b>28.75</b> * +0,78 |
| 21.  | Anouk Steller       | WVZ                    | 27.87  | 201000004 | <b>28.82</b> +0,77   |
|      | Lynn Peters         | RZ                     | 29.13  | 200900454 | <b>28.82</b> +0,73   |
| 23.  | Fardau Cazemier     | Zcnf'34                | 28.86  | 200901736 | <b>28.88</b> +0,75   |
| 24.  | Kim Bouman          | ZPC AMERSFOORT         | 28.56  | 201000262 | <b>28.93</b> +0,74   |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 3, Dames, 50m vrije slag, Senioren Open

| rang  | naam                   | vereniging            | intijd |           | tijd           | RT    |     |
|-------|------------------------|-----------------------|--------|-----------|----------------|-------|-----|
| 25.   | Florien Pot            | O Z & P C             | 28.18  | 201000768 | <b>29.10</b>   | +0,69 |     |
| 26.   | Kayleigh van Doeselaar | WS Twente             | 29.66  | 201000478 | <b>29.18</b>   | +0,65 |     |
| 27.   | Hanna Rijken           | Zwemlust- den Hommel  | 29.30  | 201102582 | <b>29.19</b>   | +0,79 |     |
| 28.   | Amber Tiesinga         | DZ&PC                 | 28.96  | 200600782 | <b>29.44</b>   | +0,73 |     |
| 29.   | Fenna ter Bekke        | Zwemclub Zeist        | 28.99  | 200701506 | <b>29.48</b>   | +0,79 |     |
| 30.   | Ynthe van Wijland      | Zwemlust- den Hommel  | 29.74  | 201003362 | <b>29.51</b>   | +0,78 |     |
| 31.   | Dautsen Vaartjes       | Batavia Swim          | 28.95  | 201003490 | <b>29.61</b>   | +0,76 |     |
| 32.   | Lieke Broere           | De Otters Het Gooi    | 29.46  | 200303890 | <b>29.72</b>   | +0,79 |     |
| 33.   | Maud Slijkhuis         | MZ&PC De Reest        | 29.17  | 201101520 | <b>29.75</b>   | +0,76 |     |
| 34.   | Nikki Kannegieter      | Zignea                | 29.44  | 201100750 | <b>29.81</b>   | +0,75 |     |
| 35.   | Myrthe Mollenhorst     | Zwemlust- den Hommel  | 30.27  | 200900436 | <b>29.95</b>   | +0,72 |     |
| 36.   | Eva Maria Keet         | ZPC AMERSFOORT        | 29.24  | 201003006 | <b>30.01</b>   | +0,75 |     |
| 37.   | Fabiënne van Remmerden | ZPC Woerden           | 29.66  | 201201190 | <b>30.06</b>   | +0,80 |     |
| 38.   | Anouk de Jong          | ZPC Woerden           | 29.29  | 200902506 | <b>30.14</b>   | +0,77 |     |
| 39.   | Daniela Malipiero      | ZPC AMERSFOORT        | 29.28  | 200900496 | <b>30.17</b>   | +0,74 |     |
| 40.   | Britt Blaaupot         | Z&PV de Veene         | 30.94  | 201003380 | <b>30.33</b>   | +0,75 |     |
| 41.   | Ifke Stam              | De Duinkickers        | 29.63  | 200800374 | <b>30.38</b>   | +0,70 |     |
| 42.   | Tess Wakker            | De Rijn               | 30.78  | 200700154 | <b>30.54</b>   | +0,46 |     |
| 43.   | Milou Baars            | ZPC Woerden           | 29.87  | 201301996 | <b>30.64</b>   | +0,72 |     |
| 44.   | Yfke Wijnalda          | ZPC AMERSFOORT        | 30.86  | 201002618 | <b>30.65</b>   | +0,71 |     |
| 45.   | Liss Wakker            | De Rijn               | 29.49  | 201000140 | <b>30.76</b>   | +0,70 |     |
| 46.   | Ilse Stut              | De Otters Het Gooi    | 31.41  | 200206236 | <b>30.78</b>   | +0,78 |     |
| 47.   | Fayenne Hemmelder      | WS Twente             | NT     | 201200538 | <b>30.87</b>   | +0,71 |     |
| 48.   | Flore Hovens           | Zwemlust- den Hommel  | 30.42  | 201201632 | <b>30.94</b>   | +0,63 |     |
| 49.   | Anoek Bogers           | ZPC Woerden           | 32.00  | 201003584 | <b>31.02</b>   | +0,76 |     |
| 50.   | Zena Bout              | Zwemlust- den Hommel  | 30.16  | 200601442 | <b>31.10</b>   | +0,81 |     |
| 51.   | Jesse Rijnbeek         | ZPC AMERSFOORT        | 30.80  | 201000720 | <b>31.15</b>   | +0,76 |     |
| 52.   | Amelie Kieboom         | Zwemclub Zeist        | 30.85  | 200902262 | <b>31.24</b>   | +0,68 |     |
| 53.   | Aden Koksai            | Zwemlust- den Hommel  | 30.83  | 201202484 | <b>31.32</b>   | +0,80 |     |
| 54.   | Laura Sturkenboom      | Zwemlust- den Hommel  | 31.37  | 200704706 | <b>31.39</b>   | +0,81 |     |
| 55.   | Nikki Groot Rouwen     | O Z & P C             | 30.68  | 200900106 | <b>31.48</b>   | +0,80 |     |
| 56.   | Joanne Vos             | ZPC Hoogeveen         | 32.21  | 201200422 | <b>31.50</b>   | +0,65 |     |
| 57.   | Frederique Grijpink    | De Otters Het Gooi    | 31.66  | 201001218 | <b>31.69</b>   | +0,76 |     |
| 58.   | Pip Veenis             | ZPC Woerden           | 30.75  | 200904154 | <b>31.70</b>   | +0,81 |     |
| 59.   | Femke Postma           | De Duinkickers        | 30.91  | 201200346 | <b>31.86</b>   | +0,59 |     |
| 60.   | Inde Turnbull          | ZPC Woerden           | 31.06  | 200903666 | <b>32.16</b>   | +0,68 |     |
| 61.   | Femke de Beir          | ZPC AMERSFOORT        | 32.69  | 201203492 | <b>32.38</b> * | +0,80 |     |
| 62.   | Lisa Bruining          | ZPC Woerden           | 31.49  | 200702528 | <b>32.39</b>   | +0,78 |     |
| 63.   | Lisse Bouwman          | VZC                   | 33.51  | 201300926 | <b>33.06</b>   | +0,71 |     |
| 64.   | Azra Guler             | NDD                   | 31.65  | 200503054 | <b>33.09</b>   | +0,68 |     |
| 65.   | Evelijn Feitsma        | ZPC AMERSFOORT        | 33.66  | 201401000 | <b>33.30</b>   | +0,67 |     |
| 66.   | Joey Chan              | WVZ                   | 34.45  | 201301018 | <b>33.49</b>   | +0,46 |     |
|       | Tess Jager             | SG SCOM/de Zeehond'73 | 34.68  | 201300370 | <b>33.49</b>   | +0,77 |     |
| 68.   | Femke De Vries         | De Vikings            | 34.90  | 201200202 | <b>34.02</b>   | +0,81 |     |
| 69.   | Idil Yon               | DZ&PC                 | 35.01  | 201401774 | <b>34.36</b>   | +0,70 |     |
| 70.   | Elise Desnos           | De Dolfijn            | 34.86  | 201400200 | <b>35.00</b> * | +0,74 |     |
| 71.   | Sienna Japink          | De Rijn               | 35.61  | 201402322 | <b>35.03</b>   | +0,82 |     |
| 72.   | Nor Elena Loh          | De Dolfijn            | 36.49  | 201402276 | <b>35.67</b>   | +0,65 |     |
| 73.   | Isabelle Barnar        | GoSwim                | 37.58  | 201100024 | <b>36.37</b>   | +0,78 |     |
| 74.   | Dranna Atif            | De Dolfijn            | 39.22  | 201400944 | <b>36.51</b> * | +0,76 |     |
| 75.   | Jenna Gorter           | De Otters Het Gooi    | 35.42  | 200702746 | <b>36.75</b>   | +0,68 | 478 |
| 76.   | Chloé Bollen           | De Dolfijn            | 40.27  | 201403482 | <b>36.83</b>   | +0,84 |     |
| 77.   | Isolde Bijlsma         | De Rijn               | 40.15  | 201400204 | <b>37.37</b>   | +0,71 |     |
| 78.   | Floor Wouterson        | ZPC AMERSFOORT        | 39.17  | 201400144 | <b>38.48</b>   | +0,43 |     |
| 79.   | Aaisha Bhargava        | Zwemlust- den Hommel  | 41.42  | 201401878 | <b>40.63</b>   | +0,65 |     |
| 80.   | Norah Knelange         | Zwemlust- den Hommel  | 51.20  | 201303444 | <b>46.68</b>   | +0,73 | 57  |
| AFGEM | Stella Koese           | WVZ                   | 32.11  | 200902768 |                |       |     |
| AFGEM | Sylke Enzerink         | ZPC AMERSFOORT        | 37.98  | 201401292 |                |       |     |
| AFGEM | Rosie Gootjes          | ZPC AMERSFOORT        | 40.04  | 201400804 |                |       |     |
| AFGEM | Bridget Vermeer        | ZPC AMERSFOORT        | 26.88  | 200501766 |                |       |     |
| AFGEM | Ashal Yon              | DZ&PC                 | 33.80  | 201302314 |                |       |     |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 4  
27-9-2026 - 14:53

Heren, 50m vrije slag

Senioren Open  
Resultaten

| rang | naam                      | vereniging              | intijd | tijd      | RT            |
|------|---------------------------|-------------------------|--------|-----------|---------------|
| 1.   | Thomas Verhoeven          | Albion                  | 21.85  | 199700311 | 22.68 +0,63   |
| 2.   | Vince van der Pal         | DZ&PC                   | 22.21  | 200401869 | 22.72 +0,71   |
| 3.   | Siem de Zeeuw             | Team NL - OZ&PC         | 22.50  | 200800013 | 23.22 +0,66   |
| 4.   | Austin Namesnik           | ZPC AMERSFOORT          | 23.13  | 200101817 | 23.46 +0,56   |
| 5.   | Kenan Coeruez             | Albion                  | 23.12  | 200300357 | 23.53 +0,67   |
| 6.   | Colin Bes                 | DZ&PC                   | 23.63  | 200500201 | 23.69 +0,62   |
| 7.   | Rick Bulman               | Albion                  | 23.91  | 200101899 | 23.97 +0,63   |
| 9.   | Abel op den Velde         | De Duinkickers          | 24.29  | 201000079 | 23.97 +0,69   |
|      | Rens Stijf                | ZPC AMERSFOORT          | 23.44  | 200501419 | 24.04 +0,63   |
| 10.  | Thom Delno                | VZC                     | 24.06  | 200000013 | 24.28 * +0,67 |
| 11.  | Tim Boerefijn             | WVZ                     | 23.94  | 200802815 | 24.41 +0,69   |
| 12.  | Bink Elgersma             | Zwemlust- den Hommel    | 23.81  | 201000137 | 24.47 +0,69   |
| 13.  | Jesse van der Meij        | De Dolfijn              | 25.30  | 200600841 | 24.48 +0,69   |
| 14.  | Jelmer Miedema            | IJsselmeer              | 24.03  | 200800467 | 24.61 +0,61   |
| 15.  | Thijs Poll                | WS Twente               | 24.08  | 200700203 | 24.77 +0,61   |
| 16.  | Tim van Erven             | DZ&PC                   | 24.85  | 200700175 | 24.89 +0,70   |
| 17.  | Freek Ruijsenaars         | ZPC Woerden             | 24.39  | 200702139 | 24.93 +0,72   |
| 18.  | Gwee Bokma                | Zwemlust- den Hommel    | 24.95  | 201002259 | 24.94 +0,65   |
| 19.  | Pieter de Visser          | Z&PC De Ganze           | 24.46  | 199802045 | 25.02 +0,75   |
| 20.  | Jelte de Boer             | De Vikings              | 25.42  | 200700345 | 25.05 +0,66   |
| 21.  | Kelvin Terpstra           | ZPC AMERSFOORT          | 25.33  | 201003893 | 25.09 +0,64   |
| 22.  | Henry Watson              | De Dolfijn              | 25.05  | 201001703 | 25.19 +0,63   |
| 23.  | Tijn Hilders              | De Dolfijn              | 24.87  | 200700027 | 25.23 +0,69   |
| 24.  | Jort Siebelt              | O Z & P C               | 25.05  | 200700083 | 25.25 +0,69   |
| 25.  | Jelmer Kruijt             | ZPC AMERSFOORT          | 25.36  | 200900525 | 25.65 +0,59   |
| 26.  | Toa Jahn                  | De Dolfijn              | 25.94  | 201201665 | 25.72 +0,56   |
| 27.  | Teun van Weeren           | O Z & P C               | 25.56  | 200801145 | 25.86 +0,65   |
| 29.  | Kris Westerhout           | Albion                  | 25.70  | 201000883 | 25.86 +0,62   |
|      | Ryan Schuts               | De Otters Het Gooi      | 25.76  | 200702495 | 25.91 +0,64   |
| 30.  | Rick Zuurman              | ZPC Hoogeveen           | 26.63  | 200900049 | 26.21 +0,76   |
| 31.  | Teije ter Bekke           | Zwemclub Zeist          | 26.13  | 200901789 | 26.25 +0,75   |
| 32.  | Dewin Volker              | O Z & P C               | 25.90  | 201101935 | 26.31 +0,67   |
| 33.  | Terrence Fredema          | ZPC AMERSFOORT          | 25.47  | 200404887 | 26.33 +0,62   |
| 34.  | Jamie Kenworthy           | De Dolfijn              | 26.51  | 200800045 | 26.41 +0,63   |
| 35.  | Mees Akkersdijk           | GoSwim                  | 26.69  | 201001075 | 26.44 +0,65   |
| 36.  | Jesse Langstraat          | IJsselmeer              | 26.98  | 200901407 | 26.46 +0,52   |
| 37.  | James Bevers              | WS Twente               | 26.28  | 201103659 | 26.47 +0,64   |
| 38.  | Cayden Malone             | De Dolfijn              | 25.69  | 201002195 | 26.54 +0,70   |
| 39.  | Marcelo Fritz Medina      | De Dolfijn              | 28.64  | 201201885 | 26.55 +0,68   |
| 40.  | Charles Araysa            | Zwemlust- den Hommel    | 26.17  | 201201155 | 26.76 +0,59   |
| 42.  | Pim Rijken                | Zwemlust- den Hommel    | 26.97  | 201002927 | 26.76 +0,74   |
|      | Isaiah Koningsbloem       | ZPC AMERSFOORT          | 27.40  | 200800127 | 26.94 +0,66   |
| 43.  | Leon ten Broeke           | GoSwim                  | 27.41  | 200900713 | 27.08 +0,61   |
| 45.  | Matthijs Wierbos          | ZPC Hoogeveen           | 27.06  | 200901965 | 27.08 +0,71   |
|      | Kyaro Giuliano            | De Dolfijn              | 27.16  | 201000489 | 27.17 +0,86   |
| 46.  | Wesley Korndewal          | ZPC AMERSFOORT          | 27.63  | 200900405 | 27.18 +0,66   |
| 47.  | Erik van Litsenburg       | MZ&PC De Reest          | 27.00  | 200903831 | 27.19 +0,65   |
| 49.  | Maarten Dijs              | GoSwim                  | 27.00  | 201000135 | 27.19 +0,71   |
|      | Victor Barnar             | Zwemlust- den Hommel    | 26.84  | 197801805 | 27.26 +0,72   |
| 50.  | Nanne Woldring            | De Vikings              | 28.23  | 201102035 | 27.32 +0,74   |
| 51.  | Pepijn Bakker             | ZPC Hoogeveen           | 27.13  | 200703821 | 27.36 +0,72   |
| 52.  | Dennis Dumbraveanu        | VZC                     | 27.56  | 201100613 | 27.49 +0,71   |
| 53.  | Wessel Vis                | De Treffers             | 28.40  | 201201273 | 27.55 +0,61   |
| 54.  | Sergei Lebedev            | Zwemvereniging Hoogland | 27.43  | 199406811 | 27.64 +0,70   |
| 55.  | Teun Zeeman               | Zwemlust- den Hommel    | 27.27  | 200901133 | 27.98 +0,69   |
| 56.  | Jurre van Es              | ZPC Woerden             | 28.08  | 200903567 | 28.01 +0,72   |
| 57.  | Xavier Barnar             | GoSwim                  | 27.76  | 200900061 | 28.07 +0,68   |
| 58.  | Quinten Hofman            | Zwemlust- den Hommel    | 27.00  | 201000955 | 28.10 +0,82   |
| 59.  | Tim Seising               | VZC                     | 27.37  | 200500107 | 28.11 +0,64   |
| 60.  | Jayden Korndewal          | ZPC AMERSFOORT          | 28.63  | 201200015 | 28.40 +0,71   |
| 61.  | Alex Dwyer                | De Dolfijn              | 28.92  | 201103427 | 28.43 +0,71   |
| 62.  | Max Kaspers               | ZPC AMERSFOORT          | 29.46  | 201101085 | 28.62 +0,78   |
| 63.  | Alessio van Engelen Sousa | De Dolfijn              | 29.93  | 201101829 | 28.94 +0,70   |
| 64.  | Sytze Andrea              | De Rijn                 | 29.13  | 201000261 | 29.03 +0,79   |
| 65.  | Daniel Bagdasarov         | ZPC Woerden             | 30.22  | 201101511 | 29.55 +0,77   |
| 66.  | Jonathan Nusteen          | Zwemclub Zeist          | 30.06  | 201202129 | 29.58 +0,77   |
| 67.  | Rory Costello             | De Dolfijn              | 29.82  | 201102755 | 29.79 +0,73   |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 4, Heren, 50m vrije slag, Senioren Open

| rang  | naam                         | vereniging           | intijd |           | tijd           | RT    |
|-------|------------------------------|----------------------|--------|-----------|----------------|-------|
| 68.   | Figo Los                     | De Duinkickers       | 30.74  | 201200823 | <b>30.05</b>   | +0,50 |
| 69.   | Eleas de Jong                | IJsselmeer           | 29.22  | 201103409 | <b>30.07</b>   | +0,84 |
| 70.   | Yaroslav Lytvynenko          | VZC                  | 30.29  | 201102573 | <b>30.27</b>   | +0,69 |
| 71.   | Casper Miltenburg            | De Dolfijn           | 31.18  | 201201157 | <b>30.64</b>   | +0,51 |
| 72.   | Jesse Bruines                | Batavia Swim         | 30.69  | 200402413 | <b>30.67</b>   | +0,71 |
| 73.   | Vigo Norde                   | ZPC Hoogeveen        | 32.20  | 201200307 | <b>30.99</b>   | +0,68 |
| 74.   | Olivier Esser                | De Dolfijn           | 31.43  | 201400139 | <b>31.25</b>   | +0,70 |
| 75.   | Max Janson                   | De Dolfijn           | 35.05  | 201302769 | <b>31.31</b>   | +0,78 |
| 76.   | Mutasem Farea                | Zwemlust- den Hommel | 31.07  | 201102207 | <b>31.39</b>   | +0,72 |
| 77.   | Filip Zivkovic               | Zwemlust- den Hommel | 33.76  | 201202019 | <b>31.60</b>   | +0,69 |
| 78.   | Kurts Biezins                | De Rijn              | 32.19  | 201301497 | <b>31.63</b>   | +0,70 |
| 79.   | Miguel Moreno Palacios       | De Dolfijn           | 32.86  | 201301123 | <b>31.71</b>   | +0,66 |
| 80.   | Jesiah Bos                   | ZV De Aalscholver    | 33.27  | 201400097 | <b>31.98</b>   | +0,64 |
| 81.   | Harrie Oude Weernink         | WS Twente            | 33.75  | 196001037 | <b>32.02</b> * | +0,97 |
| 82.   | Sam Watson                   | De Dolfijn           | 33.28  | 201300801 | <b>32.38</b>   | +0,58 |
| 83.   | Selim Can Budan              | Batavia Swim         | 32.95  | 201402033 | <b>32.65</b> * | +0,84 |
| 84.   | Thomas Tijssen               | De Dolfijn           | 40.06  | 201301147 | <b>32.67</b>   | +0,79 |
| 85.   | Mick Boerefijn               | WVZ                  | 34.71  | 201400239 | <b>33.26</b>   | +0,75 |
| 86.   | R. Terwisscha van Scheltinga | IJsselmeer           | 34.86  | 201402673 | <b>33.86</b>   | +0,74 |
| 87.   | Krystian Kandaurov           | GoSwim               | 33.64  | 201302771 | <b>33.94</b>   | +0,57 |
| 88.   | Arav Jena                    | Zwemlust- den Hommel | 33.60  | 201202021 | <b>34.03</b>   | +0,80 |
| 89.   | Mihir Bapat                  | Zwemlust- den Hommel | 34.22  | 201201595 | <b>34.04</b>   | +0,65 |
| 90.   | Omran Dahan                  | VZC                  | 34.55  | 201400895 | <b>35.73</b>   | +0,73 |
| 91.   | Yuandong Wen                 | Zwemlust- den Hommel | 38.17  | 201401459 | <b>37.53</b>   | +0,80 |
| 92.   | Viktor Zivkovic              | Zwemlust- den Hommel | NT     | 201400637 | <b>37.67</b> * | +0,48 |
| 93.   | Leonardo Muhren              | Zwemlust- den Hommel | 42.15  | 201402957 | <b>37.76</b>   | +0,68 |
| 94.   | Sverre Maclean               | ZPC AMERSFOORT       | 40.05  | 201402607 | <b>38.92</b>   | +0,68 |
| 95.   | Ondrej Szorad                | De Dolfijn           | NT     | 201402877 | <b>39.04</b>   | +0,73 |
| 96.   | Ryan de Vries                | WVZ                  | 39.37  | 201302751 | <b>39.97</b> * |       |
| 97.   | Hossam Alganad               | Zwemlust- den Hommel | 42.11  | 201400635 | <b>40.71</b>   | +0,70 |
| NG.ZA | Yassine Mellah               | Albion               | 24.81  | 200502159 |                |       |
| AFGEM | Matthew Kostenko             | De Dolfijn           | 33.23  | 201102757 |                |       |
| AFGEM | Milos Gladinetz              | Zwemlust- den Hommel | 34.61  | 201303079 |                |       |
| AFGEM | Gijs Vesseur                 | ZPC AMERSFOORT       | 24.13  | 200700277 |                |       |

Programmanr. 5  
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Dames, 50m rugslag

Senioren Open  
Resultaten

| rang | naam                         | vereniging            | intijd |           | tijd           | RT    |
|------|------------------------------|-----------------------|--------|-----------|----------------|-------|
| 1.   | Angelina Rolman              | Team NL - PSV         | 28.61  | 200701972 | <b>28.11</b>   | +0,58 |
| 2.   | Senna Rijnbeek               | ZPC AMERSFOORT        | 29.78  | 200901480 | <b>29.86</b>   | +0,67 |
| 3.   | Elin Ditewig                 | VZC                   | 29.66  | 200900392 | <b>30.42</b>   | +0,59 |
| 4.   | Raegan Belmar                | Albion                | 31.18  | 201004070 | <b>30.79</b> * | +0,67 |
| 5.   | Puck van Wees                | De Dolfijn            | 32.23  | 200901020 | <b>32.29</b> * | +0,61 |
| 6.   | Mijke van Hal                | Zwemlust- den Hommel  | 32.16  | 200800362 | <b>32.35</b>   | +0,59 |
| 7.   | Julia Agricola               | DZ&PC                 | 32.94  | 200800266 | <b>33.19</b>   | +0,58 |
| 8.   | Hanna Heller                 | ZPC AMERSFOORT        | 34.72  | 201102730 | <b>33.55</b>   | +0,61 |
| 9.   | Eva ter Horst                | ZPC Hoogeveen         | 32.92  | 201200070 | <b>33.56</b> * | +0,66 |
| 10.  | Devenda van der Meer         | DZ&PC                 | 32.57  | 200900948 | <b>33.69</b>   | +0,58 |
| 11.  | Yanaïka Ido                  | Batavia Swim          | 33.93  | 201102764 | <b>34.02</b>   | +0,60 |
| 12.  | Ifke Stam                    | De Duinkickers        | 33.97  | 200800374 | <b>34.60</b>   | +0,63 |
| 13.  | Luesza Siahaija              | ZPC Hoogeveen         | 33.29  | 200801316 | <b>34.65</b>   | +0,63 |
| 14.  | Fenna ter Bekke              | Zwemclub Zeist        | 33.31  | 200701506 | <b>35.14</b>   | +0,60 |
| 15.  | Madeé Boezen                 | Zignea                | 35.41  | 201300782 | <b>35.42</b>   | +0,62 |
| 16.  | L. Terwisscha van Scheltinga | ZPC AMERSFOORT        | 35.79  | 201201240 | <b>35.76</b>   | +0,65 |
| 17.  | Ribanna Damm                 | O Z & P C             | 35.59  | 201100304 | <b>36.06</b> * | +0,78 |
| 18.  | Sophie van der Horst         | Flevo                 | 35.80  | 201000246 | <b>36.22</b>   | +0,62 |
| 19.  | Aimee van Tongeren           | O Z & P C             | 36.26  | 201100214 | <b>36.27</b>   | +0,68 |
| 20.  | Julia van Kuijk              | ZV De Aalscholver     | 38.85  | 201301190 | <b>37.53</b>   | +0,60 |
| 21.  | Anniek van Ginkel            | VZC                   | 39.53  | 201400146 | <b>38.10</b>   | +0,58 |
| 22.  | Fenne Vaartjes               | Batavia Swim          | 35.94  | 201201810 | <b>38.14</b>   | +0,80 |
| 23.  | Elize Poot                   | Zwemlust- den Hommel  | 38.05  | 201301408 | <b>38.21</b>   | +0,76 |
| 24.  | Joey Chan                    | WVZ                   | 41.62  | 201301018 | <b>38.69</b>   | +0,61 |
| 25.  | Eliza Parwiz                 | WVZ                   | 41.10  | 201400876 | <b>38.97</b>   | +0,76 |
| 26.  | Amelia Dziuba                | SG SCOM/de Zeehond'73 | 37.80  | 201201208 | <b>39.77</b>   | +0,67 |
|      | Elize Snabel                 | ZPC AMERSFOORT        | 38.03  | 201203198 | <b>39.77</b> * | +0,64 |
| 28.  | Fiene Madlener               | VZC                   | 39.88  | 201400576 | <b>40.66</b>   | +0,98 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 5, Dames, 50m rugslag, Senioren Open

| rang  | naam                    | vereniging     | intijd | tijd      | RT           |       |
|-------|-------------------------|----------------|--------|-----------|--------------|-------|
| 29.   | Caja Meijers            | De Rijn        | 40.84  | 201401058 | <b>43.21</b> | +0,72 |
| 30.   | Vàjen van Riemsdijk     | ZPC AMERSFOORT | 43.23  | 201401732 | <b>46.12</b> | +0,79 |
| NG.ZA | Jazz-Lynn Gomes Delgado | Albion         | 30.11  | 200800738 |              |       |

Programmanr. 6  
27-9-2026 - 15:09

Heren, 50m rugslag

Senioren Open  
Resultaten

| rang  | naam                | vereniging                   | intijd |           | tijd           | RT    |
|-------|---------------------|------------------------------|--------|-----------|----------------|-------|
| 1.    | Giovanni Phillipson | Team NL - Team Noord Holland | 24.42  | 200801099 | <b>24.63</b>   | +0,65 |
| 2.    | Lars Bulman         | Albion                       | 25.90  | 200600125 | <b>26.10</b>   | +0,60 |
| 3.    | Jelmer Miedema      | IJsselmeer                   | 28.37  | 200800467 | <b>29.11</b>   | +0,63 |
|       | Ian Terlouw         | ZPC Woerden                  | 28.54  | 200002345 | <b>29.11</b>   | +0,65 |
| 5.    | Mads van Norden     | ZPC AMERSFOORT               | 29.43  | 200700029 | <b>29.39</b>   | +0,72 |
| 6.    | Daequan Ramos       | ZPC Hoogeveen                | 29.66  | 200901709 | <b>29.83</b>   | +0,60 |
| 7.    | Bram Kulpe          | Z&PV de Veene                | 30.28  | 200900329 | <b>31.08</b>   | +0,52 |
| 8.    | Jayden Cijntje      | ZPC AMERSFOORT               | 33.45  | 200801741 | <b>32.18</b>   | +0,64 |
| 9.    | Noah Khasho         | Trb/Res                      | 30.99  | 201002337 | <b>32.30</b> * | +0,60 |
| 10.   | Fedde Jelsma        | DZ&PC                        | 38.23  | 201400047 | <b>37.19</b>   | +0,72 |
| 11.   | Tycho Zoon          | Onderdak                     | 39.43  | 201202321 | <b>39.86</b>   | +0,70 |
| 12.   | Thomas Tijssen      | De Dolfijn                   | 48.05  | 201301147 | <b>44.06</b>   | +0,75 |
| 13.   | Lyam van der Zee    | VZC                          | 46.49  | 201400095 | <b>48.54</b>   | +0,84 |
|       | Ondrej Szorad       | De Dolfijn                   | NT     | 201402877 | <b>48.54</b>   | +0,95 |
| AFGEM | Colin Beuker        | ZPC Hoogeveen                | 27.53  | 200802023 |                |       |

Programmanr. 7  
27-9-2026 - 15:12

Dames, 100m schoolslag

Senioren Open  
Resultaten

| rang | naam                 | vereniging           | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|----------------------|----------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Nina Zusterzeel      | Team NL - PSV        | 1:07.99 | 200800656 | <b>1:07.59</b>   | +0,68 | 31.88 | 1:07.59 |
| 2.   | Rafaela Mulders      | Team NL - De Reuring | 1:09.25 | 200701398 | <b>1:10.24</b>   | +0,70 | 32.99 | 1:10.24 |
| 3.   | Jill Nai Chung Tong  | Albion               | 1:08.77 | 200404272 | <b>1:11.69</b>   | +0,57 | 33.31 | 1:11.69 |
| 4.   | Djanilla Brink       | De Dolfijn           | 1:09.76 | 200600988 | <b>1:12.90</b>   | +0,77 | 34.34 | 1:12.90 |
| 5.   | Eva Ehlert           | WVZ                  | 1:13.24 | 201002026 | <b>1:14.73</b>   | +0,70 | 35.29 | 1:14.73 |
| 6.   | Meike van der Klugt  | WVZ                  | 1:15.02 | 201100808 | <b>1:15.39</b>   | +0,79 | 35.72 | 1:15.39 |
| 7.   | Robine Moot          | ZPC AMERSFOORT       | 1:12.95 | 200900330 | <b>1:15.96</b>   | +0,72 | 35.39 | 1:15.96 |
| 8.   | Jasmijn Scott        | De Duinkickers       | 1:13.93 | 201001236 | <b>1:16.45</b>   | +0,70 | 35.51 | 1:16.45 |
| 9.   | Annika Hogenhuis     | Zwemlust- den Hommel | 1:14.26 | 200701340 | <b>1:16.80</b>   | +0,80 | 35.72 | 1:16.80 |
| 10.  | Yvette Buis          | De Dolfijn           | 1:12.93 | 200401830 | <b>1:17.06</b>   | +0,71 | 35.62 | 1:17.06 |
| 11.  | Roselie ter Borg     | Zcnf'34              | 1:16.09 | 200804880 | <b>1:17.22</b>   | +0,57 | 36.21 | 1:17.22 |
| 12.  | Fien Stolk           | Zwemlust- den Hommel | 1:18.74 | 201302282 | <b>1:18.83</b>   | +0,63 | 37.35 | 1:18.83 |
| 13.  | Raegan Belmar        | Albion               | 1:17.76 | 201004070 | <b>1:19.85</b>   | +0,76 | 37.33 | 1:19.85 |
| 14.  | Flore Blok           | O Z & P C            | 1:16.62 | 200804348 | <b>1:19.86</b>   | +0,70 | 37.55 | 1:19.86 |
| 15.  | Mandy Berndsen       | VZC                  | 1:17.91 | 201001138 | <b>1:20.58</b> * | +0,73 | 36.91 | 1:20.58 |
| 16.  | Lisanne Seising      | VZC                  | 1:17.91 | 200002084 | <b>1:21.17</b>   | +0,73 | 37.82 | 1:21.17 |
| 17.  | Myrthe Bruinsma      | ZPC AMERSFOORT       | 1:21.82 | 201101108 | <b>1:21.18</b>   | +0,76 | 38.21 | 1:21.18 |
| 18.  | Kiara Roes           | NDD                  | 1:21.87 | 200505508 | <b>1:21.26</b>   | +0,67 | 37.50 | 1:21.26 |
| 19.  | Lynn Rozendal        | NDD                  | 1:20.53 | 200901038 | <b>1:21.44</b>   | +0,74 | 37.65 | 1:21.44 |
| 20.  | Hanna Heller         | ZPC AMERSFOORT       | 1:19.49 | 201102730 | <b>1:21.47</b> * | +0,79 | 39.25 | 1:21.47 |
| 21.  | Noa Laman            | ZPC AMERSFOORT       | 1:22.49 | 201302266 | <b>1:21.70</b>   | +0,70 | 39.62 | 1:21.70 |
| 22.  | Liza van Ginkel      | VZC                  | 1:20.15 | 201200680 | <b>1:21.91</b>   | +0,73 | 38.72 | 1:21.91 |
| 23.  | Claire Lohuis        | Z&PV de Veene        | 1:22.89 | 201003088 | <b>1:22.00</b>   | +0,80 | 37.89 | 1:22.00 |
| 24.  | Claudia Moes         | Zwemclub Zeist       | 1:20.79 | 201100786 | <b>1:22.71</b>   | +0,69 | 39.32 | 1:22.71 |
| 25.  | Nienke Koster        | ZPC Hoogeveen        | 1:20.64 | 200900612 | <b>1:23.27</b>   | +0,66 | 38.67 | 1:23.27 |
| 26.  | Emma Juliette Jansen | ZPC AMERSFOORT       | 1:19.86 | 201200158 | <b>1:23.46</b> * | +0,71 | 40.35 | 1:23.46 |
| 27.  | Aylin Turgut         | De Dolfijn           | 1:24.86 | 201301548 | <b>1:24.08</b> * | +0,60 | 40.45 | 1:24.08 |
| 28.  | Elisa Reirink        | O Z & P C            | 1:25.31 | 201303452 | <b>1:24.19</b> * | +0,69 | 39.56 | 1:24.19 |
| 29.  | Elin Berfelo         | MZ&PC De Reest       | 1:24.76 | 201102816 | <b>1:24.28</b> * | +0,74 | 40.14 | 1:24.28 |
| 30.  | Lenny Bokkers        | ZPC AMERSFOORT       | 1:23.86 | 201300390 | <b>1:25.16</b>   | +0,69 | 40.44 | 1:25.16 |
| 31.  | Fabienne Gijzen      | DZ&PC                | 1:31.08 | 200401954 | <b>1:25.24</b>   | +0,79 | 39.08 | 1:25.24 |
| 32.  | Yinthe Brandt        | Zwemlust- den Hommel | 1:30.99 | 201103108 | <b>1:27.20</b>   | +0,58 | 40.93 | 1:27.20 |
| 33.  | Tess Broer           | ZPC Hoogeveen        | 1:27.47 | 201200420 | <b>1:27.33</b>   | +0,72 | 40.82 | 1:27.33 |
| 34.  | Britt Jellesma       | De Vikings           | 1:25.78 | 201000310 | <b>1:28.32</b>   | +0,66 | 41.36 | 1:28.32 |
| 35.  | Chelsea Malone       | De Dolfijn           | 1:24.82 | 201402044 | <b>1:29.35</b>   | +0,75 | 41.38 | 1:29.35 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 7, Dames, 100m schoolslag, Senioren Open

| rang                                                            | naam              | vereniging            | intijd  |           | tijd             | RT    | 50m     | 100m    |
|-----------------------------------------------------------------|-------------------|-----------------------|---------|-----------|------------------|-------|---------|---------|
| 36.                                                             | Lisa Slijkhuis    | MZ&PC De Reest        | 1:33.21 | 201400332 | <b>1:29.54</b>   | +0,69 | 41.15   | 1:29.54 |
| 37.                                                             | Lisa Bruining     | ZPC Woerden           | 1:27.65 | 200702528 | <b>1:29.88</b>   | +0,82 | 41.98   | 1:29.88 |
| 38.                                                             | Isabel van Oogen  | ZV De Aalscholver     | 1:30.37 | 200900038 | <b>1:30.03</b>   | +0,64 | 42.10   | 1:30.03 |
| 39.                                                             | Noortje Bisperink | ZPC AMERSFOORT        | 1:32.36 | 201100486 | <b>1:30.75</b>   | +0,80 | 42.72   | 1:30.75 |
| 40.                                                             | Elize Snabel      | ZPC AMERSFOORT        | 1:34.70 | 201203198 | <b>1:32.66</b>   | +0,58 | 43.76   | 1:32.66 |
| 41.                                                             | Femke Postma      | De Duinkickers        | 1:27.22 | 201200346 | <b>1:33.53</b> * | +0,47 | 43.72   | 1:33.53 |
| 42.                                                             | Josefien Nap      | ZPC AMERSFOORT        | 1:42.36 | 201401314 | <b>1:35.84</b> * |       | 46.41   | 1:35.84 |
| 43.                                                             | Elise Desnos      | De Dolfijn            | 1:34.81 | 201400200 | <b>1:36.29</b>   | +0,83 | 45.41   | 1:36.29 |
| 44.                                                             | Vita Tjoelker     | DZ&PC                 | 1:35.85 | 201300840 | <b>1:36.40</b>   | +0,78 | 45.88   | 1:36.40 |
| 45.                                                             | Evelijn Feitsma   | ZPC AMERSFOORT        | 1:40.05 | 201401000 | <b>1:36.74</b>   | +0,53 | 45.40   | 1:36.74 |
| 46.                                                             | Tess Jager        | SG SCOM/de Zeehond'73 | 1:35.01 | 201300370 | <b>1:37.33</b>   | +0,81 | 45.80   | 1:37.33 |
| 47.                                                             | Sophie Koster     | ZPC Hoogeveen         | 1:38.60 | 201400674 | <b>1:39.91</b>   | +0,65 | 47.24   | 1:39.91 |
| 48.                                                             | Nor Elena Loh     | De Dolfijn            | 1:42.06 | 201402276 | <b>1:40.69</b>   | +0,78 | 48.02   | 1:40.69 |
| 49.                                                             | Noortje Heijen    | ZPC Hoogeveen         | 1:44.54 | 201400884 | <b>1:40.91</b>   | +0,67 | 47.49   | 1:40.91 |
| 50.                                                             | Jada van Dijk     | ZPC AMERSFOORT        | 1:49.75 | 201300866 | <b>1:43.68</b>   | +0,66 | 47.32   | 1:43.68 |
| 51.                                                             | Leandra Ammerlaan | De Dolfijn            | 1:45.33 | 201400376 | <b>1:45.58</b> * | +0,94 | 48.76   | 1:45.58 |
| 52.                                                             | Aaisha Bhargava   | Zwemlust- den Hommel  | 1:51.54 | 201401878 | <b>1:51.79</b>   |       | 51.25   | 1:51.79 |
| 53.                                                             | Norah Knelange    | Zwemlust- den Hommel  | 2:30.33 | 201303444 | <b>2:12.53</b>   | +0,84 | 1:03.17 | 2:12.53 |
| DIS                                                             | Marille van Dijk  | Batavia Swim          | 1:46.56 | 201403032 |                  |       |         |         |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                   |                       |         |           |                  |       |         |         |
| DIS                                                             | Chloé Bollen      | De Dolfijn            | 1:46.67 | 201403482 |                  |       |         |         |
| SL - Het keer- en/of eindpunt met één hand aangetikt.           |                   |                       |         |           |                  |       |         |         |
| AFGEM                                                           | Sylke Enzerink    | ZPC AMERSFOORT        | 1:50.47 | 201401292 |                  |       |         |         |
| AFGEM                                                           | Rosie Gootjes     | ZPC AMERSFOORT        | 1:48.85 | 201400804 |                  |       |         |         |
| AFGEM                                                           | Bridget Vermeer   | ZPC AMERSFOORT        | 1:10.37 | 200501766 |                  |       |         |         |

Programmanr. 8  
27-9-2026 - 15:25

Heren, 100m schoolslag

Senioren Open  
Resultaten

| rang | naam                 | vereniging               | intijd  | tijd      | RT             | 50m   | 100m  |         |
|------|----------------------|--------------------------|---------|-----------|----------------|-------|-------|---------|
| 1.   | Storm Boxum          | Team NL - DZ&PC          | 1:01.77 | 200700421 | <b>1:01.71</b> | +0,65 | 28.40 | 1:01.71 |
| 2.   | Collin van der Hoff  | Team NL - WVZ            | 1:00.61 | 200604357 | <b>1:01.79</b> | +0,66 | 28.82 | 1:01.79 |
| 3.   | Wytse Broekstra      | Team NL - De Vikings     | 1:01.84 | 200800121 | <b>1:02.33</b> | +0,73 | 29.21 | 1:02.33 |
| 4.   | Roan van der Weide   | WVZ                      | 1:02.08 | 200601629 | <b>1:02.99</b> | +0,65 | 29.06 | 1:02.99 |
| 5.   | Koen Marsman         | Team NL - ZPC AMERSFOORT | 1:04.73 | 200502763 | <b>1:03.54</b> | +0,59 | 29.74 | 1:03.54 |
| 6.   | Joshua Agussalim     | WVZ                      | 1:05.16 | 200600153 | <b>1:04.65</b> | +0,65 | 30.32 | 1:04.65 |
| 7.   | Duncan van Haaren    | ZPC AMERSFOORT           | 1:01.06 | 200000681 | <b>1:04.96</b> | +0,67 | 30.06 | 1:04.96 |
| 8.   | Pedro Filipini       | De Dolfijn               | 1:06.53 | 200603863 | <b>1:05.93</b> | +0,69 | 30.63 | 1:05.93 |
| 9.   | Stefan van der Meer  | VZC                      | 1:08.02 | 200901361 | <b>1:06.81</b> | +0,63 | 31.30 | 1:06.81 |
| 10.  | Jetze de Vries       | De Vikings               | 1:04.54 | 200602589 | <b>1:06.83</b> | +0,68 | 30.88 | 1:06.83 |
| 11.  | Sven Casper Hageman  | DZ&PC                    | 1:07.70 | 201000009 | <b>1:07.13</b> | +0,61 | 31.47 | 1:07.13 |
|      | Daan Hoogendoorn     | ZPC Woerden              | 1:04.77 | 200500113 | <b>1:07.13</b> | +0,62 | 31.33 | 1:07.13 |
| 13.  | Koen de Vries        | MZ&PC De Reest           | 1:06.56 | 200802379 | <b>1:07.36</b> | +0,73 | 31.67 | 1:07.36 |
| 14.  | Dani Yefimov         | O Z & P C                | 1:07.40 | 200901305 | <b>1:07.81</b> | +0,67 | 31.22 | 1:07.81 |
| 15.  | B. Bloemsma          | De Dolfijn               | 1:08.24 | 200901155 | <b>1:08.00</b> | +0,61 | 32.08 | 1:08.00 |
| 16.  | Mathieu Gepkens      | VZC                      | 1:08.68 | 201000045 | <b>1:09.00</b> | +0,71 | 31.91 | 1:09.00 |
| 17.  | Mathijs Boersma      | ZPC Hoogeveen            | 1:10.76 | 201000313 | <b>1:10.29</b> | +0,72 | 32.89 | 1:10.29 |
| 18.  | Victor Barnar        | Zwemlust- den Hommel     | 1:10.11 | 197801805 | <b>1:11.75</b> | +0,73 | 33.42 | 1:11.75 |
| 19.  | Kris Westerhout      | Albion                   | 1:10.78 | 201000883 | <b>1:11.95</b> | +0,66 | 33.05 | 1:11.95 |
| 20.  | Max van Splunder     | De Dolfijn               | 1:13.53 | 201200531 | <b>1:13.00</b> | +0,71 | 34.62 | 1:13.00 |
| 21.  | Sverre van der Zwaan | WVZ                      | 1:14.22 | 200900737 | <b>1:13.42</b> | +0,72 | 34.56 | 1:13.42 |
| 22.  | Tim Koorstra         | De Vikings               | 1:15.17 | 201200231 | <b>1:14.82</b> | +0,78 | 35.26 | 1:14.82 |
| 23.  | Stijn van den Konink | ZPC AMERSFOORT           | 1:16.88 | 201102167 | <b>1:15.35</b> | +0,76 | 35.42 | 1:15.35 |
| 24.  | Siem Faber           | Batavia Swim             | 1:16.62 | 200900065 | <b>1:16.79</b> | +0,63 | 36.70 | 1:16.79 |
| 25.  | Lorenzo Della Vedova | De Otters Het Gooi       | 1:17.48 | 201201833 | <b>1:16.88</b> | +0,76 | 36.32 | 1:16.88 |
| 26.  | Sverre de Wolf       | ZPC AMERSFOORT           | 1:17.22 | 200901415 | <b>1:16.94</b> | +0,67 | 35.91 | 1:16.94 |
| 27.  | Tim Seising          | VZC                      | 1:14.73 | 200500107 | <b>1:17.92</b> | +0,65 | 36.74 | 1:17.92 |
| 28.  | Job Oude Ophuis      | O Z & P C                | 1:19.45 | 201300047 | <b>1:23.20</b> | +0,67 | 38.83 | 1:23.20 |
| 29.  | Daan van Meerveld    | ZPC AMERSFOORT           | 1:26.00 | 201200785 | <b>1:24.78</b> | +0,64 | 40.14 | 1:24.78 |
| 30.  | Raul Matthews        | ZV De Aalscholver        | 1:29.14 | 201202833 | <b>1:26.50</b> | +0,77 | 41.04 | 1:26.50 |
| 31.  | Hammada Wali         | DZ&PC                    | 1:31.51 | 201200141 | <b>1:27.08</b> | +0,84 | 41.00 | 1:27.08 |
| 32.  | Thomas Boersma       | ZPC Hoogeveen            | 1:30.55 | 201300833 | <b>1:28.66</b> | +0,78 | 41.49 | 1:28.66 |
| 33.  | Mattis Bisschop      | De Dolfijn               | 1:30.57 | 201400517 | <b>1:29.90</b> | +0,64 | 43.55 | 1:29.90 |
| 34.  | Eleas de Jong        | IJsselmeer               | 1:44.53 | 201103409 | <b>1:30.01</b> | +0,75 | 42.10 | 1:30.01 |
| 35.  | Hidde Visscher       | O Z & P C                | 1:30.69 | 201300149 | <b>1:31.53</b> | +0,74 | 43.63 | 1:31.53 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 8, Heren, 100m schoolslag, Senioren Open

| rang                                                                                                                                                                        | naam                    | vereniging           | intijd            | tijd             | RT    | 50m     | 100m    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|----------------------|-------------------|------------------|-------|---------|---------|
| 36.                                                                                                                                                                         | Olivier Esser           | De Dolfijn           | 1:32.15 201400139 | <b>1:31.70</b>   | +0,64 | 44.21   | 1:31.70 |
| 37.                                                                                                                                                                         | Sven Oostendorp         | ZPC Woerden          | 1:36.80 201102933 | <b>1:31.90</b>   | +0,79 | 43.92   | 1:31.90 |
| 38.                                                                                                                                                                         | Yari Vaneker            | O Z & P C            | 1:31.17 201300395 | <b>1:32.90</b>   | +0,56 | 44.18   | 1:32.90 |
| 39.                                                                                                                                                                         | Erik Hovhannisyan       | VZC                  | 1:34.47 201201355 | <b>1:34.58</b>   | +0,67 | 43.82   | 1:34.58 |
| 40.                                                                                                                                                                         | David van Gent          | ZPC Woerden          | 1:39.13 201300285 | <b>1:34.72</b>   | +0,80 | 44.88   | 1:34.72 |
| 41.                                                                                                                                                                         | Stefan Boogaard         | Batavia Swim         | 1:40.22 201400083 | <b>1:35.59</b>   | +0,69 | 44.62   | 1:35.59 |
| 42.                                                                                                                                                                         | R. Terwisscha van Schel | IJsselmeer           | NT 201402673      | <b>1:40.91</b>   | +0,57 | 48.89   | 1:40.91 |
| 43.                                                                                                                                                                         | Wisse Broersma          | De Vikings           | 1:52.78 201400881 | <b>1:42.37</b>   | +0,73 | 47.72   | 1:42.37 |
| 44.                                                                                                                                                                         | Viktor Zivkovic         | Zwemlust- den Hommel | NT 201400637      | <b>1:43.71</b> * | +0,44 | 50.88   | 1:43.71 |
| 45.                                                                                                                                                                         | Ondrej Szorad           | De Dolfijn           | NT 201402877      | <b>1:44.98</b>   | +0,70 | 49.32   | 1:44.98 |
| 46.                                                                                                                                                                         | Yuandong Wen            | Zwemlust- den Hommel | 1:56.06 201401459 | <b>1:52.21</b> * | +0,84 | 54.33   | 1:52.21 |
| 47.                                                                                                                                                                         | Hossam Alganad          | Zwemlust- den Hommel | 1:56.00 201400635 | <b>1:55.83</b>   | +0,73 | 54.49   | 1:55.83 |
| 48.                                                                                                                                                                         | Leonardo Muhren         | Zwemlust- den Hommel | 1:56.10 201402957 | <b>2:05.97</b>   | +0,68 | 1:00.39 | 2:05.97 |
| DIS                                                                                                                                                                         | Mason Borgman           | ZV De Aalscholver    | 1:20.74 201200369 |                  |       |         |         |
| SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het breedste gedeelte v.d. 2e armslag de handen naar binnen beginnen te draaien. |                         |                      |                   |                  |       |         |         |
| DIS                                                                                                                                                                         | Tim van Dartel          | ZPC AMERSFOORT       | 1:55.84 201400787 |                  |       |         |         |
| SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.                                                                                        |                         |                      |                   |                  |       |         |         |
| AFGEM                                                                                                                                                                       | Matthew Kostenko        | De Dolfijn           | 1:22.54 201102757 |                  |       |         |         |
| AFGEM                                                                                                                                                                       | Thomas van Scheepen     | Steenwijk 1934       | 1:17.82 200001387 |                  |       |         |         |
| AFGEM                                                                                                                                                                       | Milos Gladinetz         | Zwemlust- den Hommel | 1:44.71 201303079 |                  |       |         |         |

Programmanr. 9  
27-9-2026 - 15:37

Dames, 200m rugslag

Senioren Open  
Resultaten

| rang          | naam                | vereniging           | intijd            | tijd             | RT    | 50m     | 100m    | 150m    | 200m    |
|---------------|---------------------|----------------------|-------------------|------------------|-------|---------|---------|---------|---------|
| 1.            | Yanique Eekhof      | ZPC AMERSFOORT       | 2:24.03 201001428 | <b>2:23.39</b>   | +0,63 | 32.29   | 1:08.40 | 1:46.33 | 2:23.39 |
| 2.            | Mette Hogenhuis     | Zwemlust- den Hommel | 2:26.27 201101254 | <b>2:26.99</b>   | +0,72 | 33.99   | 1:11.57 | 1:49.98 | 2:26.99 |
| 3.            | Meike van der Klugt | WVZ                  | 2:35.46 201100808 | <b>2:31.10</b>   | +0,72 | 35.60   | 1:13.74 | 1:52.91 | 2:31.10 |
| 4.            | Jade van der Veen   | ZPC Hoogeveen        | 2:33.66 201200416 | <b>2:31.25</b>   | +0,71 | 35.02   | 1:14.31 | 1:53.67 | 2:31.25 |
| 5.            | Mirthe de Haan      | Zcnf'34              | 2:31.81 201000866 | <b>2:31.84</b>   | +0,68 | 35.73   | 1:14.38 | 1:53.91 | 2:31.84 |
| 6.            | Fenna Gabriëls      | ZPC Hoogeveen        | NT 201201230      | <b>2:33.04</b>   | +0,72 | 36.06   | 1:15.54 | 1:55.03 | 2:33.04 |
| 7.            | Joanne Strietman    | ZPC AMERSFOORT       | 2:34.42 201203784 | <b>2:33.08</b>   | +0,82 | 35.85   | 1:14.21 | 1:53.98 | 2:33.08 |
| 8.            | Ine-Joy Tilburg     | Z&PV de Veene        | 2:36.97 201002036 | <b>2:36.54</b>   | +0,64 | 36.53   | 1:16.55 | 1:56.99 | 2:36.54 |
| 9.            | Myron Dekker        | ZPC Hoogeveen        | 2:37.06 201000512 | <b>2:37.96</b>   | +0,82 | 37.22   | 1:17.41 | 1:58.25 | 2:37.96 |
| 10.           | Kim Bouman          | ZPC AMERSFOORT       | 2:31.86 201000262 | <b>2:38.97</b> * | +0,65 | 35.36   | 1:15.16 | 1:56.90 | 2:38.97 |
| 11.           | Fiene Quaak         | Z&PC De Ganze        | 2:35.40 201201142 | <b>2:41.63</b>   | +0,69 | 38.18   | 1:19.15 | 2:01.39 | 2:41.63 |
| 12.           | Anna Schuurman      | DZ&PC                | 2:44.40 201000076 | <b>2:44.68</b>   | +0,78 | 38.59   | 1:19.82 | 2:02.00 | 2:44.68 |
| 13.           | Jessica Bannatyne   | BZ&PC                | NT 201400158      | <b>2:49.97</b>   | +0,76 | 40.51   | 1:24.68 | 2:07.92 | 2:49.97 |
| 14.           | M. van den Hoven    | Zwemlust- den Hommel | 2:49.65 201000576 | <b>2:51.57</b> * | +0,65 | 1:22.00 |         | 2:06.50 | 2:51.57 |
| 15.           | Mira Kaim           | ZPC AMERSFOORT       | 3:06.15 201301078 | <b>2:55.15</b>   | +0,68 | 39.69   | 1:24.40 | 2:10.02 | 2:55.15 |
| 16.           | Rosalie Journee     | Z&PV de Veene        | 2:53.69 200904268 | <b>2:55.58</b>   | +0,79 | 41.53   | 1:25.71 | 2:11.25 | 2:55.58 |
| 17.           | Britt Boonman       | Z&PC De Ganze        | NT 201400056      | <b>2:56.57</b>   | +0,74 | 40.37   | 1:25.89 | 2:11.93 | 2:56.57 |
| 18.           | Femke De Vries      | De Vikings           | 3:01.23 201200202 | <b>2:57.78</b>   | +0,72 | 41.05   | 1:26.63 | 2:13.30 | 2:57.78 |
| 19.           | Senna Dingemanse    | Z&PC De Ganze        | 2:55.35 201400190 | <b>3:01.70</b>   | +0,63 | 41.77   | 1:28.63 | 2:16.90 | 3:01.70 |
| 20.           | M. Nieuwenhuizen    | De Vikings           | 3:27.57 201300980 | <b>3:07.50</b>   | +0,69 | 39.93   | 1:26.50 | 2:17.32 | 3:07.50 |
| *100m en 200m |                     |                      |                   |                  |       |         |         |         |         |
| 21.           | Femke van As        | ZPC AMERSFOORT       | 3:17.77 201400962 | <b>3:11.72</b>   | +0,70 | 43.16   | 1:30.94 | 2:22.12 | 3:11.72 |
| *100m en 200m |                     |                      |                   |                  |       |         |         |         |         |
| 22.           | Isolde Bijlsma      | De Rijn              | 3:35.65 201400204 | <b>3:17.28</b>   |       | 44.53   | 1:37.14 | 2:28.88 | 3:17.28 |
| AFGEM         | Barbara Broekhuis   | PSV                  | 2:28.05 200700880 |                  |       |         |         |         |         |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 10  
27-9-2026 - 15:49

Heren, 200m rugslag

Senioren Open  
Resultaten

| rang | naam                  | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------|-----------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1.   | Jaydey Schonewille    | DZ&PC                | 2:03.32 200800025 | <b>2:04.73</b>   | +0,66 | 29.05 | 1:00.12 | 1:31.98 | 2:04.73 |
| 2.   | Youri Voet            | ZPC AMERSFOORT       | 2:11.92 200502269 | <b>2:06.78</b>   | +0,62 | 30.45 | 1:02.37 | 1:34.80 | 2:06.78 |
| 3.   | Niek Vreeling         | O Z & P C            | 2:11.49 200604211 | <b>2:12.83</b>   | +0,66 | 30.68 | 1:04.00 | 1:38.01 | 2:12.83 |
| 4.   | Colin Beuker          | ZPC Hoogeveen        | NT 200802023      | <b>2:15.18</b>   | +0,70 | 31.42 | 1:05.31 | 1:40.29 | 2:15.18 |
| 5.   | O. Hordienko          | ZV De Aalscholver    | 2:15.91 201003061 | <b>2:16.14</b> * | +0,70 | 31.33 | 1:05.76 | 1:41.43 | 2:16.14 |
| 6.   | Thijs Poll            | WS Twente            | 2:16.99 200700203 | <b>2:19.91</b>   | +0,71 | 32.36 | 1:07.24 | 1:43.16 | 2:19.91 |
| 7.   | Felipe Kerkhoff       | ZPC AMERSFOORT       | 2:32.26 201202625 | <b>2:24.05</b>   | +0,73 | 26.16 | 1:10.39 | 1:47.60 | 2:24.05 |
| 8.   | Sven Mulder           | WVZ                  | 2:22.07 200901655 | <b>2:24.20</b>   | +0,68 | 32.75 | 1:09.10 | 1:46.70 | 2:24.20 |
| 9.   | Jasper Cox            | ZPC AMERSFOORT       | 2:27.00 201003589 | <b>2:25.94</b> * | +0,53 | 33.46 | 1:10.29 | 1:48.24 | 2:25.94 |
| 10.  | Quinten Hofman        | Zwemlust- den Hommel | 2:26.93 201000955 | <b>2:26.36</b>   | +0,79 | 34.27 | 1:10.72 | 1:49.22 | 2:26.36 |
| 11.  | Wessel Vis            | De Treffers          | 2:27.26 201201273 | <b>2:26.85</b>   | +0,63 | 34.85 |         | 1:50.02 | 2:26.85 |
| 12.  | Dex Kerpels           | ZPC Hoogeveen        | 2:31.81 201100087 | <b>2:31.21</b>   | +0,71 | 35.53 | 1:13.14 | 1:52.05 | 2:31.21 |
| 13.  | Kjelt de Wit          | WS Twente            | 2:46.24 201201099 | <b>2:38.49</b>   | +0,79 | 36.79 | 1:17.79 | 1:59.00 | 2:38.49 |
| 14.  | Manuel Meijers        | De Rijn              | 2:44.09 201002289 | <b>2:40.92</b> * | +0,67 | 37.18 | 1:17.52 | 1:59.41 | 2:40.92 |
| 15.  | Vigo Norde            | ZPC Hoogeveen        | 2:45.49 201200307 | <b>2:41.68</b>   | +0,67 | 37.69 | 1:19.04 | 2:01.21 | 2:41.68 |
| 16.  | Milan Rotgers         | ZPC AMERSFOORT       | 2:49.19 201402695 | <b>2:49.93</b>   | +0,77 | 39.87 | 1:23.38 | 2:07.73 | 2:49.93 |
| 17.  | Tyrus Tai             | WVZ                  | NT 201302569      | <b>2:51.78</b>   | +0,70 | 39.58 | 1:21.99 |         | 2:51.78 |
| 18.  | D. Kostermann         | ZPC Woerden          | 3:16.50 201301415 | <b>2:57.56</b> * | +0,66 | 39.86 | 1:25.60 | 2:12.13 | 2:57.56 |
| 19.  | Djurre Bosma          | DZ&PC                | NT 201400045      | <b>3:06.15</b>   | +0,65 | 43.05 | 1:30.03 | 2:18.43 | 3:06.15 |
|      | AFGEM Martijn Lageweg | Steenwijk 1934       | 2:32.72 199701323 |                  |       |       |         |         |         |

Programmanr. 11  
27-9-2026 - 15:56

Dames, 100m vlinderslag

Senioren Open  
Resultaten

| rang                                         | naam                | vereniging             | intijd            | tijd             | RT    | 50m   | 100m    |
|----------------------------------------------|---------------------|------------------------|-------------------|------------------|-------|-------|---------|
| 1.                                           | Evy Rozeboom        | Team NL - DAW          | 59.31 200601338   | <b>59.53</b>     | +0,74 | 27.83 | 59.53   |
| 2.                                           | Jinth Engelse       | Team NL - Blue Marlins | 59.63 200800204   | <b>1:01.63</b>   | +0,63 | 28.62 | 1:01.63 |
| 3.                                           | Sterre Hendriks     | De Dolfijn             | 1:01.52 200401288 | <b>1:01.68</b>   | +0,71 | 29.23 | 1:01.68 |
| 4.                                           | Liv Heijdra         | Albion                 | 1:03.59 200800736 | <b>1:04.20</b>   | +0,70 | 28.89 | 1:04.20 |
| 5.                                           | Famke Irvine        | ZPC AMERSFOORT         | 1:04.61 200501724 | <b>1:06.71</b>   | +0,72 | 30.89 | 1:06.71 |
| 6.                                           | Paula Spans         | ZPC AMERSFOORT         | 1:08.95 201000064 | <b>1:09.51</b>   | +0,69 | 31.84 | 1:09.51 |
| 7.                                           | Vera Wassink        | DZ&PC                  | 1:09.08 200604976 | <b>1:09.97</b> * | +0,74 | 31.80 | 1:09.97 |
| 8.                                           | Yara van Asselen    | De Dolfijn             | 1:08.72 200900408 | <b>1:10.36</b>   | +0,75 | 31.83 | 1:10.36 |
| 9.                                           | Megan Snoek         | De Dolfijn             | 1:09.55 200900888 | <b>1:10.68</b>   | +0,51 | 32.57 | 1:10.68 |
| 10.                                          | Anouk Steller       | WVZ                    | 1:09.00 201000004 | <b>1:11.53</b>   | +0,79 | 32.38 | 1:11.53 |
| 11.                                          | Eva Ehler           | WVZ                    | 1:09.26 201002026 | <b>1:11.85</b>   | +0,73 | 32.26 | 1:11.85 |
| 12.                                          | Merel Bijl          | Albion                 | 1:11.92 200900762 | <b>1:11.91</b>   | +0,71 | 33.34 | 1:11.91 |
| 13.                                          | Iris Goes           | Zwemlust- den Hommel   | 1:12.50 200701704 | <b>1:12.73</b>   | +0,80 | 33.80 | 1:12.73 |
| 14.                                          | Fardau Cazemier     | Zcnf'34                | 1:11.86 200901736 | <b>1:12.97</b>   | +0,75 | 34.28 | 1:12.97 |
| 15.                                          | Vera van der Meer   | VZC                    | 1:09.30 200701508 | <b>1:13.54</b>   | +0,78 | 33.47 | 1:13.54 |
| 16.                                          | Melody Paulussen    | De Dolfijn             | 1:17.18 201101106 | <b>1:14.83</b>   | +0,72 | 34.15 | 1:14.83 |
| 17.                                          | Eva ter Horst       | ZPC Hoogeveen          | 1:14.86 201200070 | <b>1:15.30</b>   | +0,79 | 34.94 | 1:15.30 |
| 18.                                          | Frederique Grijpink | De Otters Het Gooi     | 1:18.80 201001218 | <b>1:16.15</b>   | +0,75 | 35.59 | 1:16.15 |
| 19.                                          | Sydney Celie        | IJsselmeer             | 1:19.81 200406054 | <b>1:17.16</b>   | +0,72 | 34.59 | 1:17.16 |
| 20.                                          | Fayenne Hemmelder   | WS Twente              | 1:20.86 201200538 | <b>1:18.07</b>   | +0,63 | 35.30 | 1:18.07 |
| 21.                                          | Sofija Velevska     | De Dolfijn             | 1:16.90 201102774 | <b>1:18.60</b>   | +0,69 | 36.32 | 1:18.60 |
| 22.                                          | Ranomi Zeegers      | De Vikings             | 1:24.01 201201512 | <b>1:19.84</b>   | +0,75 | 35.15 | 1:19.84 |
| 23.                                          | Madeé Boezen        | Zignea                 | 1:21.52 201300782 | <b>1:21.08</b>   | +0,65 | 35.95 | 1:21.08 |
| 24.                                          | Nadine Beishuizen   | ZPC Hoogeveen          | 1:30.98 201300058 | <b>1:24.88</b>   | +0,68 | 39.49 | 1:24.88 |
| 25.                                          | Fenne Beernink      | Z&PV de Veene          | 1:32.82 201300968 | <b>1:26.64</b>   | +0,85 | 39.76 | 1:26.64 |
| 26.                                          | F. van Remmerden    | ZPC Woerden            | 1:28.84 201201190 | <b>1:26.85</b>   | +0,83 | 35.50 | 1:26.85 |
| 27.                                          | Aiysha Mahr         | De Dolfijn             | 1:27.98 201302216 | <b>1:31.40</b> * | +0,82 | 40.06 | 1:31.40 |
| DIS                                          | Eliza Parwiz        | WVZ                    | 2:07.80 201400876 |                  |       |       |         |
| AE - De aangegeven zwemslag niet uitgevoerd. |                     |                        |                   |                  |       |       |         |
| AFGEM                                        | Abby Kootstra       | ZV De Aalscholver      | 1:17.79 201000264 |                  |       |       |         |
| AFGEM                                        | Amy Rodenburg       | ZPC AMERSFOORT         | 1:26.41 200904480 |                  |       |       |         |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 12  
27-9-2026 - 16:03

Heren, 100m vlinderslag

Senioren Open  
Resultaten

| rang  | naam                 | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    |
|-------|----------------------|----------------------|-------------------|------------------|-------|-------|---------|
| 1.    | Lars Bulman          | Albion               | 53.33 200600125   | <b>54.93</b>     | +0,67 | 24.99 | 54.93   |
| 2.    | Chris de Man         | IJsselmeer           | 1:00.23 200903101 | <b>58.18</b>     | +0,69 | 26.81 | 58.18   |
| 3.    | Siem de Zeeuw        | Team NL - OZ&PC      | 58.61 200800013   | <b>58.22</b>     | +0,68 | 26.31 | 58.22   |
| 4.    | Marijn Snel          | IJsselmeer           | 1:00.14 200400001 | <b>59.83</b>     | +0,73 | 27.67 | 59.83   |
| 5.    | Bjorn de Heus        | Albion               | 57.32 200201077   | <b>1:00.01</b>   | +0,66 | 27.76 | 1:00.01 |
| 6.    | Kelvin Terpstra      | ZPC AMERSFOORT       | 59.90 201003893   | <b>1:00.23</b>   | +0,63 | 27.40 | 1:00.23 |
| 7.    | Jamie Kenworthy      | De Dolfijn           | 1:00.11 200800045 | <b>1:00.85</b>   | +0,67 | 27.59 | 1:00.85 |
| 8.    | Jelte de Boer        | De Vikings           | 1:01.64 200700345 | <b>1:01.65</b>   | +0,65 | 28.74 | 1:01.65 |
| 9.    | Toa Jahn             | De Dolfijn           | 1:06.04 201201665 | <b>1:02.01</b> * | +0,58 | 29.24 | 1:02.01 |
| 10.   | Tijn Hilders         | De Dolfijn           | 1:01.58 200700027 | <b>1:02.10</b>   | +0,73 | 28.41 | 1:02.10 |
| 11.   | Ruben van Veenen     | Zcnf'34              | 1:02.45 200400425 | <b>1:02.15</b>   | +0,63 | 28.95 | 1:02.15 |
| 12.   | Daequan Ramos        | ZPC Hoogeveen        | 1:02.39 200901709 | <b>1:02.55</b>   | +0,72 | 28.78 | 1:02.55 |
| 13.   | Mads van Norden      | ZPC AMERSFOORT       | 1:00.28 200700029 | <b>1:02.60</b>   | +0,70 | 28.50 | 1:02.60 |
| 14.   | Pelle Schrieken      | VZC                  | 1:01.85 200801595 | <b>1:02.64</b>   | +0,65 | 29.21 | 1:02.64 |
| 15.   | Henry Watson         | De Dolfijn           | 1:01.51 201001703 | <b>1:02.84</b>   | +0,69 | 28.85 | 1:02.84 |
| 16.   | Dyon Scholten        | Steenwijk 1934       | 1:06.19 200900095 | <b>1:03.44</b>   | +0,77 | 29.06 | 1:03.44 |
| 17.   | Terrence Fredema     | ZPC AMERSFOORT       | 1:01.24 200404887 | <b>1:03.52</b>   | +0,65 | 29.33 | 1:03.52 |
| 18.   | Mees de Vries        | Zwemlust- den Hommel | 1:07.36 201001151 | <b>1:04.09</b>   | +0,73 | 30.30 | 1:04.09 |
| 19.   | Douwe Enzerink       | ZPC AMERSFOORT       | 1:04.98 201102657 | <b>1:04.94</b>   | +0,50 | 29.80 | 1:04.94 |
| 20.   | Guust Heijne         | ZPC AMERSFOORT       | 1:06.06 201202139 | <b>1:06.18</b> * | +0,74 | 32.27 | 1:06.18 |
| 21.   | Nigel Werring        | Zwemlust- den Hommel | 1:06.25 200301503 | <b>1:06.53</b>   | +0,67 | 30.85 | 1:06.53 |
| 22.   | Mees Otto            | ZPC Woerden          | 1:10.86 201001319 | <b>1:07.44</b>   | +0,78 | 32.09 | 1:07.44 |
| 23.   | Siem Rewinkel        | Z&PV de Veene        | 1:09.50 201201473 | <b>1:07.67</b>   | +0,76 | 30.44 | 1:07.67 |
| 24.   | Sander Burgers       | NDD                  | 1:04.71 200103671 | <b>1:07.80</b>   | +0,61 | 30.89 | 1:07.80 |
| 25.   | Pim Rijken           | Zwemlust- den Hommel | 1:08.55 201002927 | <b>1:08.10</b>   | +0,78 | 31.35 | 1:08.10 |
| 26.   | Quinten Balzar       | De Otters Het Gooi   | 1:08.39 200902137 | <b>1:09.61</b>   | +0,67 | 32.65 | 1:09.61 |
| 27.   | Nanne Woldring       | De Vikings           | 1:16.43 201102035 | <b>1:11.80</b>   | +0,75 | 32.58 | 1:11.80 |
| 28.   | A. van Engelen Sousa | De Dolfijn           | 1:20.96 201101829 | <b>1:14.20</b>   | +0,75 | 33.79 | 1:14.20 |
| 29.   | Daniel Bagdasarov    | ZPC Woerden          | 1:16.34 201101511 | <b>1:16.84</b>   | +0,72 | 34.84 | 1:16.84 |
| 30.   | Mick Boerefijn       | WVZ                  | 1:23.93 201400239 | <b>1:21.03</b>   | +0,70 | 37.96 | 1:21.03 |
| 31.   | Jesper Janssen       | ZPC Woerden          | 1:39.86 201401559 | <b>1:40.24</b> * | +0,64 | 45.48 | 1:40.24 |
| AFGEM | M. Moreno Palacios   | De Dolfijn           | 1:31.60 201301123 |                  |       |       |         |

Programmanr. 13  
27-9-2026 - 16:10

Dames, 200m vrije slag

Senioren Open  
Resultaten

| rang | naam              | vereniging               | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------|-------------------|--------------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1.   | Angelina Rolman   | Team NL - PSV            | 1:57.52 200701972 | <b>2:02.37</b>   | +0,68 | 28.67 | 1:00.04 | 1:31.70 | 2:02.37 |
| 2.   | Nynke Boerefijn   | Team NL - ZPC AMERSFOORT | 1:58.67 200700114 | <b>2:02.65</b>   | +0,82 | 28.58 | 59.83   | 1:31.51 | 2:02.65 |
| 3.   | Malin Roozeboom   | WVZ                      | 2:06.85 201100006 | <b>2:06.91</b>   | +0,71 | 29.72 | 1:01.93 | 1:34.39 | 2:06.91 |
| 4.   | Julia Agricola    | DZ&PC                    | 2:12.77 200800266 | <b>2:16.88</b>   | +0,72 | 31.36 | 1:06.17 | 1:41.81 | 2:16.88 |
| 5.   | Kamila Samad      | WVZ                      | 2:19.61 201103178 | <b>2:17.62</b>   | +0,80 | 31.46 | 1:06.19 | 1:42.35 | 2:17.62 |
| 6.   | Breanna Belmar    | Albion                   | 2:11.41 201004068 | <b>2:17.65</b>   | +0,70 | 30.94 | 1:05.16 | 1:40.85 | 2:17.65 |
| 7.   | Sanne Mulder      | WVZ                      | 2:19.68 200900280 | <b>2:18.40</b>   | +0,65 | 32.64 | 1:08.78 | 1:42.96 | 2:18.40 |
| 8.   | K. van Doeselaar  | WS Twente                | 2:17.74 201000478 | <b>2:18.63</b>   | +0,80 | 32.23 | 1:07.20 | 1:43.46 | 2:18.63 |
| 9.   | Cynthia Koolman   | Steenwijk 1934           | 2:18.61 200300232 | <b>2:18.70</b>   | +0,72 | 32.14 | 1:07.15 | 1:43.04 | 2:18.70 |
| 10.  | Lieke Broere      | De Otters Het Gooi       | 2:18.37 200303890 | <b>2:19.53</b>   | +0,80 | 32.74 | 1:08.62 | 1:44.72 | 2:19.53 |
| 11.  | Annika Hogenhuis  | Zwemlust- den Hommel     | 2:15.42 200701340 | <b>2:19.68</b> * | +0,82 | 32.29 | 1:07.41 | 1:43.69 | 2:19.68 |
| 12.  | V. Parkhomenko    | De Dolfijn               | 2:19.78 201301610 | <b>2:20.02</b>   | +0,74 | 32.08 | 1:07.65 | 1:44.28 | 2:20.02 |
| 13.  | Mijke van Hal     | Zwemlust- den Hommel     | 2:17.53 200800362 | <b>2:20.40</b>   | +0,85 | 33.55 | 1:09.32 | 1:45.57 | 2:20.40 |
| 14.  | Kyara Balt        | De Vikings               | 2:17.17 201100306 | <b>2:22.70</b>   |       | 32.41 | 1:08.43 | 1:44.95 | 2:22.70 |
| 15.  | Meike Pekelsma    | ZPC Hoogeveen            | 2:27.98 201300086 | <b>2:25.63</b>   | +0,59 | 33.29 | 1:10.70 | 1:48.69 | 2:25.63 |
| 16.  | Yfke Wijnalda     | ZPC AMERSFOORT           | 2:23.64 201002618 | <b>2:26.08</b>   | +0,73 | 33.10 | 1:10.10 | 1:47.76 | 2:26.08 |
| 17.  | Milou Baars       | ZPC Woerden              | 2:33.09 201301996 | <b>2:27.99</b>   | +0,77 | 35.40 | 1:12.73 | 1:50.87 | 2:27.99 |
| 18.  | Jade van der Veen | ZPC Hoogeveen            | 2:25.33 201200416 | <b>2:29.37</b>   | +0,75 | 33.81 | 1:11.37 | 1:50.50 | 2:29.37 |
| 19.  | Inde Turnbull     | ZPC Woerden              | 2:28.87 200903666 | <b>2:30.35</b>   | +0,71 | 33.64 | 1:11.23 | 1:50.72 | 2:30.35 |
| 20.  | Maren Roozeboom   | WVZ                      | 2:38.59 201400002 | <b>2:32.03</b>   | +0,55 | 35.44 | 1:15.19 | 1:55.23 | 2:32.03 |
| 21.  | Anouk de Jong     | ZPC Woerden              | 2:31.70 200902506 | <b>2:32.58</b>   | +0,61 | 35.26 | 1:14.82 | 1:54.80 | 2:32.58 |
| 22.  | Pip Veenis        | ZPC Woerden              | 2:30.75 200904154 | <b>2:33.96</b>   | +0,83 | 35.27 | 1:14.11 | 1:53.99 | 2:33.96 |
| 23.  | Liss Wakker       | De Rijn                  | 2:30.55 201000140 | <b>2:36.99</b>   | +0,72 | 35.55 | 1:14.86 | 1:55.70 | 2:36.99 |
| 24.  | Anoek Bogers      | ZPC Woerden              | 2:42.64 201003584 | <b>2:38.60</b>   | +0,82 | 34.39 | 1:13.87 | 1:56.34 | 2:38.60 |
| 25.  | Lisse Bouwman     | VZC                      | 2:40.35 201300926 | <b>2:38.79</b>   | +0,75 | 36.57 | 1:16.43 | 1:58.00 | 2:38.79 |
| 26.  | Jada van Dijk     | ZPC AMERSFOORT           | 2:54.31 201300866 | <b>2:48.19</b>   | +0,76 | 35.55 | 1:18.66 | 2:04.39 | 2:48.19 |
| 27.  | Emmy Jonk         | De Dolfijn               | 2:44.28 201400926 | <b>2:52.01</b>   | +0,71 | 38.74 | 1:22.59 | 2:08.67 | 2:52.01 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 13, Dames, 200m vrije slag, Senioren Open

| rang naam               | vereniging         | intijd               | tijd             | RT        | 50m   | 100m    | 150m    | 200m    |
|-------------------------|--------------------|----------------------|------------------|-----------|-------|---------|---------|---------|
| 28. Idil Yon            | DZ&PC              | 3:00.58 201401774    | <b>2:52.47</b> * | +0,71     | 37.83 | 1:22.43 | 2:09.45 | 2:52.47 |
| 29. Sophie Koster       | ZPC Hoogeveen      | 2:48.24 201400674    | <b>2:52.96</b>   | +0,56     | 38.82 | 1:23.54 | 2:09.92 | 2:52.96 |
| 30. Sienna Japink       | De Rijn            | 3:08.48 201402322    | <b>2:53.34</b>   | +0,65     | 37.05 | 1:21.91 | 2:08.41 | 2:53.34 |
| 31. Noortje Heijen      | ZPC Hoogeveen      | 2:57.96 201400884    | <b>2:54.16</b>   |           | 39.84 | 1:25.14 | 2:10.55 | 2:54.16 |
| 32. Elise Venema        | VZC                | 3:12.50 201400742    | <b>2:55.99</b>   |           | 39.21 | 1:23.89 | 2:10.30 | 2:55.99 |
| 33. Jenna Gorter        | De Otters Het Gooi | 2:51.08 200702746 S9 | <b>2:58.35</b>   | +0,87 435 | 40.83 | 1:26.97 | 2:13.60 | 2:58.35 |
| AFGEM Fayenne Hemmelder | WS Twente          | 2:28.05 201200538    |                  |           |       |         |         |         |
| AFGEM Ashal Yon         | DZ&PC              | 2:45.58 201302314    |                  |           |       |         |         |         |

Programmanr. 14  
27-9-2026 - 16:23

Heren, 200m vrije slag

Senioren Open  
Resultaten

| rang naam              | vereniging           | intijd               | tijd             | RT        | 50m   | 100m    | 150m    | 200m    |
|------------------------|----------------------|----------------------|------------------|-----------|-------|---------|---------|---------|
| 1. Austin Namesnik     | ZPC AMERSFOORT       | 1:45.91 200101817    | <b>1:48.16</b>   | +0,57     | 24.92 | 52.09   | 1:19.87 | 1:48.16 |
| 2. B. van den Berg     | Albion               | 1:53.68 200200669    | <b>1:50.80</b>   | +0,64     | 24.95 | 53.75   | 1:23.21 | 1:50.80 |
| 3. Colin Bes           | DZ&PC                | 1:51.21 200500201    | <b>1:53.87</b>   | +0,69     | 26.34 | 56.23   | 1:24.99 | 1:53.87 |
| 4. Tim Boerefijn       | WVZ                  | 1:54.55 200802815    | <b>1:55.51</b>   | +0,75     | 26.53 | 56.11   | 1:25.76 | 1:55.51 |
| 5. Floris Stork        | DZ&PC                | 1:53.97 200305075    | <b>1:55.81</b>   | +0,66     | 26.91 | 56.58   | 1:26.18 | 1:55.81 |
| 6. Vince van der Pal   | DZ&PC                | 1:52.92 200401869    | <b>1:56.64</b>   | +0,72     | 26.44 | 56.43   | 1:26.34 | 1:56.64 |
| 7. Abel op den Velde   | De Duinkikkers       | 1:59.97 201000079    | <b>1:56.71</b>   | +0,73     | 26.73 | 55.84   | 1:26.26 | 1:56.71 |
| 8. Olivier Wilbers     | De Dolfijn           | 1:55.39 200600181    | <b>1:57.34</b>   | +0,73     | 27.68 | 57.14   | 1:27.37 | 1:57.34 |
| 9. Blink Elgersma      | Zwemlust- den Hommel | 1:54.85 201000137    | <b>1:57.47</b>   | +0,71     | 26.85 | 56.77   | 1:27.25 | 1:57.47 |
| 10. Jort Siebelt       | O Z & P C            | 1:55.23 200700083    | <b>1:58.63</b>   | +0,71     | 26.96 | 56.84   | 1:28.03 | 1:58.63 |
| 11. Tim van Erven      | DZ&PC                | 1:56.10 200700175    | <b>1:58.64</b>   | +0,74     | 27.50 | 57.41   | 1:28.45 | 1:58.64 |
| 12. Brent Schiffers    | ZPC Woerden          | 1:58.57 200902041    | <b>1:59.55</b>   | +0,65     | 26.96 | 56.42   | 1:27.37 | 1:59.55 |
| 13. Roan van der Weide | WVZ                  | 2:01.05 200601629    | <b>2:00.18</b>   | +0,66     | 27.18 | 57.53   | 1:29.03 | 2:00.18 |
| 14. Emiel de Bruijn    | DZ&PC                | 2:02.83 200700953    | <b>2:01.39</b>   | +0,67     | 27.65 | 58.36   | 1:29.74 | 2:01.39 |
| 15. Dewin Volker       | O Z & P C            | 2:06.32 201101935    | <b>2:02.89</b>   | +0,61     | 28.45 | 59.18   | 1:31.06 | 2:02.89 |
| 16. Teun van Weeren    | O Z & P C            | 1:58.95 200801145    | <b>2:03.99</b>   | +0,68     | 28.52 | 59.04   | 1:31.15 | 2:03.99 |
| 17. Max van der Spank  | Trb/Res              | 2:05.72 201000275    | <b>2:04.08</b>   | +0,75     | 27.25 | 58.81   | 1:31.70 | 2:04.08 |
| 18. Ian Terlouw        | ZPC Woerden          | 2:04.79 200002345    | <b>2:05.38</b>   | +0,72     | 27.82 | 59.53   | 1:32.50 | 2:05.38 |
| 19. Milan Schuilenburg | ZPC AMERSFOORT       | 2:08.05 201000935    | <b>2:06.86</b>   | +0,64     | 28.40 | 1:00.32 | 1:33.11 | 2:06.86 |
| 20. Rick Zuurman       | ZPC Hoogeveen        | 2:12.59 200900049    | <b>2:09.55</b>   | +0,80     | 29.46 | 1:02.33 | 1:36.05 | 2:09.55 |
| 21. Pieter de Visser   | Z&PC De Ganze        | 2:08.93 199802045    | <b>2:10.97</b>   | +0,76     | 28.88 | 1:02.04 | 1:36.73 | 2:10.97 |
| 22. L. Della Vedova    | De Otters Het Gooi   | 2:16.51 201201833    | <b>2:13.29</b>   | +0,79     | 29.81 | 1:03.45 | 1:38.07 | 2:13.29 |
| 23. Teije ter Bekke    | Zwemclub Zeist       | 2:12.33 200901789    | <b>2:14.68</b>   | +0,72     | 30.76 | 1:05.98 | 1:41.11 | 2:14.68 |
| 24. Tim Koornstra      | De Vikings           | 2:22.08 201200231    | <b>2:16.85</b> * | +0,76     | 31.40 | 1:05.98 | 1:41.84 | 2:16.85 |
| 25. Jayden Korndewal   | ZPC AMERSFOORT       | 2:19.62 201200015    | <b>2:17.59</b>   | +0,53     | 31.48 | 1:07.20 | 1:43.35 | 2:17.59 |
| 26. Max van Splunder   | De Dolfijn           | 2:05.57 201200531    | <b>2:18.48</b>   | +0,78     | 29.43 | 1:03.66 | 1:41.01 | 2:18.48 |
| 27. Dex Barends        | ZPC AMERSFOORT       | 2:27.31 201300265    | <b>2:22.35</b>   | +0,82     | 33.72 | 1:10.58 | 1:47.68 | 2:22.35 |
| 28. Dex Kerpels        | ZPC Hoogeveen        | 2:20.25 201100087    | <b>2:22.62</b>   | +0,74     | 32.11 | 1:08.50 | 1:46.87 | 2:22.62 |
| 29. Rory Costello      | De Dolfijn           | 2:33.53 201102755    | <b>2:23.86</b>   | +0,74     | 32.84 | 1:10.56 | 1:48.90 | 2:23.86 |
| 30. Thom de Gans       | ZPC AMERSFOORT       | 2:30.70 201400009    | <b>2:29.65</b>   | +0,77     | 34.75 | 1:13.15 | 1:52.13 | 2:29.65 |
| 31. Jesse Bruines      | Batavia Swim         | 2:30.94 200402413 S9 | <b>2:30.16</b>   | +0,58 513 | 34.63 | 1:12.98 | 1:52.05 | 2:30.16 |
| 32. Sven Oostendorp    | ZPC Woerden          | 2:39.25 201102933    | <b>2:30.41</b>   | +0,77     | 35.25 | 1:14.90 | 1:54.19 | 2:30.41 |
| 33. Silvijn Fanggiday  | ZPC Woerden          | 2:46.77 201201281    | <b>2:32.43</b>   | +0,76     | 33.92 | 1:12.59 | 1:53.48 | 2:32.43 |
| 34. Thomas Boersma     | ZPC Hoogeveen        | 2:40.66 201300833    | <b>2:36.12</b>   | +0,67     | 35.56 | 1:15.69 | 1:56.24 | 2:36.12 |
| 35. Fedde Jelsma       | DZ&PC                | 2:35.10 201400047    | <b>2:36.55</b>   | +0,78     | 36.26 | 1:16.76 | 1:57.24 | 2:36.55 |
| 36. Olivier Esser      | De Dolfijn           | 2:35.36 201400139    | <b>2:37.78</b>   | +0,62     | 36.02 | 1:18.60 | 2:00.22 | 2:37.78 |
| 37. Mattis Bisschop    | De Dolfijn           | 2:49.74 201400517    | <b>2:52.29</b> * | +0,69     | 39.10 | 1:23.46 | 2:08.58 | 2:52.29 |
| 38. Tim van Dartel     | ZPC AMERSFOORT       | 3:18.20 201400787    | <b>3:07.82</b>   | +0,51     | 41.24 | 1:29.89 | 2:19.74 | 3:07.82 |
| AFGEM Kyaro Giuliano   | De Dolfijn           | 2:11.71 201000489    |                  |           |       |         |         |         |
| AFGEM Martijn Lageweg  | Steenwijk 1934       | 2:16.17 199701323    |                  |           |       |         |         |         |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 15  
27-9-2026 - 16:34

Dames, 200m wisselslag

Senioren Open  
Resultaten

| rang naam                     | vereniging              | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------------|-------------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. Dachèn Haaijer             | Team NL - ZPC Hoogeveen | 2:15.06 200800380 | <b>2:17.65</b> * | +0,78 | 29.32 | 1:03.57 | 1:44.06 | 2:17.65 |
| 2. Djanilla Brink             | De Dolfijn              | 2:16.13 200600988 | <b>2:22.36</b>   | +0,76 | 30.73 | 1:09.58 | 1:49.40 | 2:22.36 |
| 3. Julia Bannatyne            | BZ&PC                   | 2:27.78 201201020 | <b>2:26.54</b>   | +0,70 | 31.71 | 1:07.84 | 1:52.43 | 2:26.54 |
| 4. Esmaé de Gans              | ZPC AMERSFOORT          | 2:27.86 200900134 | <b>2:26.71</b> * | +0,74 | 31.89 | 1:08.97 | 1:53.06 | 2:26.71 |
| 5. Robine Moot                | ZPC AMERSFOORT          | 2:27.94 200900330 | <b>2:30.16</b>   | +0,73 | 32.26 | 1:11.84 | 1:54.35 | 2:30.16 |
| 6. Mette Hogenhuis            | Zwemlust- den Hommel    | 2:30.57 201101254 | <b>2:30.78</b> * | +0,84 | 33.26 | 1:11.74 | 1:55.74 | 2:30.78 |
| 7. Emma Steenbrink            | O Z & P C               | 2:33.61 200901376 | <b>2:31.96</b>   | +0,65 | 32.94 | 1:11.28 | 1:58.23 | 2:31.96 |
| 8. Amber Tiesinga             | DZ&PC                   | 2:31.57 200600782 | <b>2:32.68</b>   | +0,74 | 32.55 | 1:13.43 | 1:56.72 | 2:32.68 |
| 9. Nora Lynn Otten            | ZPC Hoogeveen           | 2:33.51 200903338 | <b>2:33.14</b>   | +0,59 | 33.36 | 1:10.45 | 1:57.23 | 2:33.14 |
| 10. Puck van Wees             | De Dolfijn              | 2:33.22 200901020 | <b>2:36.63</b>   | +0,78 | 33.38 | 1:11.99 | 2:00.04 | 2:36.63 |
| 11. Mandy Berndsens           | VZC                     | 2:32.26 201001138 | <b>2:37.42</b>   | +0,77 | 34.16 | 1:13.21 | 1:58.60 | 2:37.42 |
| 12. Flore Blok                | O Z & P C               | 2:31.72 200804348 | <b>2:38.14</b>   | +0,72 | 34.12 | 1:14.72 | 2:00.06 | 2:38.14 |
| 13. Myrthe Bruinsma           | ZPC AMERSFOORT          | 2:37.71 201101108 | <b>2:38.18</b>   | +0,82 | 33.71 | 1:16.57 | 2:00.77 | 2:38.18 |
| 14. Lenny Bokkers             | ZPC AMERSFOORT          | 2:41.15 201300390 | <b>2:38.33</b>   | +0,68 | 33.45 | 1:14.58 | 2:01.40 | 2:38.33 |
| 15. Lynn Rozendal             | NDD                     | 2:36.44 200901038 | <b>2:41.46</b>   | +0,71 | 33.89 | 1:15.02 | 2:03.18 | 2:41.46 |
| 16. Florian Pot               | O Z & P C               | 2:33.34 201000768 | <b>2:42.65</b>   | +0,80 | 34.42 | 1:16.66 | 2:05.54 | 2:42.65 |
| 17. L. Terwisscha van Schenck | ZPC AMERSFOORT          | 2:45.99 201201240 | <b>2:42.66</b>   | +0,75 | 37.03 | 1:18.09 | 2:05.58 | 2:42.66 |
| 18. Liza van Ginkel           | VZC                     | 2:42.49 201200680 | <b>2:45.29</b>   | +0,71 | 34.76 | 1:20.03 | 2:06.96 | 2:45.29 |
| 19. Jolie Fransen             | WVZ                     | 2:39.18 201400034 | <b>2:46.63</b>   | +0,72 | 34.26 | 1:17.54 | 2:06.67 | 2:46.63 |
| 20. Noortje Bisperink         | ZPC AMERSFOORT          | 2:41.70 201100486 | <b>2:46.93</b>   | +0,77 | 37.47 | 1:19.32 | 2:09.91 | 2:46.93 |
| 21. Ynthe van Wijland         | Zwemlust- den Hommel    | 2:46.49 201003362 | <b>2:47.34</b>   | +0,66 | 36.61 | 1:20.87 | 2:08.82 | 2:47.34 |
| 22. Tess Broer                | ZPC Hoogeveen           | 2:47.52 201200420 | <b>2:48.38</b>   | +0,70 | 36.61 | 1:17.86 | 2:08.46 | 2:48.38 |
| 23. Tess Wakker               | De Rijn                 | 2:49.51 200700154 | <b>2:48.88</b>   | +0,59 | 34.65 | 1:18.19 | 2:08.79 | 2:48.88 |
| 24. Aimee van Tongeren        | O Z & P C               | 2:47.36 201100214 | <b>2:49.84</b>   | +0,79 | 32.58 | 1:18.13 | 2:09.79 | 2:49.84 |
| 25. Aylin Turgut              | De Dolfijn              | 2:50.42 201301548 | <b>2:50.13</b>   | +0,62 | 36.81 | 1:21.58 | 2:08.90 | 2:50.13 |
| 26. Elisa Reirink             | O Z & P C               | 2:45.56 201303452 | <b>2:51.06</b>   | +0,72 | 37.32 | 1:19.18 | 2:11.18 | 2:51.06 |
| 27. Sophie van der Horst      | Flevo                   | 2:52.15 201000246 | <b>2:53.91</b>   | +0,78 | 33.77 | 1:21.92 | 2:16.41 | 2:53.91 |
| 28. D. van der Meer           | DZ&PC                   | 2:48.52 200900948 | <b>2:54.50</b>   | +0,68 | 35.74 | 1:17.61 | 2:09.51 | 2:54.50 |
| 29. Elize Poot                | Zwemlust- den Hommel    | 3:00.21 201301408 | <b>2:55.00</b>   | +0,77 | 38.16 | 1:23.20 | 2:14.98 | 2:55.00 |
| 30. Lisa Slijkhuis            | MZ&PC De Reest          | 2:59.08 201400332 | <b>2:55.39</b>   | +0,68 | 37.89 | 1:22.66 | 2:14.26 | 2:55.39 |
| 31. M. van den Hoven          | Zwemlust- den Hommel    | 2:52.32 201000576 | <b>2:56.30</b> * | +0,65 | 38.70 | 1:23.40 | 2:14.11 | 2:56.30 |
| 32. Mira Kaim                 | ZPC AMERSFOORT          | 2:58.62 201301078 | <b>2:57.17</b>   | +0,74 | 37.82 | 1:24.45 | 2:16.38 | 2:57.17 |
| 33. Julia van Kuijk           | ZV De Aalscholver       | 3:08.87 201301190 | <b>2:59.67</b>   |       | 38.85 | 1:23.66 | 2:20.00 | 2:59.67 |
| 34. Fiene Madlener            | VZC                     | 3:01.03 201400576 | <b>3:00.97</b>   |       | 39.52 | 1:30.26 | 2:21.22 | 3:00.97 |
| 35. Noa Laman                 | ZPC AMERSFOORT          | 3:05.71 201302266 | <b>3:01.63</b>   | +0,68 | 41.91 | 1:28.92 | 2:18.66 | 3:01.63 |
| 36. Vita Tjoelker             | DZ&PC                   | 3:05.28 201300840 | <b>3:03.69</b>   | +0,75 | 42.28 | 1:28.48 | 2:23.60 | 3:03.69 |
| 37. Evelijn Feitsma           | ZPC AMERSFOORT          | 3:22.16 201401000 | <b>3:08.87</b>   | +0,66 | 40.04 | 1:28.00 | 2:23.15 | 3:08.87 |
| 38. Nor Elena Loh             | De Dolfijn              | 3:11.29 201402276 | <b>3:11.26</b>   | +0,81 | 43.53 | 1:30.27 | 2:27.66 | 3:11.26 |
| 39. Angelique Wammes          | Zwemvereniging Hoogland | 3:10.65 198403604 | <b>3:12.90</b>   | +0,79 | 43.06 | 1:32.53 | 2:25.52 | 3:12.90 |
| 40. Tara Anders               | WVZ                     | 3:28.41 201401336 | <b>3:13.36</b>   | +0,92 | 43.80 | 1:33.25 | 2:31.38 | 3:13.36 |
| 41. Josefiën Nap              | ZPC AMERSFOORT          | 3:23.98 201401314 | <b>3:14.29</b>   | +0,68 | 46.47 | 1:37.02 | 2:30.91 | 3:14.29 |
| 42. Marille van Dijk          | Batavia Swim            | 3:29.39 201403032 | <b>3:23.18</b>   | +0,82 | 47.08 | 1:39.00 | 2:37.15 | 3:23.18 |
| AFGEM Våjen van Riemsdijk     | ZPC AMERSFOORT          | NT 201401732      |                  |       |       |         |         |         |
| AFGEM Amy Rodenburg           | ZPC AMERSFOORT          | 2:59.40 200904480 |                  |       |       |         |         |         |

Programmanr. 16  
27-9-2026 - 16:52

Heren, 200m wisselslag

Senioren Open  
Resultaten

| rang naam               | vereniging           | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|----------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Giovanni Phillipson  | Team NL - Team Noord | 2:04.14 200801099 | <b>2:09.44</b> | +0,74 | 27.35 | 59.77   | 1:37.84 | 2:09.44 |
| 2. Finn Stamsnieder     | O Z & P C            | 2:11.87 200900225 | <b>2:12.88</b> | +0,59 | 28.15 | 1:01.22 | 1:41.84 | 2:12.88 |
| 3. S. Hageman           | DZ&PC                | 2:19.10 201000009 | <b>2:15.79</b> | +0,62 | 28.67 | 1:03.41 | 1:43.57 | 2:15.79 |
| 4. O. Hordiienko        | ZV De Aalscholver    | 2:15.42 201003061 | <b>2:17.57</b> | +0,66 | 29.89 | 1:06.51 | 1:45.50 | 2:17.57 |
| 5. Douwe Enzerink       | ZPC AMERSFOORT       | 2:21.25 201102657 | <b>2:21.81</b> | +0,65 | 30.47 | 1:09.30 | 1:50.39 | 2:21.81 |
| 6. Mathieu Gepkens      | VZC                  | 2:20.93 201000045 | <b>2:23.34</b> | +0,74 | 31.68 | 1:09.28 | 1:49.87 | 2:23.34 |
| 7. Marcelo Fritz Medina | De Dolfijn           | 2:26.27 201201885 | <b>2:25.14</b> | +0,68 | 30.27 | 1:07.41 | 1:50.84 | 2:25.14 |
| 8. Sven Mulder          | WVZ                  | 2:26.28 200901655 | <b>2:25.75</b> | +0,72 | 31.63 | 1:05.82 | 1:52.96 | 2:25.75 |
| 9. Jesse Langstraat     | IJsselmeer           | 2:29.77 200901407 | <b>2:27.63</b> | +0,74 | 31.23 | 1:10.01 | 1:53.43 | 2:27.63 |
| 10. Thijs van Kints     | BZ&PC                | 2:33.41 201101059 | <b>2:29.81</b> | +0,75 | 31.54 | 1:11.81 | 1:55.33 | 2:29.81 |
| 11. Sander Burgers      | NDD                  | 2:25.90 200103671 | <b>2:31.36</b> | +0,50 | 33.28 | 1:13.16 | 1:56.76 | 2:31.36 |
| 12. Isaiah Koningsbloem | ZPC AMERSFOORT       | 2:39.96 200800127 | <b>2:34.79</b> | +0,66 | 31.84 | 1:12.84 | 1:57.11 | 2:34.79 |
| 13. Sjors Pijl          | VZC                  | 2:36.75 201100865 | <b>2:36.25</b> | +0,75 | 33.72 | 1:14.23 | 2:01.75 | 2:36.25 |
| 14. Jonathan Nusteen    | Zwemclub Zeist       | 3:08.11 201202129 | <b>2:38.48</b> | +0,76 | 36.42 | 1:17.42 | 2:04.39 | 2:38.48 |
| 15. Job Oude Ophuis     | O Z & P C            | 2:36.09 201300047 | <b>2:38.83</b> | +0,54 | 35.03 | 1:16.73 | 2:03.21 | 2:38.83 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 16, Heren, 200m wisselslag, Senioren Open

| rang naam             | vereniging        | intijd            | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|-------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 16. Mason Borgman     | ZV De Aalscholver | 2:49.43 201200369 | <b>2:42.00</b> | +0,49 | 36.33 | 1:17.01 | 2:03.27 | 2:42.00 |
| 17. Raul Matthews     | ZV De Aalscholver | 2:53.44 201202833 | <b>2:45.50</b> | +0,79 | 34.70 | 1:17.96 | 2:06.91 | 2:45.50 |
| 18. Yari Vaneker      | O Z & P C         | 2:57.31 201300395 | <b>2:48.66</b> | +0,74 | 41.37 | 1:20.76 | 2:11.22 | 2:48.66 |
| 19. Daan van Meerveld | ZPC AMERSFOORT    | 2:53.54 201200785 | <b>2:50.87</b> | +0,50 | 38.79 | 1:23.50 | 2:11.14 | 2:50.87 |
| 20. Hidde Visscher    | O Z & P C         | 2:51.36 201300149 | <b>2:51.63</b> | +0,77 | 38.55 | 1:21.75 | 2:15.97 | 2:51.63 |
| 21. Lenn van Ginkel   | DZ&PC             | 2:58.09 201402063 | <b>2:52.72</b> | +0,55 | 37.81 | 1:21.28 | 2:13.90 | 2:52.72 |
| 22. Vigo Norde        | ZPC Hoogeveen     | 2:52.65 201200307 | <b>2:53.42</b> | +0,64 | 38.41 | 1:21.07 | 2:14.10 | 2:53.42 |
| 23. Jesiah Bos        | ZV De Aalscholver | 3:04.05 201400097 | <b>2:56.73</b> | +0,61 | 38.34 | 1:21.76 | 2:15.08 | 2:56.73 |
| 24. Sam Watson        | De Dolfijn        | 3:09.75 201300801 | <b>2:59.32</b> | +0,70 | 37.98 | 1:25.26 | 2:16.90 | 2:59.32 |
| 25. Erik Hovhannisyan | VZC               | 2:52.80 201201355 | <b>3:00.58</b> | +0,67 | 38.06 | 1:26.36 | 2:20.58 | 3:00.58 |
| 26. Tycho Zoon        | Onderdak          | 3:05.76 201202321 | <b>3:02.67</b> | +0,36 | 41.28 | 1:30.36 | 2:21.78 | 3:02.67 |
| 27. Stefan Boogaard   | Batavia Swim      | 3:10.10 201400083 | <b>3:07.69</b> |       | 42.28 | 1:29.68 | 2:25.43 | 3:07.69 |
| 28. Hammada Wali      | DZ&PC             | 3:15.90 201200141 | <b>3:14.00</b> | +0,87 | 41.54 | 1:31.32 | 2:28.53 | 3:14.00 |
| 29. Tim van Dartel    | ZPC AMERSFOORT    | 3:44.12 201400787 | <b>3:31.92</b> | +0,49 | 48.33 | 1:43.96 | 2:46.25 | 3:31.92 |
| DIS Wisse Broersma    | De Vikings        | NT 201400881      |                |       |       |         |         |         |

RH - Het eindpunt niet in rugligging aangeraakt.

Programmanr. 17

Dames, 50m vlinderslag

Senioren Open

27-9-2026 - 17:03

Resultaten

| rang naam                | vereniging            | intijd          | tijd           | RT    |
|--------------------------|-----------------------|-----------------|----------------|-------|
| 1. Anne Engbersen        | Albion                | 28.62 201000044 | <b>28.79</b>   | +0,72 |
| 2. Megan Snoek           | De Dolfijn            | 29.40 200900888 | <b>30.07</b> * | +0,62 |
| 3. Famke Irvine          | ZPC AMERSFOORT        | 28.96 200501724 | <b>30.14</b>   | +0,61 |
| 4. Nienke Koster         | ZPC Hoogeveen         | 30.77 200900612 | <b>31.05</b>   | +0,70 |
| 5. Fardau Cazemier       | Zcnf'34               | 31.97 200901736 | <b>31.28</b>   | +0,77 |
| 6. Iris Goes             | Zwemlust- den Hommel  | 30.78 200701704 | <b>31.39</b>   | +0,79 |
| 7. Maria Kotsubailo      | ZV De Aalscholver     | 30.83 201001722 | <b>31.54</b>   | +0,76 |
| 8. Lynn Peters           | RZ                    | 32.66 200900454 | <b>32.22</b>   | +0,73 |
| 9. Jasmijn Scott         | De Duinkickers        | 31.72 201001236 | <b>32.29</b>   | +0,69 |
| 10. Lisanne Seising      | VZC                   | 31.30 200002084 | <b>32.68</b>   | +0,73 |
| 11. Daniela Malipiero    | ZPC AMERSFOORT        | 31.63 200900496 | <b>32.70</b>   | +0,72 |
| 12. Vera van der Meer    | VZC                   | 31.15 200701508 | <b>32.98</b>   | +0,75 |
| 13. Sydney Celie         | IJsselmeer            | 33.25 200406054 | <b>33.18</b>   | +0,59 |
| 14. Dautsen Vaartjes     | Batavia Swim          | 33.35 201003490 | <b>33.37</b>   | +0,80 |
| 15. Kyara Balt           | De Vikings            | 33.20 201100306 | <b>33.66</b>   | +0,68 |
| 16. Myrthe Mollenhorst   | Zwemlust- den Hommel  | 34.35 200900436 | <b>34.75</b>   | +0,63 |
| 17. Aden Koksai          | Zwemlust- den Hommel  | 34.66 201202484 | <b>34.97</b>   | +0,81 |
| 18. Femke de Beir        | ZPC AMERSFOORT        | 35.81 201203492 | <b>34.98</b>   | +0,81 |
| 19. Nikki Groot Rouwen   | O Z & P C             | 35.64 200900106 | <b>35.06</b>   | +0,78 |
| 20. Ranomi Zeegers       | De Vikings            | 37.02 201201512 | <b>35.90</b>   | +0,79 |
| 21. Maud Slijkhuis       | MZ&PC De Reest        | 36.46 201101520 | <b>36.10</b>   | +0,81 |
| 22. Zena Bout            | Zwemlust- den Hommel  | 33.62 200601442 | <b>36.14</b>   | +0,83 |
| 23. Dannique Koolen      | ZPC AMERSFOORT        | 36.49 199904048 | <b>36.25</b>   | +0,62 |
| 24. Amelia Dziuba        | SG SCOM/de Zeehond'73 | 36.07 201201208 | <b>36.64</b>   | +0,76 |
| 25. Azra Guler           | NDD                   | 36.03 200503054 | <b>38.11</b>   | +0,69 |
| 26. Julie Schreuder      | Onderdak              | 40.69 201401268 | <b>38.26</b>   | +0,71 |
| Senna Dingemanse         | Z&PC De Ganze         | 38.60 201400190 | <b>38.26</b>   | +0,63 |
| 28. Isabelle Barnar      | GoSwim                | 39.07 201100024 | <b>38.88</b>   | +0,66 |
| 29. Marije Nieuwenhuizen | De Vikings            | 41.36 201300980 | <b>39.41</b>   | +0,76 |
| 30. Tess Jager           | SG SCOM/de Zeehond'73 | 46.82 201300370 | <b>40.16</b> * | +0,79 |
| 31. Dranna Atif          | De Dolfijn            | 42.18 201400944 | <b>40.29</b> * | +0,73 |
| 32. Tara Anders          | WVZ                   | 41.85 201401336 | <b>40.86</b>   | +0,92 |
| 33. Elise Desnos         | De Dolfijn            | 42.26 201400200 | <b>41.91</b>   |       |
| 34. Caja Meijers         | De Rijn               | 48.83 201401058 | <b>48.75</b>   | +0,69 |
| AFGEM Rosie Gootjes      | ZPC AMERSFOORT        | 45.52 201400804 |                |       |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 18  
27-9-2026 - 17:07

Heren, 50m vlinderslag

Senioren Open  
Resultaten

| rang  | naam                 | vereniging              | intijd | tijd      | RT            |
|-------|----------------------|-------------------------|--------|-----------|---------------|
| 1.    | Thomas Verhoeven     | Albion                  | 22.44  | 199700311 | 23.42 +0,66   |
| 2.    | Joshua Agussalim     | WVZ                     | 24.08  | 200600153 | 24.27 +0,65   |
| 3.    | Rick Bulman          | Albion                  | 25.20  | 200101899 | 24.90 +0,63   |
| 4.    | Chris de Man         | IJsselmeer              | 26.53  | 200903101 | 25.93 +0,61   |
| 5.    | Bjorn de Heus        | Albion                  | 25.93  | 200201077 | 26.41 +0,65   |
| 6.    | Tim Boerefijn        | WVZ                     | 25.89  | 200802815 | 26.44 +0,71   |
| 7.    | Jetze de Vries       | De Vikings              | 26.16  | 200602589 | 26.87 +0,66   |
| 8.    | Stefan van der Meer  | VZC                     | 26.82  | 200901361 | 27.19 +0,64   |
|       | Marijn Snel          | IJsselmeer              | 26.67  | 200400001 | 27.19 +0,72   |
| 10.   | Xander Kragting      | ZPC AMERSFOORT          | 27.92  | 200900077 | 27.22 +0,68   |
| 11.   | Jens zum Grotenhoff  | O Z & P C               | 27.07  | 200200171 | 27.32 +0,75   |
| 12.   | Terrence Fredema     | ZPC AMERSFOORT          | 26.51  | 200404887 | 27.50 +0,63   |
| 13.   | Siem Faber           | Batavia Swim            | 27.09  | 200900065 | 27.51 +0,61   |
| 14.   | Jelte de Boer        | De Vikings              | 27.84  | 200700345 | 27.64 +0,67   |
| 15.   | Colin Beuker         | ZPC Hoogeveen           | 28.73  | 200802023 | 27.65 +0,73   |
| 16.   | Toa Jahn             | De Dolfijn              | 28.45  | 201201665 | 27.68 +0,58   |
| 17.   | Freek Ruijsenaars    | ZPC Woerden             | 28.13  | 200702139 | 27.80 +0,73   |
| 18.   | Daequan Ramos        | ZPC Hoogeveen           | 27.60  | 200901709 | 27.91 +0,72   |
| 19.   | Sverre van der Zwaan | WVZ                     | 27.79  | 200900737 | 28.41 +0,70   |
| 20.   | Jelmer Kruijt        | ZPC AMERSFOORT          | 28.08  | 200900525 | 28.64 +0,64   |
| 21.   | Noah Khasho          | Trb/Res                 | 30.17  | 201002337 | 28.97 +0,68   |
| 22.   | Sergei Lebedev       | Zwemvereniging Hoogland | 28.85  | 199406811 | 29.14 +0,75   |
| 23.   | Charles Araysa       | Zwemlust- den Hommel    | 28.54  | 201201155 | 29.48 +0,57   |
| 24.   | Quinten Balzar       | De Otters Het Gooi      | 30.27  | 200902137 | 29.67 +0,68   |
| 25.   | Mathijs Boersma      | ZPC Hoogeveen           | 31.61  | 201000313 | 29.89 +0,67   |
| 26.   | Xavier Barnar        | GoSwim                  | 29.94  | 200900061 | 30.22 +0,70   |
| 27.   | Teun Zeeman          | Zwemlust- den Hommel    | 30.63  | 200901133 | 30.55 +0,72   |
| 28.   | Jurre van Es         | ZPC Woerden             | 30.83  | 200903567 | 30.95 +0,73   |
| 29.   | Alex Dwyer           | De Dolfijn              | 32.38  | 201103427 | 30.96 * +0,72 |
| 30.   | Tim Seising          | VZC                     | 30.21  | 200500107 | 31.25 +0,66   |
| 31.   | Jasper Cox           | ZPC AMERSFOORT          | 32.33  | 201003589 | 31.26 +0,67   |
| 32.   | Sander Burgers       | NDD                     | 28.47  | 200103671 | 31.45 +0,61   |
| 33.   | Thijs Hoogeveen      | Zwemlust- den Hommel    | 31.54  | 201100503 | 31.49 +0,77   |
| 34.   | Bernardo Vasconcelos | De Dolfijn              | 32.80  | 201300671 | 31.92 +0,82   |
| 35.   | Yaroslav Lytvynenko  | VZC                     | 33.35  | 201102573 | 32.93 +0,48   |
| 36.   | Max Janson           | De Dolfijn              | NT     | 201302769 | 34.51 +0,66   |
| 37.   | Casper Miltenburg    | De Dolfijn              | 33.48  | 201201157 | 34.63 +0,60   |
| 38.   | Mutasem Farea        | Zwemlust- den Hommel    | 33.21  | 201102207 | 35.14 +0,68   |
| 39.   | Filip Zivkovic       | Zwemlust- den Hommel    | 41.11  | 201202019 | 39.11 +0,67   |
| 40.   | Mattis Bisschop      | De Dolfijn              | 39.35  | 201400517 | 40.13 * +0,68 |
| 41.   | Thomas Tijssen       | De Dolfijn              | 50.54  | 201301147 | 40.36 +0,83   |
| 42.   | Selim Can Budan      | Batavia Swim            | 45.03  | 201402033 | 40.76 +0,84   |
| 43.   | Arav Jena            | Zwemlust- den Hommel    | 41.53  | 201202021 | 41.44 +0,75   |
| 44.   | Mihir Bapat          | Zwemlust- den Hommel    | 44.17  | 201201595 | 43.37 +0,79   |
| 45.   | Sverre Maclean       | ZPC AMERSFOORT          | 55.00  | 201402607 | 47.43 +0,73   |
| AFGEM | Jamie Kenworthy      | De Dolfijn              | 27.29  | 200800045 |               |
| AFGEM | Matthew Kostenko     | De Dolfijn              | 38.96  | 201102757 |               |

Programmanr. 19  
27-9-2026 - 17:13

Dames, 50m schoolslag

Senioren Open  
Resultaten

| rang | naam                 | vereniging           | intijd | tijd      | RT          |
|------|----------------------|----------------------|--------|-----------|-------------|
| 1.   | Sterre Hendriks      | De Dolfijn           | 30.75  | 200401288 | 31.30 +0,67 |
| 2.   | Nina Zusterzeel      | Team NL - PSV        | 31.00  | 200800656 | 31.48 +0,69 |
| 3.   | Roselie ter Borg     | Zcnf'34              | 34.42  | 200804880 | 35.45 +0,79 |
| 4.   | Breanna Belmar       | Albion               | 33.81  | 201004068 | 35.67 +0,71 |
| 5.   | Fien Stolk           | Zwemlust- den Hommel | 36.54  | 201302282 | 36.51 +0,66 |
| 6.   | Kiara Roes           | NDD                  | 37.07  | 200505508 | 36.74 +0,66 |
| 7.   | Claire Lohuis        | Z&PV de Veene        | 37.45  | 201003088 | 37.26 +0,79 |
| 8.   | Claudia Moes         | Zwemclub Zeist       | 36.32  | 201100786 | 37.37 +0,72 |
| 9.   | Britt Boonman        | Z&PC De Ganze        | 38.99  | 201400056 | 37.40 +0,53 |
| 10.  | Mirthe de Haan       | Zcnf'34              | 40.16  | 201000866 | 38.34 +0,77 |
| 11.  | Yanaïka Ido          | Batavia Swim         | 36.93  | 201102764 | 38.38 +0,71 |
| 12.  | Emma Juliette Jansen | ZPC AMERSFOORT       | 37.59  | 201200158 | 38.62 +0,58 |
| 13.  | Elin Berfelo         | MZ&PC De Reest       | 37.44  | 201102816 | 38.72 +0,70 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 19, Dames, 50m schoolslag, Senioren Open

| rang  | naam                 | vereniging           | intijd |           | tijd         | RT    |
|-------|----------------------|----------------------|--------|-----------|--------------|-------|
| 14.   | Fabienne Gijsen      | DZ&PC                | 41.63  | 200401954 | <b>38.76</b> | +0,81 |
| 15.   | Britt Jellesma       | De Vikings           | 38.49  | 201000310 | <b>39.01</b> | +0,70 |
| 16.   | Luesza Siahaija      | ZPC Hoogeveen        | 37.25  | 200801316 | <b>39.39</b> | +0,80 |
| 17.   | Isabel van Oogen     | ZV De Aalscholver    | 41.62  | 200900038 | <b>39.66</b> | +0,75 |
| 18.   | Ribanna Damm         | O Z & P C            | 40.19  | 201100304 | <b>40.77</b> | +0,78 |
| 19.   | Yinthe Brandt        | Zwemlust- den Hommel | 41.20  | 201103108 | <b>40.88</b> | +0,65 |
| 20.   | Femke Postma         | De Duinkikkers       | 38.69  | 201200346 | <b>40.97</b> | +0,80 |
| 21.   | Sophie van der Horst | Flevo                | 40.09  | 201000246 | <b>41.38</b> | +0,81 |
| 22.   | Fenne Beernink       | Z&PV de Veene        | 43.29  | 201300968 | <b>41.40</b> |       |
| 23.   | Eliza Parwiz         | WVZ                  | 45.19  | 201400876 | <b>42.47</b> | +0,75 |
| 24.   | Laura Sturkenboom    | Zwemlust- den Hommel | 42.08  | 200704706 | <b>43.18</b> | +0,78 |
| 25.   | Femke de Beir        | ZPC AMERSFOORT       | 42.98  | 201203492 | <b>43.64</b> | +0,85 |
| 26.   | Liss Wakker          | De Rijn              | 42.64  | 201000140 | <b>44.36</b> | +0,79 |
| 27.   | Dranna Atif          | De Dolfijn           | 46.11  | 201400944 | <b>44.43</b> |       |
| 28.   | Floor Wouterson      | ZPC AMERSFOORT       | 55.16  | 201400144 | <b>53.06</b> | +0,70 |
| AFGEM | Barbara Broekhuis    | PSV                  | 34.99  | 200700880 |              |       |
| AFGEM | Bridget Vermeer      | ZPC AMERSFOORT       | 31.94  | 200501766 |              |       |

Programmanr. 20  
27-9-2026 - 17:17

Heren, 50m schoolslag

Senioren Open  
Resultaten

| rang  | naam                  | vereniging           | intijd |           | tijd           | RT    |
|-------|-----------------------|----------------------|--------|-----------|----------------|-------|
| 1.    | Brandon van den Berg  | Albion               | 27.57  | 200200669 | <b>27.84</b>   | +0,63 |
| 2.    | Storm Boxum           | Team NL - DZ&PC      | 28.15  | 200700421 | <b>28.09</b>   | +0,62 |
| 3.    | Rick Bulman           | Albion               | 27.38  | 200101899 | <b>28.39</b>   | +0,64 |
| 4.    | Collin van der Hoff   | Team NL - WVZ        | 27.71  | 200604357 | <b>28.52</b>   | +0,68 |
| 5.    | Roan van der Weide    | WVZ                  | 28.41  | 200601629 | <b>29.07</b>   | +0,67 |
| 6.    | Thom Delno            | VZC                  | 27.94  | 200000013 | <b>29.13</b>   | +0,66 |
| 7.    | Duncan van Haaren     | ZPC AMERSFOORT       | 28.51  | 200000681 | <b>29.31</b>   | +0,69 |
| 8.    | Kenan Coeruez         | Albion               | 29.00  | 200300357 | <b>29.70</b>   | +0,66 |
| 9.    | Pedro Filipini        | De Dolfijn           | 29.91  | 200603863 | <b>29.73</b>   | +0,71 |
| 10.   | Daan Hoogendoorn      | ZPC Woerden          | 29.29  | 200500113 | <b>30.27</b>   | +0,63 |
| 11.   | Dani Yefimov          | O Z & P C            | 30.22  | 200901305 | <b>30.63</b>   | +0,67 |
| 12.   | Brian Arturo Bloemsma | De Dolfijn           | 31.10  | 200901155 | <b>31.52</b>   | +0,59 |
| 13.   | Kris Westerhout       | Albion               | 31.98  | 201000883 | <b>32.30</b>   | +0,63 |
| 14.   | Mees Akkersdijk       | GoSwim               | 33.79  | 201001075 | <b>32.93</b>   | +0,68 |
| 15.   | Mads van Norden       | ZPC AMERSFOORT       | 32.53  | 200700029 | <b>33.61</b>   | +0,73 |
| 16.   | Stijn van den Konink  | ZPC AMERSFOORT       | 34.45  | 201102167 | <b>33.80</b>   | +0,75 |
| 17.   | Lars Sturkenboom      | Zwemlust- den Hommel | 35.41  | 201103253 | <b>34.13</b>   | +0,72 |
| 18.   | Pepijn Bakker         | ZPC Hoogeveen        | 35.52  | 200703821 | <b>35.39</b>   | +0,73 |
| 19.   | Sytze Andrea          | De Rijn              | 38.07  | 201000261 | <b>37.20</b>   | +0,83 |
| 20.   | Manuel Meijers        | De Rijn              | 41.25  | 201002289 | <b>42.44</b>   | +0,82 |
| 21.   | Krystian Kandaurov    | GoSwim               | 44.26  | 201302771 | <b>43.10</b>   | +0,72 |
| 22.   | Tyrus Tai             | WVZ                  | 45.90  | 201302569 | <b>43.29</b>   | +0,86 |
| 23.   | Filip Zivkovic        | Zwemlust- den Hommel | 43.06  | 201202019 | <b>43.69</b>   | +0,58 |
| 24.   | Lyam van der Zee      | VZC                  | 44.26  | 201400095 | <b>44.71</b>   | +0,57 |
| 25.   | Arav Jena             | Zwemlust- den Hommel | 44.39  | 201202021 | <b>44.84</b>   | +0,72 |
| 26.   | Selim Can Budan       | Batavia Swim         | 46.77  | 201402033 | <b>47.19</b>   | +0,64 |
| 27.   | Ryan de Vries         | WVZ                  | 51.32  | 201302751 | <b>49.98</b> * | +0,75 |
| 28.   | Djurre Bosma          | DZ&PC                | 51.85  | 201400045 | <b>50.19</b>   | +0,70 |
| AFGEM | Thomas van Scheepen   | Steenwijk 1934       | 34.51  | 200001387 |                |       |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 21  
27-9-2026 - 17:20

Dames, 100m vrije slag

Senioren Open  
Resultaten

| rang | naam                         | vereniging               | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|------------------------------|--------------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Jinth Engelse                | Team NL - Blue Marlins   | 54.68   | 200800204 | <b>55.04</b> *   | +0,65 | 26.49 | 55.04   |
| 2.   | Angelina Rolman              | Team NL - PSV            | 54.54   | 200701972 | <b>55.61</b>     | +0,66 | 26.93 | 55.61   |
| 3.   | Sam van Nunen                | PSV                      | 53.95   | 200100036 | <b>55.62</b>     | +0,64 | 26.31 | 55.62   |
| 4.   | Nynke Boerefijn              | Team NL - ZPC AMERSFOORT | 55.22   | 200700114 | <b>57.33</b>     | +0,80 | 27.74 | 57.33   |
| 5.   | Marin Wieling                | ZPC AMERSFOORT           | 56.61   | 200501220 | <b>57.37</b>     | +0,71 | 27.72 | 57.37   |
| 6.   | Malin Roozeboom              | WVZ                      | 57.76   | 201100006 | <b>57.93</b>     | +0,68 | 28.05 | 57.93   |
| 7.   | J. Gomes Delgado             | Albion                   | 57.66   | 200800738 | <b>58.10</b>     | +0,70 | 27.66 | 58.10   |
| 8.   | Senna Rijnbeek               | ZPC AMERSFOORT           | 59.52   | 200901480 | <b>59.41</b>     | +0,69 | 28.58 | 59.41   |
| 9.   | Elin Ditewig                 | VZC                      | 58.04   | 200900392 | <b>1:00.36</b> * | +0,66 | 28.78 | 1:00.36 |
| 10.  | Esmaé de Gans                | ZPC AMERSFOORT           | 59.51   | 200900134 | <b>1:00.68</b>   | +0,74 | 28.81 | 1:00.68 |
| 11.  | Vera Wassink                 | DZ&PC                    | 59.17   | 200604976 | <b>1:00.94</b>   | +0,74 | 29.05 | 1:00.94 |
| 12.  | Liv Heijdra                  | Albion                   | 59.24   | 200800736 | <b>1:01.11</b>   | +0,72 | 28.71 | 1:01.11 |
| 13.  | Wieke Dekker                 | De Dolfijn               | 1:01.31 | 201002020 | <b>1:01.33</b>   | +0,74 | 29.67 | 1:01.33 |
| 14.  | Brechtje Slootweg            | ZPC AMERSFOORT           | 1:01.36 | 201101744 | <b>1:01.63</b>   | +0,70 | 29.20 | 1:01.63 |
| 15.  | Merel Bijl                   | Albion                   | 1:00.63 | 200900762 | <b>1:01.98</b>   | +0,70 | 29.62 | 1:01.98 |
| 16.  | Nora Lynn Otten              | ZPC Hoogeveen            | 1:02.39 | 200903338 | <b>1:02.07</b>   | +0,70 | 30.12 | 1:02.07 |
| 17.  | Yara van Asselen             | De Dolfijn               | 1:02.52 | 200900408 | <b>1:02.23</b>   | +0,72 | 29.85 | 1:02.23 |
| 18.  | Amber Tiesinga               | DZ&PC                    | 1:03.63 | 200600782 | <b>1:02.51</b>   | +0,77 | 30.20 | 1:02.51 |
| 19.  | Yanique Eekhof               | ZPC AMERSFOORT           | 1:02.71 | 201001428 | <b>1:02.73</b>   | +0,76 | 30.20 | 1:02.73 |
| 20.  | Lenny Bokkers                | ZPC AMERSFOORT           | 1:03.13 | 201300390 | <b>1:03.08</b>   | +0,69 | 30.48 | 1:03.08 |
| 21.  | Welmoed Doornbos             | ENC Arnhem               | 1:04.63 | 200203352 | <b>1:03.16</b>   | +0,67 | 30.14 | 1:03.16 |
| 22.  | Hanna Rijken                 | Zwemlust- den Hommel     | 1:04.14 | 201102582 | <b>1:03.62</b>   | +0,81 | 30.44 | 1:03.62 |
| 23.  | Mandy Berndsen               | VZC                      | 1:02.41 | 201001138 | <b>1:03.85</b>   | +0,71 | 30.39 | 1:03.85 |
| 24.  | Lynn Peters                  | RZ                       | 1:02.87 | 200900454 | <b>1:03.86</b>   | +0,74 | 30.92 | 1:03.86 |
|      | Hanna Heller                 | ZPC AMERSFOORT           | 1:03.16 | 201102730 | <b>1:03.86</b>   | +0,77 | 30.88 | 1:03.86 |
| 26.  | Kim Bouman                   | ZPC AMERSFOORT           | 1:03.30 | 201000262 | <b>1:04.10</b>   | +0,78 | 30.63 | 1:04.10 |
| 27.  | Jolie Fransen                | WVZ                      | 1:05.24 | 201400034 | <b>1:04.93</b>   | +0,68 | 30.86 | 1:04.93 |
| 28.  | Meike Pekelsma               | ZPC Hoogeveen            | 1:05.94 | 201300086 | <b>1:05.05</b>   | +0,61 | 31.36 | 1:05.05 |
| 29.  | Nikki Kannegieter            | Zignea                   | 1:05.38 | 201100750 | <b>1:05.10</b>   | +0,75 | 31.87 | 1:05.10 |
| 30.  | Lieke Broere                 | De Otters Het Gooi       | 1:03.89 | 200303890 | <b>1:05.29</b> * | +0,81 | 31.67 | 1:05.29 |
| 31.  | Mijke van Hal                | Zwemlust- den Hommel     | 1:03.58 | 200800362 | <b>1:05.63</b>   | +0,85 | 32.14 | 1:05.63 |
| 32.  | Sanne Mulder                 | WVZ                      | 1:05.01 | 200900280 | <b>1:05.71</b>   | +0,55 | 30.76 | 1:05.71 |
| 33.  | Flore Hovens                 | Zwemlust- den Hommel     | 1:07.08 | 201201632 | <b>1:06.57</b>   | +0,77 | 31.96 | 1:06.57 |
| 34.  | Ilse Stut                    | De Otters Het Gooi       | 1:09.20 | 200206236 | <b>1:06.64</b>   | +0,79 | 32.39 | 1:06.64 |
| 35.  | Noortje Bisperink            | ZPC AMERSFOORT           | 1:05.04 | 201100486 | <b>1:06.65</b>   | +0,76 | 32.11 | 1:06.65 |
| 36.  | Sofija Velevska              | De Dolfijn               | 1:06.33 | 201102774 | <b>1:07.20</b>   | +0,79 | 32.40 | 1:07.20 |
| 37.  | Tess Wakker                  | De Rijn                  | 1:06.10 | 200700154 | <b>1:07.28</b>   | +0,60 | 32.20 | 1:07.28 |
| 38.  | Frederique Grijpink          | De Otters Het Gooi       | 1:07.33 | 201001218 | <b>1:07.37</b>   | +0,74 | 32.82 | 1:07.37 |
| 39.  | Britt Blaauw                 | Z&PV de Veene            | 1:08.20 | 201003380 | <b>1:07.39</b>   | +0,74 | 32.79 | 1:07.39 |
| 40.  | Myrthe Mollenhorst           | Zwemlust- den Hommel     | 1:06.31 | 200900436 | <b>1:07.86</b>   | +0,80 | 32.12 | 1:07.86 |
| 41.  | Yanaïka Ido                  | Batavia Swim             | 1:05.20 | 201102764 | <b>1:07.92</b>   | +0,72 | 32.13 | 1:07.92 |
| 42.  | Anna Schuurman               | DZ&PC                    | 1:09.38 | 201000076 | <b>1:08.64</b>   | +0,81 | 32.91 | 1:08.64 |
| 43.  | Amelie Kieboom               | Zwemclub Zeist           | 1:07.30 | 200902262 | <b>1:08.74</b>   | +0,70 | 33.11 | 1:08.74 |
| 44.  | Myron Dekker                 | ZPC Hoogeveen            | 1:07.31 | 201000512 | <b>1:08.79</b>   | +0,81 | 33.16 | 1:08.79 |
| 45.  | L. Terwisscha van Scheltinga | ZPC AMERSFOORT           | 1:08.22 | 201201240 | <b>1:09.06</b>   | +0,75 | 33.75 | 1:09.06 |
| 46.  | Melody Paulussen             | De Dolfijn               | 1:06.82 | 201101106 | <b>1:09.18</b>   | +0,75 | 33.32 | 1:09.18 |
| 47.  | Devenda van der Meer         | DZ&PC                    | 1:06.28 | 200900948 | <b>1:09.21</b>   | +0,60 | 32.74 | 1:09.21 |
| 48.  | Aylin Turgut                 | De Dolfijn               | 1:10.60 | 201301548 | <b>1:09.50</b>   | +0,71 | 33.73 | 1:09.50 |
| 49.  | Joanne Vos                   | ZPC Hoogeveen            | 1:08.03 | 201200422 | <b>1:09.52</b>   | +0,77 | 33.04 | 1:09.52 |
| 50.  | Maren Roozeboom              | WVZ                      | 1:07.61 | 201400002 | <b>1:09.62</b> * | +0,68 | 33.03 | 1:09.62 |
| 51.  | Pip Veenis                   | ZPC Woerden              | 1:08.07 | 200904154 | <b>1:10.19</b>   |       | 33.94 | 1:10.19 |
| 52.  | Elize Snel                   | ZPC AMERSFOORT           | 1:08.60 | 201203198 | <b>1:10.30</b>   | +0,74 | 32.64 | 1:10.30 |
| 53.  | Nadine Beishuizen            | ZPC Hoogeveen            | 1:11.48 | 201300058 | <b>1:10.59</b>   | +0,62 | 33.91 | 1:10.59 |
| 54.  | Lisa Slijkhuis               | MZ&PC De Reest           | 1:10.60 | 201400332 | <b>1:11.36</b>   | +0,62 | 34.59 | 1:11.36 |
| 55.  | Azra Guler                   | NDD                      | 1:10.48 | 200503054 | <b>1:12.15</b>   | +0,67 | 34.70 | 1:12.15 |
| 56.  | Mira Kaim                    | ZPC AMERSFOORT           | 1:10.93 | 201301078 | <b>1:12.77</b>   | +0,78 | 35.22 | 1:12.77 |
| 57.  | Femke De Vries               | De Vikings               | 1:16.47 | 201200202 | <b>1:14.97</b>   | +0,90 | 35.82 | 1:14.97 |
| 58.  | Tess Jager                   | SG SCOM/de Zeehond'73    | 1:19.97 | 201300370 | <b>1:17.30</b>   | +0,80 | 37.82 | 1:17.30 |
| 59.  | Sienna Japink                | De Rijn                  | 1:21.12 | 201402322 | <b>1:17.49</b>   |       | 36.05 | 1:17.49 |
| 60.  | Fiene Madlener               | VZC                      | 1:15.91 | 201400576 | <b>1:18.29</b>   | +0,57 | 37.26 | 1:18.29 |
| 61.  | Femke van As                 | ZPC AMERSFOORT           | 1:19.39 | 201400962 | <b>1:18.49</b>   |       | 38.07 | 1:18.49 |
| 62.  | Emmy Jonk                    | De Dolfijn               | 1:14.67 | 201400926 | <b>1:18.90</b>   | +0,89 | 37.64 | 1:18.90 |
| 63.  | Nadine Overkleef             | ZPC AMERSFOORT           | NT      | 201302506 | <b>1:20.03</b>   | +0,66 | 38.84 | 1:20.03 |
| 64.  | Aiysha Mahr                  | De Dolfijn               | 1:17.94 | 201302216 | <b>1:20.21</b>   | +0,83 | 38.62 | 1:20.21 |
| 65.  | Marille van Dijk             | Batavia Swim             | NT      | 201403032 | <b>1:20.59</b>   | +0,83 | 37.55 | 1:20.59 |
| 66.  | Josefien Nap                 | ZPC AMERSFOORT           | 1:20.85 | 201401314 | <b>1:21.97</b>   | +0,56 | 39.15 | 1:21.97 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 21, Dames, 100m vrije slag, Senioren Open

| rang                                                            | naam                 | vereniging              | intijd  | tijd      | RT             | 50m   | 100m  |         |
|-----------------------------------------------------------------|----------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 67.                                                             | Tara Anders          | WVZ                     | 1:24.51 | 201401336 | <b>1:22.44</b> | +0,89 | 39.86 | 1:22.44 |
| 68.                                                             | Chloé Bollen         | De Dolfijn              | 1:28.83 | 201403482 | <b>1:23.81</b> | +0,93 | 39.00 | 1:23.81 |
| DIS                                                             | Marije Nieuwenhuizen | De Vikings              | 1:28.52 | 201300980 |                |       |       |         |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                      |                         |         |           |                |       |       |         |
| NG.ZA                                                           | Angelique Wammes     | Zwemvereniging Hoogland | 1:21.00 | 198403604 |                |       |       |         |
| AFGEM                                                           | Abby Kootstra        | ZV De Aalscholver       | 1:04.29 | 201000264 |                |       |       |         |
| AFGEM                                                           | Vàjen van Riemsdijk  | ZPC AMERSFOORT          | 1:20.08 | 201401732 |                |       |       |         |

Programmanr. 22  
27-9-2026 - 17:34

Heren, 100m vrije slag

Senioren Open  
Resultaten

| rang | naam                 | vereniging                 | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|----------------------|----------------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Giovanni Phillipson  | Team NL - Team Noord Holla | 48.75   | 200801099 | <b>49.42</b>     | +0,71 | 23.70 | 49.42   |
| 2.   | Koen Marsman         | Team NL - ZPC AMERSFOORT   | 48.64   | 200502763 | <b>49.84</b>     | +0,61 | 23.99 | 49.84   |
| 3.   | Vince van der Pal    | DZ&PC                      | 49.34   | 200401869 | <b>50.51</b>     | +0,68 | 24.09 | 50.51   |
| 4.   | Siem de Zeeuw        | Team NL - OZ&PC            | 49.45   | 200800013 | <b>50.52</b>     | +0,67 | 24.17 | 50.52   |
| 5.   | Colin Bes            | DZ&PC                      | 51.14   | 200500201 | <b>51.22</b>     | +0,67 | 24.64 | 51.22   |
| 6.   | Floris Stork         | DZ&PC                      | 51.51   | 200305075 | <b>52.50</b>     | +0,65 | 25.38 | 52.50   |
| 7.   | Rens Stijf           | ZPC AMERSFOORT             | 51.14   | 200501419 | <b>52.81</b>     | +0,65 | 25.34 | 52.81   |
| 8.   | Jesse van der Meij   | De Dolfijn                 | 54.53   | 200600841 | <b>53.03</b>     | +0,73 | 25.52 | 53.03   |
| 9.   | Niek Vreeling        | O Z & P C                  | 52.82   | 200604211 | <b>53.24</b>     | +0,72 | 25.49 | 53.24   |
|      | Abel op den Velde    | De Duinkickers             | 53.13   | 201000079 | <b>53.24</b> *   | +0,71 | 25.65 | 53.24   |
| 11.  | Tim van Erven        | DZ&PC                      | 53.69   | 200700175 | <b>54.25</b>     | +0,72 | 25.84 | 54.25   |
| 12.  | Tijn Hilders         | De Dolfijn                 | 54.17   | 200700027 | <b>54.76</b>     | +0,68 | 26.47 | 54.76   |
| 13.  | Max van der Spank    | Trb/Res                    | 57.17   | 201000275 | <b>54.78</b>     | +0,68 | 25.59 | 54.78   |
| 14.  | Henry Watson         | De Dolfijn                 | 54.50   | 201001703 | <b>54.99</b>     | +0,68 | 26.25 | 54.99   |
| 15.  | Thijs Poll           | WS Twente                  | 54.90   | 200700203 | <b>55.14</b>     | +0,64 | 26.21 | 55.14   |
| 16.  | Kelvin Terpstra      | ZPC AMERSFOORT             | 55.35   | 201003893 | <b>55.36</b>     | +0,67 | 26.55 | 55.36   |
| 17.  | Brent Schifflers     | ZPC Woerden                | 54.95   | 200902041 | <b>55.37</b>     | +0,65 | 26.77 | 55.37   |
| 18.  | Gwee Bokma           | Zwemlust- den Hommel       | 55.77   | 201002259 | <b>55.41</b>     | +0,71 | 26.96 | 55.41   |
| 19.  | Freek Ruijsenaars    | ZPC Woerden                | 55.47   | 200702139 | <b>55.75</b>     | +0,72 | 26.90 | 55.75   |
| 20.  | Jelmer Miedema       | IJsselmeer                 | 55.88   | 200800467 | <b>56.05</b>     | +0,67 | 26.99 | 56.05   |
| 21.  | Cayden Malone        | De Dolfijn                 | 56.19   | 201002195 | <b>56.23</b>     | +0,68 | 27.08 | 56.23   |
| 22.  | James Bevers         | WS Twente                  | 58.65   | 201103659 | <b>57.30</b> *   | +0,67 | 27.88 | 57.30   |
| 23.  | Ryan Schuts          | De Otters Het Gooi         | 56.43   | 200702495 | <b>57.65</b>     | +0,63 | 27.65 | 57.65   |
| 24.  | Rick Zuurman         | ZPC Hoogeveen              | 58.06   | 200900049 | <b>57.66</b>     | +0,76 | 27.46 | 57.66   |
| 25.  | Jelmer Kruijt        | ZPC AMERSFOORT             | 56.30   | 200900525 | <b>57.93</b>     | +0,63 | 27.91 | 57.93   |
| 26.  | Siem Rewinkel        | Z&PV de Veene              | 59.69   | 201201473 | <b>58.37</b>     | +0,78 | 28.23 | 58.37   |
| 27.  | Mathijs Boersma      | ZPC Hoogeveen              | 54.88   | 201000313 | <b>58.54</b>     | +0,72 | 27.35 | 58.54   |
| 28.  | Teije ter Bekke      | Zwemclub Zeist             | 57.49   | 200901789 | <b>58.55</b>     | +0,76 | 27.82 | 58.55   |
| 29.  | Maarten Dijs         | GoSwim                     | 59.57   | 201000135 | <b>58.88</b>     | +0,72 | 28.06 | 58.88   |
| 30.  | Kyaro Giuliano       | De Dolfijn                 | 59.54   | 201000489 | <b>59.17</b>     | +0,79 | 28.38 | 59.17   |
| 31.  | Pim Rijken           | Zwemlust- den Hommel       | 59.74   | 201002927 | <b>59.43</b>     | +0,81 | 28.51 | 59.43   |
| 32.  | Felipe Kerkhoff      | ZPC AMERSFOORT             | 59.88   | 201202625 | <b>59.52</b>     | +0,68 | 29.08 | 59.52   |
| 33.  | Lorenzo Della Vedova | De Otters Het Gooi         | 1:00.89 | 201201833 | <b>59.55</b>     | +0,78 | 28.57 | 59.55   |
| 34.  | Wessel Vis           | De Treffers                | 59.74   | 201201273 | <b>59.92</b>     | +0,61 | 29.17 | 59.92   |
| 35.  | Quinten Hofman       | Zwemlust- den Hommel       | 59.59   | 201000955 | <b>1:00.14</b>   | +0,84 | 29.09 | 1:00.14 |
| 36.  | Stijn van den Konink | ZPC AMERSFOORT             | 1:00.86 | 201102167 | <b>1:00.15</b>   | +0,75 | 28.33 | 1:00.15 |
| 37.  | Matthijs Wierbos     | ZPC Hoogeveen              | 1:00.59 | 200901965 | <b>1:00.69</b>   | +0,71 | 29.22 | 1:00.69 |
| 38.  | Leon ten Broeke      | GoSwim                     | 59.14   | 200900713 | <b>1:01.23</b>   | +0,66 | 28.55 | 1:01.23 |
| 39.  | Tim Koorstra         | De Vikings                 | 1:03.88 | 201200231 | <b>1:01.30</b>   | +0,74 | 29.69 | 1:01.30 |
| 40.  | Erik van Litsenburg  | MZ&PC De Reest             | 1:01.56 | 200903831 | <b>1:02.01</b>   | +0,63 | 29.51 | 1:02.01 |
| 41.  | Teun Zeeman          | Zwemlust- den Hommel       | 1:00.89 | 200901133 | <b>1:03.03</b>   | +0,67 | 29.45 | 1:03.03 |
| 42.  | A. van Engelen Sousa | De Dolfijn                 | 1:07.32 | 201101829 | <b>1:03.17</b>   | +0,77 | 30.55 | 1:03.17 |
| 43.  | Dennis Dumbraveanu   | VZC                        | 1:02.82 | 201100613 | <b>1:03.49</b>   | +0,78 | 31.38 | 1:03.49 |
| 44.  | Jayden Cijntje       | ZPC AMERSFOORT             | 1:00.65 | 200801741 | <b>1:04.10</b> * | +0,67 | 30.27 | 1:04.10 |
| 45.  | Max Kaspers          | ZPC AMERSFOORT             | 1:05.28 | 201101085 | <b>1:04.18</b>   | +0,78 | 30.02 | 1:04.18 |
| 46.  | Alex Dwyer           | De Dolfijn                 | 1:03.65 | 201103427 | <b>1:04.56</b>   | +0,75 | 30.36 | 1:04.56 |
| 47.  | Mason Borgman        | ZV De Aalscholver          | 1:06.00 | 201200369 | <b>1:04.91</b>   | +0,47 | 31.40 | 1:04.91 |
| 48.  | Daniel Bagdasarov    | ZPC Woerden                | 1:06.67 | 201101511 | <b>1:05.30</b>   | +0,85 | 31.78 | 1:05.30 |
| 49.  | Bernardo Vasconcelos | De Dolfijn                 | 1:06.92 | 201300671 | <b>1:05.33</b>   | +0,80 | 32.05 | 1:05.33 |
| 50.  | Cas Ruijs            | ZV De Aalscholver          | 1:09.30 | 201300013 | <b>1:05.57</b>   | +0,69 | 31.59 | 1:05.57 |
| 51.  | Daan Bekke           | Z&PV de Veene              | 1:05.12 | 201201487 | <b>1:05.80</b>   | +0,84 | 32.08 | 1:05.80 |
| 52.  | Figo Los             | De Duinkickers             | 1:08.76 | 201200823 | <b>1:06.09</b>   | +0,60 | 30.97 | 1:06.09 |
| 53.  | Sytze Andrea         | De Rijn                    | 1:03.93 | 201000261 | <b>1:06.15</b>   | +0,83 | 31.54 | 1:06.15 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 22, Heren, 100m vrije slag, Senioren Open

| rang  | naam                 | vereniging           | intijd  |           | tijd             | RT    | 50m   | 100m    |
|-------|----------------------|----------------------|---------|-----------|------------------|-------|-------|---------|
| 54.   | Eleas de Jong        | IJsselmeer           | 1:05.78 | 201103409 | <b>1:06.18</b>   | +0,81 | 31.72 | 1:06.18 |
| 55.   | Casper Miltenburg    | De Dolfijn           | 1:06.85 | 201201157 | <b>1:08.71</b>   | +0,69 | 32.05 | 1:08.71 |
| 56.   | Jesse Bruines        | Batavia Swim         | 1:07.69 | 200402413 | <b>1:08.72</b>   | +0,73 | 33.28 | 1:08.72 |
| 57.   | Yaroslav Lytvynenko  | VZC                  | 1:06.50 | 201102573 | <b>1:09.23</b>   | +0,71 | 33.23 | 1:09.23 |
| 58.   | Mutasem Farea        | Zwemlust- den Hommel | 1:06.79 | 201102207 | <b>1:09.94</b>   | +0,66 | 34.44 | 1:09.94 |
| 59.   | Lenn van Ginkel      | DZ&PC                | 1:11.24 | 201402063 | <b>1:10.13</b>   | +0,77 | 33.62 | 1:10.13 |
| 60.   | Kurts Biezins        | De Rijn              | 1:10.45 | 201301497 | <b>1:10.18</b>   | +0,47 | 33.30 | 1:10.18 |
| 61.   | Harrie Oude Weernink | WS Twente            | 1:11.78 | 196001037 | <b>1:11.03</b>   | +0,86 | 33.29 | 1:11.03 |
| 62.   | Thomas Boersma       | ZPC Hoogeveen        | 1:13.76 | 201300833 | <b>1:12.16</b>   | +0,85 | 33.84 | 1:12.16 |
| 63.   | Erik Hovhannisyann   | VZC                  | 1:12.08 | 201201355 | <b>1:12.46</b>   | +0,66 | 34.69 | 1:12.46 |
| 64.   | Jesper Janssen       | ZPC Woerden          | 1:12.60 | 201401559 | <b>1:12.71</b>   | +0,51 | 35.08 | 1:12.71 |
| 65.   | Stefan Boogaard      | Batavia Swim         | 1:18.61 | 201400083 | <b>1:14.15</b>   | +0,64 | 35.35 | 1:14.15 |
| 66.   | M. Moreno Palacios   | De Dolfijn           | 1:14.03 | 201301123 | <b>1:15.30</b> * | +0,70 | 35.09 | 1:15.30 |
| 67.   | Sam Watson           | De Dolfijn           | 1:12.36 | 201300801 | <b>1:15.67</b>   | +0,75 | 35.97 | 1:15.67 |
| AFGEM | Martijn Lageweg      | Steenwijk 1934       | 59.17   | 199701323 |                  |       |       |         |
| AFGEM | Gijs Vesseur         | ZPC AMERSFOORT       | 53.68   | 200700277 |                  |       |       |         |
| AFGEM | Jurre van Es         | ZPC Woerden          | 1:01.11 | 200903567 |                  |       |       |         |

Programmanr. 23  
27-9-2026 - 17:45

Dames, 200m schoolslag

Senioren Open  
Resultaten

| rang | naam                 | vereniging            | intijd  |           | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|------|----------------------|-----------------------|---------|-----------|------------------|-------|-------|---------|---------|---------|
| 1.   | Jade Geurts          | WVZ                   | 2:27.00 | 200402278 | <b>2:31.27</b>   | +0,73 | 34.42 | 1:12.75 | 1:51.30 | 2:31.27 |
| 2.   | Rafaëla Mulders      | Team NL - De Reuring  | 2:27.43 | 200701398 | <b>2:31.80</b>   | +0,70 | 34.71 | 1:13.58 | 1:52.96 | 2:31.80 |
| 3.   | Yvette Buis          | De Dolfijn            | 2:37.89 | 200401830 | <b>2:43.93</b>   | +0,69 | 37.04 | 1:19.28 | 2:01.50 | 2:43.93 |
|      | Paula Spans          | ZPC AMERSFOORT        | 2:35.79 | 201000064 | <b>2:43.93</b>   | +0,73 | 37.60 | 1:19.04 | 2:00.87 | 2:43.93 |
| 5.   | Roos de Jong         | Zcnf'34               | 2:45.25 | 200302948 | <b>2:45.30</b>   | +0,78 | 37.81 | 1:19.40 | 2:02.05 | 2:45.30 |
| 6.   | Jonna Muntjewerff    | ENC Arnhem            | 2:55.00 | 200402396 | <b>2:53.00</b>   | +0,79 | 39.49 | 1:23.28 | 2:07.84 | 2:53.00 |
| 7.   | Noa Laman            | ZPC AMERSFOORT        | 3:03.57 | 201302266 | <b>3:00.40</b>   | +0,78 | 41.57 | 1:27.05 | 2:14.25 | 3:00.40 |
| 8.   | Emma Juliette Jansen | ZPC AMERSFOORT        | 2:58.52 | 201200158 | <b>3:00.61</b> * | +0,71 | 40.80 | 1:27.21 | 2:15.49 | 3:00.61 |
| 9.   | Aden Koksal          | Zwemlust- den Hommel  | 3:00.46 | 201202484 | <b>3:01.78</b>   | +0,84 | 39.74 | 1:25.77 | 2:12.90 | 3:01.78 |
| 10.  | Nikki Groot Rouwen   | O Z & P C             | 2:56.84 | 200900106 | <b>3:02.20</b>   | +0,89 | 40.64 | 1:26.62 | 2:13.93 | 3:02.20 |
| 11.  | Madeé Boezen         | Zignea                | 3:04.46 | 201300782 | <b>3:04.82</b>   | +0,66 | 41.39 | 1:28.00 | 2:16.50 | 3:04.82 |
| 12.  | Fabienne Gijsen      | DZ&PC                 | NT      | 200401954 | <b>3:10.16</b>   | +0,77 | 41.43 | 1:29.42 | 2:19.11 | 3:10.16 |
| 13.  | Milou Baars          | ZPC Woerden           | 3:15.52 | 201301996 | <b>3:12.84</b> * | +0,75 | 43.25 | 1:32.15 | 2:22.41 | 3:12.84 |
| 14.  | Anniek van Ginkel    | VZC                   | 3:15.00 | 201400146 | <b>3:15.24</b>   |       | 43.96 | 1:34.66 | 2:26.23 | 3:15.24 |
| 15.  | Rosalie Journee      | Z&PV de Veene         | 3:16.78 | 200904268 | <b>3:17.53</b>   | +0,81 | 44.53 | 1:34.45 | 2:25.84 | 3:17.53 |
| 16.  | Chelsea Malone       | De Dolfijn            | 3:11.44 | 201402044 | <b>3:18.01</b> * | +0,72 | 44.49 | 1:34.13 | 2:26.18 | 3:18.01 |
| 17.  | Angelique Wammes     | Zwemvereniging Hoogl: | 3:18.29 | 198403604 | <b>3:23.16</b>   | +0,65 | 45.76 | 1:36.80 | 2:29.67 | 3:23.16 |
| 18.  | Anoek Bogers         | ZPC Woerden           | 3:39.57 | 201003584 | <b>3:29.58</b> * | +0,87 | 46.09 | 1:38.32 | 2:34.97 | 3:29.58 |
| 19.  | Kaisa Spaans         | WVZ                   | 3:50.13 | 201401488 | <b>3:30.82</b>   | +0,68 | 47.51 | 1:41.70 | 2:36.76 | 3:30.82 |
| 20.  | Leandra Ammerlaan    | De Dolfijn            | 3:40.05 | 201400376 | <b>3:53.10</b> * | +0,98 | 52.96 | 1:51.79 | 2:52.80 | 3:53.10 |
| DIS  | T. Taylor Wehman     | De Dolfijn            | 3:08.54 | 201300556 |                  |       |       |         |         |         |

*SU - Niet gezwommen in de cyclus van eerst armslag dan beenslag of een onvolledige cyclus (behalve bij de laatste slag voor keer- of eindpunt)*

Programmanr. 24  
27-9-2026 - 17:57

Heren, 200m schoolslag

Senioren Open  
Resultaten

| rang | naam               | vereniging           | intijd  |           | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|------|--------------------|----------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1.   | Wytse Broekstra    | Team NL - De Vikings | 2:11.68 | 200800121 | <b>2:14.28</b> | +0,70 | 29.86 | 1:03.98 | 1:38.83 | 2:14.28 |
| 2.   | Jesse van der Meij | De Dolfijn           | 2:19.06 | 200600841 | <b>2:22.21</b> | +0,75 | 32.03 | 1:07.99 | 1:44.99 | 2:22.21 |
| 3.   | Mees de Vries      | Zwemlust- den Hommel | 2:20.94 | 201001151 | <b>2:23.33</b> | +0,78 | 31.94 | 1:08.33 | 1:45.53 | 2:23.33 |
| 4.   | Koen de Vries      | MZ&PC De Reest       | 2:29.07 | 200802379 | <b>2:28.86</b> | +0,73 | 33.88 | 1:12.11 | 1:50.81 | 2:28.86 |
| 5.   | O. Hordiienko      | ZV De Aalscholver    | 2:35.64 | 201003061 | <b>2:33.72</b> | +0,63 | 34.29 | 1:13.88 | 1:53.82 | 2:33.72 |
| 6.   | Bram Kulpe         | Z&PV de Veene        | 2:34.88 | 200900329 | <b>2:34.87</b> | +0,74 | 34.75 | 1:14.34 | 1:54.61 | 2:34.87 |
| 7.   | Hessel Wachter     | Zwemclub Zeist       | 2:40.48 | 200903337 | <b>2:43.66</b> | +0,78 | 36.87 | 1:18.33 | 2:00.89 | 2:43.66 |
| 8.   | Thijs van Kints    | BZ&PC                | 2:46.94 | 201101059 | <b>2:45.12</b> | +0,76 | 37.08 | 1:18.92 | 2:01.35 | 2:45.12 |
| 9.   | Sverre de Wolf     | ZPC AMERSFOORT       | 2:43.32 | 200901415 | <b>2:51.08</b> | +0,68 | 38.20 | 1:21.43 | 2:05.37 | 2:51.08 |
| 10.  | Tycho Zoon         | Onderdak             | 2:00.00 | 201202321 | <b>3:13.17</b> | +0,55 | 44.91 | 1:35.03 | 2:24.96 | 3:13.17 |
| 11.  | Enzi Nyembo        | ZV De Aalscholver    | 3:29.01 | 201300163 | <b>3:17.46</b> | +0,64 | 43.27 | 1:34.79 | 2:26.81 | 3:17.46 |
| 12.  | Milan Rotgers      | ZPC AMERSFOORT       | 3:20.41 | 201402695 | <b>3:19.16</b> |       | 45.94 | 1:39.20 | 2:29.98 | 3:19.16 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 24, Heren, 200m schoolslag, Senioren Open

| rang naam             | vereniging           | intijd            | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|-----------------------|----------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 13. Mick Boerefijn    | WVZ                  | NT 201400239      | <b>3:19.94</b>   | +0,74 | 47.74 | 1:39.21 | 2:29.88 | 3:19.94 |
| 14. David van Gent    | ZPC Woerden          | 3:28.99 201300285 | <b>3:24.36</b>   | +0,64 | 47.00 | 1:39.45 | 2:33.59 | 3:24.36 |
| 15. Lyam van der Zee  | VZC                  | 3:20.75 201400095 | <b>3:25.04</b>   | +0,78 | 48.54 | 1:41.52 | 2:34.66 | 3:25.04 |
| 16. Silvijn Fanggiday | ZPC Woerden          | 4:01.97 201201281 | <b>3:27.31</b>   | +0,82 | 46.11 | 1:38.39 | 2:34.52 | 3:27.31 |
| 17. D. Kostermann     | ZPC Woerden          | 3:57.38 201301415 | <b>3:32.66</b> * | +0,74 | 47.23 | 1:42.32 | 2:38.16 | 3:32.66 |
| 18. Nikolai Lebediev  | De Dolfijn           | 3:37.82 201301221 | <b>3:37.23</b> * | +0,80 | 49.11 | 1:43.66 | 2:41.46 | 3:37.23 |
| AFGEM Thijs Hoogeveen | Zwemlust- den Hommel | 2:44.90 201100503 |                  |       |       |         |         |         |

Programmanr. 25  
27-9-2026 - 18:04

Dames, 100m rugslag

Senioren Open  
Resultaten

| rang naam                                                                                                         | vereniging              | intijd            | tijd             | RT    | 50m   | 100m    |
|-------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------|------------------|-------|-------|---------|
| 1. Dachèn Haaijer                                                                                                 | Team NL - ZPC Hoogeveen | 1:02.60 200800380 | <b>1:01.85</b>   | +0,61 | 29.96 | 1:01.85 |
| 2. Sterre Hendriks                                                                                                | De Dolfijn              | 1:02.63 200401288 | <b>1:04.19</b>   | +0,61 | 31.48 | 1:04.19 |
| 3. Anne Engbersen                                                                                                 | Albion                  | 1:03.18 201000044 | <b>1:05.84</b>   | +0,68 | 31.90 | 1:05.84 |
| 4. Nora Lynn Otten                                                                                                | ZPC Hoogeveen           | 1:05.85 200903338 | <b>1:07.41</b>   | +0,63 | 32.98 | 1:07.41 |
| 5. Emma Steenbrink                                                                                                | O Z & P C               | 1:08.02 200901376 | <b>1:09.26</b>   | +0,64 | 33.47 | 1:09.26 |
| 6. V. Parkhomenko                                                                                                 | De Dolfijn              | 1:11.55 201301610 | <b>1:09.74</b>   | +0,75 | 34.10 | 1:09.74 |
| 7. Fenna Gabriëls                                                                                                 | ZPC Hoogeveen           | NT 201201230      | <b>1:10.34</b>   | +0,69 | 34.24 | 1:10.34 |
| 8. Puck van Wees                                                                                                  | De Dolfijn              | 1:09.37 200901020 | <b>1:10.38</b>   | +0,73 | 34.09 | 1:10.38 |
| 9. Jade van der Veen                                                                                              | ZPC Hoogeveen           | 1:14.19 201200416 | <b>1:10.59</b>   | +0,76 | 34.35 | 1:10.59 |
| 10. Joanne Strietman                                                                                              | ZPC AMERSFOORT          | 1:12.34 201203784 | <b>1:10.97</b>   | +0,82 | 34.60 | 1:10.97 |
| 11. Julia Agricola                                                                                                | DZ&PC                   | 1:10.60 200800266 | <b>1:11.26</b>   | +0,65 | 34.46 | 1:11.26 |
| 12. Eva ter Horst                                                                                                 | ZPC Hoogeveen           | 1:07.73 201200070 | <b>1:11.63</b>   | +0,67 | 35.26 | 1:11.63 |
| 13. Ine-Joy Tilburg                                                                                               | Z&PV de Veene           | 1:10.67 201002036 | <b>1:11.75</b>   | +0,63 | 35.04 | 1:11.75 |
| 14. Maria Kotsubailo                                                                                              | ZV De Aalscholver       | 1:12.66 201001722 | <b>1:12.07</b>   | +0,90 | 34.91 | 1:12.07 |
| 15. Tess Broer                                                                                                    | ZPC Hoogeveen           | 1:12.72 201200420 | <b>1:12.13</b>   | +0,77 | 34.43 | 1:12.13 |
| 16. Daniela Malipiero                                                                                             | ZPC AMERSFOORT          | 1:14.01 200900496 | <b>1:12.33</b>   | +0,70 | 34.96 | 1:12.33 |
| 17. Maud Slijkhuis                                                                                                | MZ&PC De Reest          | 1:12.60 201101520 | <b>1:12.58</b>   | +0,64 | 35.40 | 1:12.58 |
| 18. Jasmijn Scott                                                                                                 | De Duinkickers          | 1:12.07 201001236 | <b>1:13.58</b> * | +0,65 | 35.90 | 1:13.58 |
| 19. Ifke Stam                                                                                                     | De Duinkickers          | 1:13.17 200800374 | <b>1:13.70</b>   | +0,57 | 35.61 | 1:13.70 |
| 20. Lynn Rozendal                                                                                                 | NDD                     | 1:12.41 200901038 | <b>1:14.10</b> * | +0,67 | 35.71 | 1:14.10 |
| 21. Vera van der Meer                                                                                             | VZC                     | 1:08.79 200701508 | <b>1:14.55</b>   | +0,72 | 36.71 | 1:14.55 |
| 22. Kiara Roes                                                                                                    | NDD                     | 1:18.93 200505508 | <b>1:14.60</b> * | +0,63 | 35.72 | 1:14.60 |
| 23. Fiene Quaak                                                                                                   | Z&PC De Ganze           | 1:12.70 201201142 | <b>1:14.64</b>   | +0,64 | 36.23 | 1:14.64 |
| 24. Myrthe Bruinsma                                                                                               | ZPC AMERSFOORT          | 1:12.88 201101108 | <b>1:14.66</b>   | +0,62 | 36.08 | 1:14.66 |
| 25. Melody Paulussen                                                                                              | De Dolfijn              | 1:14.10 201101106 | <b>1:15.51</b>   | +0,65 | 36.60 | 1:15.51 |
| 26. Eva Maria Keet                                                                                                | ZPC AMERSFOORT          | 1:13.75 201003006 | <b>1:15.59</b>   | +0,70 | 37.18 | 1:15.59 |
| 27. F. van Remmerden                                                                                              | ZPC Woerden             | 1:14.92 201201190 | <b>1:15.66</b>   | +0,76 | 36.06 | 1:15.66 |
| 28. Meike Pekelsma                                                                                                | ZPC Hoogeveen           | 1:19.18 201300086 | <b>1:18.41</b>   | +0,68 | 37.54 | 1:18.41 |
| 29. Zena Bout                                                                                                     | Zwemlust- den Hommel    | 1:17.84 200601442 | <b>1:18.72</b>   | +0,70 | 37.47 | 1:18.72 |
| 30. Yfke Wijnalda                                                                                                 | ZPC AMERSFOORT          | 1:18.09 201002618 | <b>1:19.01</b>   | +0,70 | 38.58 | 1:19.01 |
| 31. Ranomi Zeegers                                                                                                | De Vikings              | 1:23.30 201201512 | <b>1:19.56</b>   | +0,72 | 38.50 | 1:19.56 |
| 32. Liza van Ginkel                                                                                               | VZC                     | 1:19.19 201200680 | <b>1:20.62</b>   | +0,76 | 38.78 | 1:20.62 |
| 33. Fenne Vaartjes                                                                                                | Batavia Swim            | 1:20.39 201201810 | <b>1:21.45</b>   | +0,37 | 40.22 | 1:21.45 |
| 34. Sophie Koster                                                                                                 | ZPC Hoogeveen           | 1:26.49 201400674 | <b>1:26.02</b>   | +0,68 | 41.16 | 1:26.02 |
| 35. Lisse Bouwman                                                                                                 | VZC                     | 1:28.12 201300926 | <b>1:26.65</b> * | +0,79 | 41.87 | 1:26.65 |
| 36. Dautsen Vaartjes                                                                                              | Batavia Swim            | 1:28.04 201003490 | <b>1:27.71</b>   | +0,71 | 43.73 | 1:27.71 |
| 37. Yinthe Brandt                                                                                                 | Zwemlust- den Hommel    | 1:29.57 201103108 | <b>1:28.12</b>   | +0,69 | 43.27 | 1:28.12 |
| 38. Noortje Heijen                                                                                                | ZPC Hoogeveen           | 1:31.94 201400884 | <b>1:30.06</b>   | +0,78 | 45.23 | 1:30.06 |
| 39. Laura Sturkenboom                                                                                             | Zwemlust- den Hommel    | 1:27.62 200704706 | <b>1:30.41</b>   | +0,79 | 43.41 | 1:30.41 |
| 40. Jada van Dijk                                                                                                 | ZPC AMERSFOORT          | 1:37.76 201300866 | <b>1:31.53</b>   | +0,75 | 44.34 | 1:31.53 |
| 41. Aiysha Mahr                                                                                                   | De Dolfijn              | 1:29.52 201302216 | <b>1:31.75</b>   | +0,78 | 44.82 | 1:31.75 |
| 42. Jenna Gorter                                                                                                  | De Otters Het Gooi      | 1:34.07 200702746 | <b>1:33.29</b>   | +0,82 | 45.59 | 1:33.29 |
| 43. Elise Venema                                                                                                  | VZC                     | 1:30.94 201400742 | <b>1:33.72</b>   | +0,66 | 45.95 | 1:33.72 |
| 44. Nadine Overkleef                                                                                              | ZPC AMERSFOORT          | NT 201302506      | <b>1:33.75</b>   | +0,77 | 46.12 | 1:33.75 |
| DIS Caja Meijers                                                                                                  | De Rijn                 | 1:32.40 201401058 |                  | +0,73 |       |         |
| <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i> |                         |                   |                  |       |       |         |
| DIS Idil Yon                                                                                                      | DZ&PC                   | 1:28.74 201401774 |                  |       |       |         |
| <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i> |                         |                   |                  |       |       |         |
| NG.ZA Eloisa Gomes Delgado                                                                                        | Albion                  | 1:05.74 200700812 |                  |       |       |         |
| AFGEM Joey Chan                                                                                                   | WVZ                     | 1:30.23 201301018 |                  |       |       |         |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 25, Dames, 100m rugslag, Senioren Open

| rang  | naam           | vereniging     | intijd  | tijd      | RT | 50m | 100m |
|-------|----------------|----------------|---------|-----------|----|-----|------|
| AFGEM | Sylke Enzerink | ZPC AMERSFOORT | 1:40.00 | 201401292 |    |     |      |
| AFGEM | Amy Rodenburg  | ZPC AMERSFOORT | 1:22.63 | 200904480 |    |     |      |
| AFGEM | Ashal Yon      | DZ&PC          | 1:22.96 | 201302314 |    |     |      |

Programmanr. 26  
27-9-2026 - 18:16

Heren, 100m rugslag

Senioren Open  
Resultaten

| rang | naam                    | vereniging           | intijd  | tijd      | RT               | 50m   | 100m  |         |
|------|-------------------------|----------------------|---------|-----------|------------------|-------|-------|---------|
| 1.   | Lars Bulman             | Albion               | 58.09   | 200600125 | <b>57.18</b>     | +0,61 | 27.42 | 57.18   |
| 2.   | Jaydey Schonewille      | DZ&PC                | 57.09   | 200800025 | <b>58.11</b>     | +0,65 | 28.04 | 58.11   |
| 3.   | Finn Stamsnieder        | O Z & P C            | 1:02.71 | 200900225 | <b>59.64</b>     | +0,68 | 29.09 | 59.64   |
| 4.   | Brent Schifflers        | ZPC Woerden          | 1:00.05 | 200902041 | <b>1:02.06</b>   | +0,62 | 30.30 | 1:02.06 |
| 5.   | Sven Casper Hageman     | DZ&PC                | 1:01.92 | 201000009 | <b>1:02.97</b>   | +0,63 | 29.90 | 1:02.97 |
| 6.   | Max van der Spank       | Trb/Res              | 1:04.45 | 201000275 | <b>1:03.37</b>   | +0,62 | 30.56 | 1:03.37 |
| 7.   | Jelmer Miedema          | IJsselmeer           | 1:02.05 | 200800467 | <b>1:04.08</b>   | +0,59 | 30.53 | 1:04.08 |
| 8.   | Dani Yefimov            | O Z & P C            | 1:04.53 | 200901305 | <b>1:05.41</b>   | +0,56 | 31.97 | 1:05.41 |
| 9.   | Dyon Scholten           | Steenwijk 1934       | 1:04.92 | 200900095 | <b>1:06.06</b>   | +0,67 | 31.50 | 1:06.06 |
| 10.  | Pelle Schrieken         | VZC                  | 1:04.53 | 200801595 | <b>1:06.09</b>   | +0,81 | 32.11 | 1:06.09 |
| 11.  | Siem Faber              | Batavia Swim         | 1:07.63 | 200900065 | <b>1:06.40</b>   | +0,58 | 32.43 | 1:06.40 |
| 12.  | Dewin Volker            | O Z & P C            | 1:06.52 | 201101935 | <b>1:07.11</b> * | +0,66 | 32.06 | 1:07.11 |
| 13.  | Jasper Cox              | ZPC AMERSFOORT       | 1:07.59 | 201003589 | <b>1:08.64</b> * | +0,53 | 33.76 | 1:08.64 |
| 14.  | Noah Khasho             | Trb/Res              | 1:12.52 | 201002337 | <b>1:08.75</b>   | +0,63 | 33.15 | 1:08.75 |
| 15.  | Isaiah Koningsbloem     | ZPC AMERSFOORT       | 1:07.12 | 200800127 | <b>1:10.08</b>   | +0,62 | 33.63 | 1:10.08 |
| 16.  | Matthijs Wierbos        | ZPC Hoogeveen        | 1:11.19 | 200901965 | <b>1:10.85</b>   | +0,75 | 34.88 | 1:10.85 |
| 17.  | Jayden Cijntje          | ZPC AMERSFOORT       | 1:11.59 | 200801741 | <b>1:11.07</b> * | +0,69 | 34.12 | 1:11.07 |
| 18.  | Lars Sturkenboom        | Zwemlust- den Hommel | 1:15.74 | 201103253 | <b>1:11.55</b>   | +0,74 | 35.12 | 1:11.55 |
| 19.  | Dex Kerpels             | ZPC Hoogeveen        | 1:11.68 | 201100087 | <b>1:11.62</b>   | +0,70 | 35.21 | 1:11.62 |
| 20.  | Pieter de Visser        | Z&PC De Ganze        | 1:10.66 | 199802045 | <b>1:12.43</b>   | +0,62 | 34.94 | 1:12.43 |
| 21.  | Sjors Pijl              | VZC                  | 1:13.53 | 201100865 | <b>1:14.08</b> * | +0,80 | 36.79 | 1:14.08 |
| 22.  | Bernardo Vasconcelos    | De Dolfijn           | 1:16.96 | 201300671 | <b>1:14.35</b>   | +0,72 | 36.06 | 1:14.35 |
| 23.  | Job Oude Ophuis         | O Z & P C            | 1:15.86 | 201300047 | <b>1:15.64</b>   | +0,76 | 36.97 | 1:15.64 |
| 24.  | Figo Los                | De Duinkikkers       | 1:16.30 | 201200823 | <b>1:16.35</b>   | +0,75 | 36.94 | 1:16.35 |
| 25.  | Hidde Visscher          | O Z & P C            | 1:21.87 | 201300149 | <b>1:19.15</b>   | +0,83 | 38.49 | 1:19.15 |
| 26.  | Raul Matthews           | ZV De Aalscholver    | 1:23.00 | 201202833 | <b>1:19.56</b>   | +0,81 | 38.72 | 1:19.56 |
| 27.  | Max van Splunder        | De Dolfijn           | 1:04.63 | 201200531 | <b>1:19.83</b>   | +0,67 | 36.28 | 1:19.83 |
| 28.  | Max Janson              | De Dolfijn           | 1:23.00 | 201302769 | <b>1:19.94</b>   | +0,80 | 38.31 | 1:19.94 |
| 29.  | Jesiah Bos              | ZV De Aalscholver    | 1:20.24 | 201400097 | <b>1:20.59</b>   | +0,72 | 38.85 | 1:20.59 |
| 30.  | Lenn van Ginkel         | DZ&PC                | NT      | 201402063 | <b>1:22.45</b>   | +0,80 | 40.42 | 1:22.45 |
| 31.  | Fedde Jelsma            | DZ&PC                | 1:24.79 | 201400047 | <b>1:23.03</b>   | +0,76 |       | 1:23.03 |
| 32.  | Hammada Wali            | DZ&PC                | 1:29.62 | 201200141 | <b>1:24.48</b> * | +0,95 | 42.12 | 1:24.48 |
| 33.  | Djurre Bosma            | DZ&PC                | 1:29.39 | 201400045 | <b>1:28.30</b>   | +0,61 | 43.13 | 1:28.30 |
| 34.  | R. Terwisscha van Schel | IJsselmeer           | NT      | 201402673 | <b>1:31.15</b>   | +0,61 | 45.52 | 1:31.15 |
| 35.  | Wisse Broersma          | De Vikings           | 1:34.61 | 201400881 | <b>1:31.20</b>   | +0,74 | 45.05 | 1:31.20 |
| 36.  | Omran Dahan             | VZC                  | 1:31.55 | 201400895 | <b>1:34.26</b>   | +0,80 | 45.99 | 1:34.26 |
| 37.  | Mihir Bapat             | Zwemlust- den Hommel | 1:38.53 | 201201595 | <b>1:36.07</b>   | +0,69 | 46.27 | 1:36.07 |
| 38.  | Ryan de Vries           | WVZ                  | 1:51.42 | 201302751 | <b>1:40.11</b> * | +0,85 | 47.36 | 1:40.11 |
| DIS  | Tyrus Tai               | WVZ                  | 1:25.45 | 201302569 |                  |       |       |         |

*RL - Niet met ten minste één teen van elke voet in contact met de wand of met de aantikplaat indien er bij de start een rugslagvoetsteun is gebruikt.*

|       |                     |                |         |           |
|-------|---------------------|----------------|---------|-----------|
| NG.ZA | Yassine Mellah      | Albion         | 57.16   | 200502159 |
| AFGEM | Thomas van Scheepen | Steenwijk 1934 | 1:12.74 | 200001387 |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 27  
27-9-2026 - 18:27

Dames, 200m vlinderslag

Senioren Open  
Resultaten

| rang naam          | vereniging    | intijd  | tijd      | RT             | 50m   | 100m  | 150m    | 200m    |         |
|--------------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Evy Rozeboom    | Team NL - DAW | 2:09.05 | 200601338 | <b>2:13.05</b> | +0,76 | 29.54 | 1:04.89 | 1:38.76 | 2:13.05 |
| 2. Julia Bannatyne | BZ&PC         | 2:41.40 | 201201020 | <b>2:33.80</b> | +0,69 | 33.15 | 1:12.29 | 1:52.92 | 2:33.80 |
| 3. Sydney Celie    | IJsselmeer    | 2:50.27 | 200406054 | <b>2:56.06</b> | +0,73 | 36.72 | 1:22.06 | 2:09.66 | 2:56.06 |

Programmanr. 28  
27-9-2026 - 18:31

Heren, 200m vlinderslag

Senioren Open  
Resultaten

| rang naam               | vereniging    | intijd  | tijd      | RT             | 50m   | 100m  | 150m    | 200m    |         |
|-------------------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Sverre van der Zwaan | WVZ           | 2:17.21 | 200900737 | <b>2:17.91</b> | +0,69 | 30.51 | 1:05.65 | 1:42.06 | 2:17.91 |
| 2. Teun van Weeren      | O Z & P C     | 2:14.11 | 200801145 | <b>2:18.78</b> | +0,68 | 29.71 | 1:04.65 | 1:40.51 | 2:18.78 |
| 3. Mattijn Thijert      | WS Twente     | 2:21.26 | 200501921 | <b>2:21.67</b> | +0,67 | 29.67 | 1:04.80 | 1:42.88 | 2:21.67 |
| 4. Marijn Snel          | IJsselmeer    | 2:20.29 | 200400001 | <b>2:22.41</b> | +0,75 | 30.10 | 1:06.17 | 1:43.96 | 2:22.41 |
| 5. Ruben van Veenen     | Zcnf'34       | 2:30.41 | 200400425 | <b>2:23.72</b> | +0,66 | 30.54 | 1:05.96 | 1:44.35 | 2:23.72 |
| 6. Chris de Man         | IJsselmeer    | 2:38.38 | 200903101 | <b>2:24.49</b> | +0,70 | 29.98 | 1:05.71 | 1:45.08 | 2:24.49 |
| 7. Marcelo Fritz Medina | De Dolfijn    | 2:39.32 | 201201885 | <b>2:30.94</b> | +0,71 | 30.93 | 1:09.17 | 1:49.81 | 2:30.94 |
| 8. Colin Beuker         | ZPC Hoogeveen | 2:34.97 | 200802023 | <b>2:31.64</b> | +0,78 | 30.21 | 1:08.64 | 1:49.40 | 2:31.64 |

Programmanr. 29  
27-9-2026 - 18:34

Dames, 400m vrije slag

Senioren Open  
Resultaten

| rang | naam                   | vereniging           |               |       | intijd        |       |               | tijd      |  |  | RT        |       |
|------|------------------------|----------------------|---------------|-------|---------------|-------|---------------|-----------|--|--|-----------|-------|
| 1.   | Yanique Eekhof         | ZPC AMERSFOORT       |               |       | 4:39.10       |       |               | 201001428 |  |  | 4:36.85   | +0,63 |
|      | 50m: 30.55             | 30.55                | 150m: 1:40.22 | 35.17 | 250m: 2:50.90 | 35.46 | 350m: 4:02.33 | 35.75     |  |  |           |       |
|      | 100m: 1:05.05          | 34.50                | 200m: 2:15.44 | 35.22 | 300m: 3:26.58 | 35.68 | 400m: 4:36.85 | 34.52     |  |  |           |       |
| 2.   | Wieke Dekker           | De Dolfijn           |               |       | 4:46.94       |       |               | 201002020 |  |  | 4:43.98   | +0,77 |
|      | 50m: 31.78             | 31.78                | 150m: 1:44.54 | 36.63 | 250m: 2:55.92 | 35.75 | 350m: 4:09.06 | 36.46     |  |  |           |       |
|      | 100m: 1:07.91          | 36.13                | 200m: 2:20.17 | 35.63 | 300m: 3:32.60 | 36.68 | 400m: 4:43.98 | 34.92     |  |  |           |       |
| 3.   | Kamila Samad           | WVZ                  |               |       | 4:50.76       |       |               | 201103178 |  |  | 4:45.62   | +0,69 |
|      | 50m: 32.47             | 32.47                | 150m: 1:44.68 | 36.35 | 250m: 2:57.46 | 36.85 | 350m: 4:10.09 | 36.84     |  |  |           |       |
|      | 100m: 1:08.33          | 35.86                | 200m: 2:20.61 | 35.93 | 300m: 3:33.25 | 35.79 | 400m: 4:45.62 | 35.53     |  |  |           |       |
| 4.   | Cynthia Koolman        | Steenwijk 1934       |               |       | 4:46.58       |       |               | 200300232 |  |  | 4:49.70   | +0,69 |
|      | 50m: 32.46             | 32.46                | 150m: 1:43.52 | 35.83 | 250m: 2:57.58 | 37.24 | 350m: 4:12.83 | 37.66     |  |  |           |       |
|      | 100m: 1:07.69          | 35.23                | 200m: 2:20.34 | 36.82 | 300m: 3:35.17 | 37.59 | 400m: 4:49.70 | 36.87     |  |  |           |       |
| 5.   | Kayleigh van Doeselaar | WS Twente            |               |       | 4:54.42       |       |               | 201000478 |  |  | 4:51.57   | +0,80 |
|      | 50m: 33.65             | 33.65                | 150m: 1:46.45 | 36.98 | 250m: 3:02.04 | 37.85 | 350m: 4:17.12 | 37.80     |  |  |           |       |
|      | 100m: 1:09.47          | 35.82                | 200m: 2:24.19 | 37.74 | 300m: 3:39.32 | 37.28 | 400m: 4:51.57 | 34.45     |  |  |           |       |
| 6.   | Florien Pot            | O Z & P C            |               |       | 4:41.97       |       |               | 201000768 |  |  | 4:52.43 * | +0,90 |
|      | 50m: 32.83             | 32.83                | 150m: 1:45.91 | 36.91 | 250m: 3:01.26 | 38.13 | 350m: 4:17.18 | 38.33     |  |  |           |       |
|      | 100m: 1:09.00          | 36.17                | 200m: 2:23.13 | 37.22 | 300m: 3:38.85 | 37.59 | 400m: 4:52.43 | 35.25     |  |  |           |       |
| 7.   | Elin Berfelo           | MZ&PC De Reest       |               |       | 5:08.34       |       |               | 201102816 |  |  | 4:57.65   | +0,75 |
|      | 50m: 32.89             | 32.89                | 150m: 1:47.75 | 38.11 | 250m: 3:04.97 | 38.47 | 350m: 4:20.93 | 37.82     |  |  |           |       |
|      | 100m: 1:09.64          | 36.75                | 200m: 2:26.50 | 38.75 | 300m: 3:43.11 | 38.14 | 400m: 4:57.65 | 36.72     |  |  |           |       |
| 8.   | Kyara Balt             | De Vikings           |               |       | 4:46.34       |       |               | 201100306 |  |  | 5:00.03   |       |
|      | 50m: 32.96             | 32.96                | 150m: 1:47.96 | 37.90 | 250m: 3:05.58 | 38.30 | 350m: 4:21.79 | 37.93     |  |  |           |       |
|      | 100m: 1:10.06          | 37.10                | 200m: 2:27.28 | 39.32 | 300m: 3:43.86 | 38.28 | 400m: 5:00.03 | 38.24     |  |  |           |       |
| 9.   | Ynthe van Wijland      | Zwemlust- den Hommel |               |       | 5:15.53       |       |               | 201003362 |  |  | 5:03.14   | +0,82 |
|      | 50m: 33.35             | 33.35                | 150m: 1:48.54 | 38.15 | 250m: 3:06.39 | 38.79 | 350m: 4:24.00 | 39.12     |  |  |           |       |
|      | 100m: 1:10.39          | 37.04                | 200m: 2:27.60 | 39.06 | 300m: 3:44.88 | 38.49 | 400m: 5:03.14 | 39.14     |  |  |           |       |
| 10.  | Anna Schuurman         | DZ&PC                |               |       | 5:09.54       |       |               | 201000076 |  |  | 5:07.07   | +0,77 |
|      | 50m: 34.02             | 34.02                | 150m: 1:50.29 | 38.70 | 250m: 3:09.29 | 39.59 | 350m: 4:28.66 | 39.43     |  |  |           |       |
|      | 100m: 1:11.59          | 37.57                | 200m: 2:29.70 | 39.41 | 300m: 3:49.23 | 39.94 | 400m: 5:07.07 | 38.41     |  |  |           |       |
| 11.  | Sofija Velevska        | De Dolfijn           |               |       | 5:04.01       |       |               | 201102774 |  |  | 5:08.87   | +0,80 |
|      | 50m: 34.63             | 34.63                | 150m: 1:52.67 | 39.75 | 250m: 3:11.68 | 39.71 | 350m: 4:31.46 | 40.21     |  |  |           |       |
|      | 100m: 1:12.92          | 38.29                | 200m: 2:31.97 | 39.30 | 300m: 3:51.25 | 39.57 | 400m: 5:08.87 | 37.41     |  |  |           |       |
| 12.  | Ribanna Damm           | O Z & P C            |               |       | 5:17.10       |       |               | 201100304 |  |  | 5:09.78 * | +0,66 |
|      | 50m: 33.26             | 33.26                | 150m: 1:51.20 | 39.74 | 250m: 3:10.76 | 39.81 | 350m: 4:31.14 | 40.06     |  |  |           |       |
|      | 100m: 1:11.46          | 38.20                | 200m: 2:30.95 | 39.75 | 300m: 3:51.08 | 40.32 | 400m: 5:09.78 | 38.64     |  |  |           |       |
| 13.  | Myron Dekker           | ZPC Hoogeveen        |               |       | 4:55.15       |       |               | 201000512 |  |  | 5:10.83   | +0,86 |
|      | 50m: 34.38             | 34.38                | 150m: 1:50.14 | 38.52 | 250m: 3:10.15 | 40.37 | 350m: 4:30.84 | 40.38     |  |  |           |       |
|      | 100m: 1:11.62          | 37.24                | 200m: 2:29.78 | 39.64 | 300m: 3:50.46 | 40.31 | 400m: 5:10.83 | 39.99     |  |  |           |       |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 29, Dames, 400m vrije slag, Senioren Open

| rang  | naam               | vereniging            | intijd              | tijd                | RT                     |
|-------|--------------------|-----------------------|---------------------|---------------------|------------------------|
| 14.   | Elisa Reirink      | O Z & P C             | 5:17.65             | 201303452           | <b>5:13.66</b> +0,68   |
|       | 50m: 33.78         | 33.78 150m: 1:51.84   | 40.15 250m: 3:12.01 | 40.32 350m: 4:34.49 | 41.05                  |
|       | 100m: 1:11.69      | 37.91 200m: 2:31.69   | 39.85 300m: 3:53.44 | 41.43 400m: 5:13.66 | 39.17                  |
| 15.   | Aimee van Tongeren | O Z & P C             | 5:21.38             | 201100214           | <b>5:19.38</b> +0,70   |
|       | 50m: 35.65         | 35.65 150m: 1:55.46   | 40.42 250m: 3:17.77 | 41.44 350m: 4:40.74 | 41.36                  |
|       | 100m: 1:15.04      | 39.39 200m: 2:36.33   | 40.87 300m: 3:59.38 | 41.61 400m: 5:19.38 | 38.64                  |
| 16.   | Flore Hovens       | Zweamlust- den Hommel | 5:21.25             | 201201632           | <b>5:24.36 *</b> +0,78 |
|       | 50m: 34.81         | 34.81 150m: 1:54.73   | 40.81 250m: 3:18.66 | 42.02 350m: 4:43.21 | 42.40                  |
|       | 100m: 1:13.92      | 39.11 200m: 2:36.64   | 41.91 300m: 4:00.81 | 42.15 400m: 5:24.36 | 41.15                  |
| 17.   | Fien Stolk         | Zweamlust- den Hommel | 5:25.39             | 201302282           | <b>5:26.55</b> +0,65   |
|       | 50m: 36.65         | 36.65 150m: 1:58.87   | 41.31 250m: 3:23.32 | 42.52 350m: 4:46.45 | 41.06                  |
|       | 100m: 1:17.56      | 40.91 200m: 2:40.80   | 41.93 300m: 4:05.39 | 42.07 400m: 5:26.55 | 40.10                  |
| 18.   | Fayenne Hemmelder  | WS Twente             | 5:23.49             | 201200538           | <b>5:32.04</b> +0,80   |
|       | 50m: 35.93         | 35.93 150m: 1:58.29   | 41.91 250m: 3:25.20 | 43.43 350m: 4:50.53 | 42.11                  |
|       | 100m: 1:16.38      | 40.45 200m: 2:41.77   | 43.48 300m: 4:08.42 | 43.22 400m: 5:32.04 | 41.51                  |
| 19.   | Elize Poot         | Zweamlust- den Hommel | 5:50.18             | 201301408           | <b>5:47.64</b> +0,64   |
|       | 50m: 37.68         | 37.68 150m: 2:06.28   | 45.08 250m: 3:36.79 | 45.82 350m: 5:06.59 | 44.84                  |
|       | 100m: 1:21.20      | 43.52 200m: 2:50.97   | 44.69 300m: 4:21.75 | 44.96 400m: 5:47.64 | 41.05                  |
| 20.   | Vita Tjoelker      | DZ&PC                 | 5:50.73             | 201300840           | <b>5:48.58</b> +0,79   |
|       | 50m: 40.67         | 40.67 150m: 2:13.24   | 46.77 250m: 3:43.85 | 44.53 350m: 5:11.50 | 43.60                  |
|       | 100m: 1:26.47      | 45.80 200m: 2:59.32   | 46.08 300m: 4:27.90 | 44.05 400m: 5:48.58 | 37.08                  |
| 21.   | Emmy Jonk          | De Dolfijn            | 5:46.67             | 201400926           | <b>6:10.20</b> +0,83   |
|       | 50m: 40.71         | 40.71 150m: 2:14.00   | 46.93 250m: 3:48.39 | 47.48 350m: 5:26.23 | 48.87                  |
|       | 100m: 1:27.07      | 46.36 200m: 3:00.91   | 46.91 300m: 4:37.36 | 48.97 400m: 6:10.20 | 43.97                  |
| 22.   | Kaisa Spaans       | WVZ                   | 5:59.42             | 201401488           | <b>6:10.25</b> +0,83   |
|       | 50m: 42.60         | 42.60 150m: 2:16.20   | 47.87 250m: 3:50.68 | 47.33 350m: 5:26.80 | 48.32                  |
|       | 100m: 1:28.33      | 45.73 200m: 3:03.35   | 47.15 300m: 4:38.48 | 47.80 400m: 6:10.25 | 43.45                  |
| 23.   | Femke van As       | ZPC AMERSFOORT        | 6:36.65             | 201400962           | <b>6:12.07</b> +0,79   |
|       | 50m: 39.10         | 39.10 150m: 2:15.01   | 48.27 250m: 3:53.11 | 49.32 350m: 5:30.21 | 48.15                  |
|       | 100m: 1:26.74      | 47.64 200m: 3:03.79   | 48.78 300m: 4:42.06 | 48.95 400m: 6:12.07 | 41.86                  |
| 24.   | Leandra Ammerlaan  | De Dolfijn            | 6:03.06             | 201400376           | <b>6:15.35 *</b> +0,86 |
|       | 50m: 41.99         | 41.99 150m: 2:17.61   | 48.40 250m: 3:54.76 | 48.76 350m: 5:30.66 | 48.00                  |
|       | 100m: 1:29.21      | 47.22 200m: 3:06.00   | 48.39 300m: 4:42.66 | 47.90 400m: 6:15.35 | 44.69                  |
| 25.   | Isolde Bijlsma     | De Rijn               | 7:03.96             | 201400204           | <b>6:21.85</b>         |
|       | 50m: 40.96         | 40.96 150m: 2:18.91   | 49.65 250m: 3:59.47 | 50.41 350m: 5:36.95 | 48.70                  |
|       | 100m: 1:29.26      | 48.30 200m: 3:09.06   | 50.15 300m: 4:48.25 | 48.78 400m: 6:21.85 | 44.90                  |
| AFGEM | Barbara Broekhuis  | PSV                   | 4:36.32             | 200700880           |                        |
| AFGEM | Stella Koese       | WVZ                   | 5:28.96             | 200902768           |                        |

Programmanr. 30  
27-9-2026 - 18:53

Heren, 400m vrije slag

Senioren Open  
Resultaten

| rang | naam            | vereniging          | intijd              | tijd                | RT                     |
|------|-----------------|---------------------|---------------------|---------------------|------------------------|
| 1.   | Xander Kragting | ZPC AMERSFOORT      | 4:14.81             | 200900077           | <b>4:15.90</b> +0,71   |
|      | 50m: 28.69      | 28.69 150m: 1:32.15 | 31.94 250m: 2:36.80 | 32.60 350m: 3:43.21 | 33.42                  |
|      | 100m: 1:00.21   | 31.52 200m: 2:04.20 | 32.05 300m: 3:09.79 | 32.99 400m: 4:15.90 | 32.69                  |
| 2.   | Emiel de Bruijn | DZ&PC               | 4:32.73             | 200700953           | <b>4:18.89</b> +0,71   |
|      | 50m: 29.17      | 29.17 150m: 1:34.36 | 33.01 250m: 2:41.53 | 33.59 350m: 3:47.92 | 32.71                  |
|      | 100m: 1:01.35   | 32.18 200m: 2:07.94 | 33.58 300m: 3:15.21 | 33.68 400m: 4:18.89 | 30.97                  |
| 3.   | Douwe Enzerink  | ZPC AMERSFOORT      | 4:21.07             | 201102657           | <b>4:20.08</b> +0,64   |
|      | 50m: 28.42      | 28.42 150m: 1:33.64 | 32.92 250m: 2:40.62 | 33.75 350m: 3:47.88 | 33.56                  |
|      | 100m: 1:00.72   | 32.30 200m: 2:06.87 | 33.23 300m: 3:14.32 | 33.70 400m: 4:20.08 | 32.20                  |
| 4.   | Guust Heijne    | ZPC AMERSFOORT      | 4:41.84             | 201202139           | <b>4:30.33</b> +0,72   |
|      | 50m: 30.51      | 30.51 150m: 1:39.90 | 35.14 250m: 2:49.67 | 35.10 350m: 3:58.67 | 34.38                  |
|      | 100m: 1:04.76   | 34.25 200m: 2:14.57 | 34.67 300m: 3:24.29 | 34.62 400m: 4:30.33 | 31.66                  |
| 5.   | Felipe Kerkhoff | ZPC AMERSFOORT      | 4:42.00             | 201202625           | <b>4:33.70</b> +0,70   |
|      | 50m: 31.20      | 31.20 150m: 1:40.67 | 34.96 250m: 2:50.32 | 34.93 350m: 4:00.63 | 35.06                  |
|      | 100m: 1:05.71   | 34.51 200m: 2:15.39 | 34.72 300m: 3:25.57 | 35.25 400m: 4:33.70 | 33.07                  |
| 6.   | Nanne Woldring  | De Vikings          | 4:44.64             | 201102035           | <b>4:34.54 *</b> +0,75 |
|      | 50m: 29.89      | 29.89 150m: 1:38.98 | 34.77 250m: 2:50.24 | 35.92 350m: 4:02.08 | 35.53                  |
|      | 100m: 1:04.21   | 34.32 200m: 2:14.32 | 35.34 300m: 3:26.55 | 36.31 400m: 4:34.54 | 32.46                  |
| 7.   | Erik Nijholt    | DZ&PC               | 4:22.44             | 199401349           | <b>4:35.11</b> +0,77   |
|      | 50m: 30.19      | 30.19 150m: 1:39.22 | 34.97 250m: 2:49.89 | 35.46 350m: 4:01.49 | 35.81                  |
|      | 100m: 1:04.25   | 34.06 200m: 2:14.43 | 35.21 300m: 3:25.68 | 35.79 400m: 4:35.11 | 33.62                  |
| 8.   | Mees Otto       | ZPC Woerden         | 4:42.22             | 201001319           | <b>4:35.93</b> +0,71   |
|      | 50m: 30.87      | 30.87 150m: 1:40.00 | 35.00 250m: 2:50.55 | 35.17 350m: 4:01.72 | 35.70                  |
|      | 100m: 1:05.00   | 34.13 200m: 2:15.38 | 35.38 300m: 3:26.02 | 35.47 400m: 4:35.93 | 34.21                  |

Limietwedstrijd kb 26-27 deel 1 ZPC AMERSFOORT  
Amersfoort, 27-9-2026

Programmanr. 30, Heren, 400m vrije slag, Senioren Open

| rang  | naam                 | vereniging           |               | intijd  |               | tijd           |               | RT    |
|-------|----------------------|----------------------|---------------|---------|---------------|----------------|---------------|-------|
| 9.    | Jesse Langstraat     | IJsselmeer           |               | 4:44.57 | 200901407     | <b>4:38.05</b> |               | +0,78 |
|       | 50m: 31.13           | 31.13                | 150m: 1:41.82 | 35.83   | 250m: 2:53.48 | 35.37          | 350m: 4:04.25 | 34.40 |
|       | 100m: 1:05.99        | 34.86                | 200m: 2:18.11 | 36.29   | 300m: 3:29.85 | 36.37          | 400m: 4:38.05 | 33.80 |
| 10.   | Nigel Werring        | Zwemlust- den Hommel |               | 4:49.20 | 200301503     | <b>4:42.88</b> |               | +0,73 |
|       | 50m: 31.29           | 31.29                | 150m: 1:41.92 | 35.98   | 250m: 2:54.52 | 35.89          | 350m: 4:07.64 | 36.03 |
|       | 100m: 1:05.94        | 34.65                | 200m: 2:18.63 | 36.71   | 300m: 3:31.61 | 37.09          | 400m: 4:42.88 | 35.24 |
| 11.   | Jonathan Nusteen     | Zwemclub Zeist       |               | 5:08.33 | 201202129     | <b>4:47.08</b> |               | +0,75 |
|       | 50m: 32.70           | 32.70                | 150m: 1:45.49 | 36.78   | 250m: 2:59.83 | 37.14          | 350m: 4:14.01 | 36.68 |
|       | 100m: 1:08.71        | 36.01                | 200m: 2:22.69 | 37.20   | 300m: 3:37.33 | 37.50          | 400m: 4:47.08 | 33.07 |
| 12.   | Kjelt de Wit         | WS Twente            |               | 4:57.22 | 201201099     | <b>4:47.74</b> |               | +0,68 |
|       | 50m: 31.77           | 31.77                | 150m: 1:44.00 | 36.58   | 250m: 2:58.61 | 37.42          | 350m: 4:12.96 | 37.60 |
|       | 100m: 1:07.42        | 35.65                | 200m: 2:21.19 | 37.19   | 300m: 3:35.36 | 36.75          | 400m: 4:47.74 | 34.78 |
| 13.   | Jayden Korndewal     | ZPC AMERSFOORT       |               | 4:55.74 | 201200015     | <b>4:54.98</b> |               | +0,71 |
|       | 50m: 32.36           | 32.36                | 150m: 1:46.58 | 37.55   | 250m: 3:02.58 | 38.07          | 350m: 4:19.18 | 38.24 |
|       | 100m: 1:09.03        | 36.67                | 200m: 2:24.51 | 37.93   | 300m: 3:40.94 | 38.36          | 400m: 4:54.98 | 35.80 |
| 14.   | Nouh Karman          | Zwemlust- den Hommel |               | 4:57.50 | 201201383     | <b>4:59.82</b> |               | +0,75 |
|       | 50m: 34.01           | 34.01                | 150m: 1:49.05 | 37.85   | 250m: 3:06.06 | 38.69          | 350m: 4:23.50 | 39.11 |
|       | 100m: 1:11.20        | 37.19                | 200m: 2:27.37 | 38.32   | 300m: 3:44.39 | 38.33          | 400m: 4:59.82 | 36.32 |
| 15.   | Rory Costello        | De Dolfijn           |               | 5:08.71 | 201102755     | <b>5:02.04</b> |               | +0,72 |
|       | 50m: 34.98           | 34.98                | 150m: 1:53.04 | 39.45   | 250m: 3:09.63 | 38.54          | 350m: 4:27.16 | 38.33 |
|       | 100m: 1:13.59        | 38.61                | 200m: 2:31.09 | 38.05   | 300m: 3:48.83 | 39.20          | 400m: 5:02.04 | 34.88 |
| 16.   | Charles Araysa       | Zwemlust- den Hommel |               | 5:01.91 | 201201155     | <b>5:05.44</b> |               | +0,63 |
|       | 50m: 32.50           | 32.50                | 150m: 1:46.91 | 37.71   | 250m: 3:05.80 | 39.70          | 350m: 4:25.98 | 40.14 |
|       | 100m: 1:09.20        | 36.70                | 200m: 2:26.10 | 39.19   | 300m: 3:45.84 | 40.04          | 400m: 5:05.44 | 39.46 |
| 17.   | Dex Barends<br>*250m | ZPC AMERSFOORT       |               | 5:28.32 | 201300265     | <b>5:09.13</b> |               | +0,74 |
|       | 50m: 34.22           | 34.22                | 150m: 1:52.17 | 39.47   | 250m: 3:11.54 | 39.37          | 350m: 4:31.92 | 40.08 |
|       | 100m: 1:12.70        | 38.48                | 200m: 2:32.17 | 40.00   | 300m: 3:51.84 | 40.30          | 400m: 5:09.13 | 37.21 |
| 18.   | Yari Vaneker         | O Z & P C            |               | 5:21.15 | 201300395     | <b>5:13.84</b> |               | +0,58 |
|       | 50m: 33.59           | 33.59                | 150m: 1:52.15 | 40.20   | 250m: 3:14.10 | 40.74          | 350m: 4:36.19 | 40.41 |
|       | 100m: 1:11.95        | 38.36                | 200m: 2:33.36 | 41.21   | 300m: 3:55.78 | 41.68          | 400m: 5:13.84 | 37.65 |
| 19.   | Harrie Oude Weernink | WS Twente            |               | 6:00.00 | 196001037     | <b>5:57.24</b> |               |       |
|       | 50m: 37.13           | 37.13                | 150m: 2:01.84 | 43.76   | 250m: 3:35.28 | 47.35          | 350m: 5:11.83 | 48.28 |
|       | 100m: 1:18.08        | 40.95                | 200m: 2:47.93 | 46.09   | 300m: 4:23.55 | 48.27          | 400m: 5:57.24 | 45.41 |
| AFGEM | Max Kaspers          | ZPC AMERSFOORT       |               | 5:49.13 | 201101085     |                |               |       |