Competition Pack

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Due to the changes in age categories for the LEN (13th of March), girls born in 2005 will participate in the Junior category. This also means that they can participate in the Junior finals.

1. Introduction

The Royal Dutch Swimming Federation (KNZB) is pleased to publish the competition pack for the 2023 Eindhoven Qualification Meet (EQM). We offer athletes to compete in a high-level long course competition in Eindhoven.

The competition will be open for both national and international teams and athletes and will promise you a splendid organization.

A big opportunity for teams working towards the World Championships Fukuoka and the 2023 Para Swimming World Championships in Manchester.

The EQM will be organized from Thursday April 6th until Sunday April 9th in the famous Pieter Van den Hoogenband Swim Stadium. The facility will offer a 10 lane 50 meter competition pool, a 4 lane 50m pool and a 6 lane 25 meter for warm-up/cool-down. The competition will be held in a fully dressed pool providing a spectacular setting for both athletes and fans.

The KNZB is happy to welcome foreign teams to the Netherlands!

Mark Faber Head coach of the Royal Dutch Swimming Federation



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2. **Schedule and Qualification Times** 2.1. **Competition schedule (provisional)**

	_	
Thursday, Apri	il 6 th	Friday, Ap
Warm up	07.30h	Warm Up

200m freestyle men 200m freestyle women 200m backstroke men 200m backstroke women 50m breaststroke men 50m breaststroke women 200m butterfly women 200m butterfly men 1500m freestyle women 1500m freestyle men

A-finals

Session start

15.30h Warm up Session start 17.00h

200m freestyle men* 200m freestyle women* 200m backstroke men 200m backstroke women 50m breaststroke men* 50m breaststroke women* 200m butterfly women 200m butterfly men

B-finals + Junior finals Session start

200m freestyle men 200m freestyle boys 200m freestyle women 200m freestyle girls 200m backstroke men 200m backstroke boys 200m backstroke women 200m backstroke girls 50m breaststroke men 50m breaststroke women 200m butterfly women 200m butterfly girls 200m butterfly men

200m butterfly boys

Warm Up 07.30h 09.00h Session start

400m medley women 400m medlev men 50m backstroke women 50m backstroke men 200m breaststroke women 200m breaststroke men 100m butterfly women 100m butterfly men

A-finals

15.30h Warm Up Session start 17.00h

400m medley women 400m medley men 50m backstroke women* 50m backstroke men* 200m breaststroke women 200m breaststroke men 100m butterfly women* 100m butterfly men* 1500m freestyle women 1500m freestyle men

B-finals + Junior finals

19.00h

400m medley women 400m medley girls 400m medley men 400m medley boys 50m backstroke women 50m backstroke men 200m breaststroke women 200m breaststroke girls 200m breaststroke men 200m breaststroke boys 100m butterfly women 100m butterfly girls 100m butterfly men 100m butterfly boys

Saturday, April 8th

Warm Up 07.30h Session start 09.00h

100m freestyle men 100m freestyle women 100m backstroke men 100m backstroke women 200m medley men 200m medley women 800m freestyle men 800m freestyle women

A-finals

15.30h Warm Up Session start 17.00h

100m freestyle men* 100m freestyle women* 100m backstroke men 100m backstroke women 200m medley men³ 200m medley women*

B-finals + Junior finals

Session start

100m freestyle men 100m freestyle boys 100m freestyle women 100m freestyle girls 100m backstroke men* 100m backstroke boys 100m backstroke women* 100m backstroke girls 200m medley men 200m medley boys 200m medley women 200m medley girls

Sunday, April 9th

Warm Up 07.30h Session start 09.00h

400m freestyle women 400m freestyle men 50m butterfly women 50m butterfly men 100m breaststroke women 100m breaststroke men 50m freestyle women 50m freestyle men

A-finals

13.00h Warm Up Session start 14.30h

400m freestyle women 400m freestyle men 50m butterfly women 50m butterfly men 100m breaststroke women* 100m breaststroke men* 50m freestyle women* 50m freestyle men* 800m freestyle men 800m freestyle women

B-finals + Junior finals

Session start

400m freestyle women* 400m freestyle girls 400m freestyle men* 400m freestyle boys 50m butterfly women* 50m butterfly men* 100m breaststroke women 100m breaststroke girls 100m breaststroke men 100m breaststroke boys 50m freestyle women 50m freestyle girls 50m freestyle men 50m freestyle boys

^{*}Events include Paralympic Final

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2.2. Qualification

- Qualifying times must be posted in a FINA sanctioned, observed or approved competition between August 24, 2021 and March 19, 2023. Only long-course (50) meters times are considered for qualification and it is mandatory times can be verified either via www.swimrankings.net or provided result-files/websites. Short course (SCY/SCM) results will not be accepted.
- Times of a start swimmer in a relay, except for a mixed relay, will be accepted if these are authenticated and verifiable in the official report.
- Split times (of individual numbers) may be used to achieve the time standard. They will be accepted if they are certified as such and are verifiable.
- Junior swimmers can qualify with the Senior qualifying times.
- Separate qualifying times for Youth swimmers are added.
- The KNZB reserves the right to add swimmers to the competition that do not meet the qualification criteria.

	Senior / Junior	Senior / Junior	Youth	Youth
	Men	Women	Boys	Girls
	2006 a.o.	2007 a. o.	2007-2010	2008-2011
50 free	00:24,62	00:27,54	00:25,55	00:27,91
100 free	00:53,20	00:58,88	00:55,84	01:01,21
200 free	01:56,97	02:08,74	02:02,48	02:12,30
400 free	04:11,49	04:32,13	04:19,84	04:40,50
800 free	08:43,27	09:27,02		09:41,82
1500 free	16:42,10	18:07,67	17:38,81	
50 breast	00:30,69	00:35,58		
100 breast	01:07,23	01:16,86	01:11,54	01:17,15
200 breast	02:27,75	02:47,81	02:35,42	02:49,07
50 fly	00:26,59	00:29,45		
100 fly	00:58,74	01:07,01	01:00,17	01:07,58
200 fly	02:15,48	02:33,01	02:17,86	02:33,77
50 back	00:28,25	00:32,01		
100 back	01:01,06	01:08,60	01:03,48	01:09,07
200 back	02:13,31	02:27,25	02:17,72	02:28,96
200 medley	02:12,73	02:29,60	02:18,25	02:31,10
400 medley	04:48,30	05:09,68	04:59,60	05:26,42

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2.3. Paralympic qualification times

- Qualifying times, based on the KNZB iMoaz-tables, can be found in appendix I
- Qualifying times must be posted in a FINA/WPS sanctioned, observed or approved competition between August 24, 2021 and March 19, 2022. Short-course (25) and long-course (50) meters times are considered for qualification and it is mandatory times can be verified either via www.swimrankings.net or provided result-files/websites.
- For Para-athletes a maximum of 2 heats will be added to the morning heats. Hence, making times below is not a guarantee you will be accepted.
- Times of a start swimmer in a relay, except for a mixed relay, will be accepted if these are authenticated and verifiable in the official report.
- Splittimes (of individual numbers) may be used to achieve the time standard. They will be accepted if they are certified as such and are verifiable.



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3. Competition

3.1. Heats & seeding

- All events will be swum in the open category men and women.
- 10 lanes will be used during the morning heats.
- Swimmers with disabilities will swim in the regular program based on their entry times.
- The Eindhoven Qualification Meet is an approved LEN, FINA, IOC and IPC qualifying event.

3.2. Final seeding & reserves

- All distances have an A- and B-final, except 800m and 1500m.
- All distances have a junior finals, except:
 800m free, 1500m free, 50m fly, 50m back, 50m breast
- The eight fastest swimmers from the heats after all withdrawals are scratched, will qualify for the A-finals.
- The eight fastest Junior swimmers from the heats that did not qualify for the A- or B-finals after all withdrawals are scratched, will qualify for the youth finals.
- B-finals will only be scheduled when 4 or more swimmers are available.
- For each final two reserves will be appointed.
- All athletes that do not want to swim the finals or be lined up as reserve swimmer must withdraw.
- The scratch deadline for all events shall be 30 minutes, after publishing the results of the corresponding event.

Paralympic swimmers

- Para swimmers will be seeded in the heats according to entry times.
- The 8 athletes with the highest point ranking after all withdrawals are scratched will proceed to the final.
- Finals will proceed regardless of the number of athletes.
- All athletes that do not want to swim the finals must withdraw.
- The finals will be separate multi-class finals. There are finals for 50, 100, 200 and 400m freestyle, 50 and 100m breaststroke, backstroke and butterfly, plus 200m individual medley.
- Disabled swimmers may also qualify for the regular A and B finals.

3.3. Call room, doping and training

Call room

Each participant should report to the call room, at least 10 minutes prior to his start. The last call room can only be used by athletes who are expected here.

Doping

The international doping rules (FINA, WADA) are applicable. Upon request swimmers must cooperate with representatives of the Dutch official doping authority and be available for testing.

Training

Prior to the tournament an evening training session is schedules on Wednesday 5th April. Training will be possible between 18:00 and 20:00 hrs.

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3.4. Accreditations

- On the day of the competition and/or during training session on Wednesday, credentials can be picked up at the entrance to the swimming pool.
- Presenting the deck pass, the team leader can pick up one new starting list every session.
- Swimming teams will receive an invoice for accreditations and starting lists.
- The number of deck passes per club is determined as follows:

1 t/m 5 participants 1 deck pass 6 t/m 10 participants 2 deck passes 11 and more participants 3 deck passes

- If you want to order additional deck passes, please contact the organization. Any extra passes are subject to payment.
- Participants and deck passes are strictly personal. In case of abuse, the pass will be taken and will only be returned after payment of the set fee for team members.
- Teams with 1 to 5 Para swimmers can request 1 extra (free) deck pass, with 5 or more Para swimmers two extra (free) deck passes can be requested. This must be indicated separately with your entry.

3.5. Tickets

Information about entry tickets and prices will be made available on http://www.knzb.nl/tickets. Tickets will only be for sale online.

3.6. Hotel

To be determined.

3.7. Transport

All teams (both foreign and Dutch) have to arrange their own transport.

3.8. Team leaders meeting

All coaches or team leaders of the participating teams (both foreign and Dutch) will be invited to attend an online team leaders meeting on Friday 31 March 2023 at 20:00 hrs.

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4. Entries & withdrawals

4.1. Entries

- Final entry deadline is Tuesday, March 21, 2023; 23.59hrs (CET)
- Upon entering you will receive a confirmation twice:
 - o An automatic confirmation that your e-mail was received
 - A personal message confirming your entry was processed. Only after receiving this second message your entries are accepted.
- You can send your entries via e-mail, please mention Entry EQM + your team name in the subject line.
- You need to send the SPLASH / Lenex data file, and the list of participants as a
 PDF file. You can make your registration complete, to add your contact info via
 Splash Team Manager, for which a separate manual on the <u>federation website</u> can
 be found. You can request the number of deck passes in the registration email.
 You can download a non-license Entry Editor at the <u>federation website</u>.
- All files can be sent to the e-mail address nkinschrijvingen@knzb.nl.
- NB. All file names must be in the following format: 2023-04-06-(team name)-EQM-entries.lxf and 2023-04-06-(team name)-EQM-entries.pdf
- For Para athletes the classification code must be included in the lxf files.
- Dutch athletes can only be registered by their respective club.

4.2. Ineligible, incomplete or late registrations

- Unwarranted registration means:
 - o times that do not fully correspond to the times in the report.
 - times that do not match the fastest time on the relevant event in the limit period.
 - times swum in competitions, of which no record is received at the KNZB.
- For all unauthorized entries an administrative fee can be charged.

4.3. Start lists

- After publishing the provisional entry lists on live timing, corrections can be sent within 48 hours to nkinschrijvingen@knzb.nl.
- If corrections are late entries, an administrative fee will be charged.

4.4. Entry fees

- The entrance fee for the competition for each staff member (coach, physio, video analyst etc.) participating in the competition is € 12,50 per day or € 40 for all competition days.
- The entrance fee for the competition is € 15 per athlete, per event.
- The entry fee of all competitors must be paid prior to the start of the tournament. All teams and clubs will receive an invoice.
- All entries dated March 21st are subject to payment. There is no cancellation policy for withdrawals after March 21st.

4.5. Withdrawals

- Withdrawals can be done until 48hrs before the first event via <u>nkinschrijvingen@knzb.nl</u> where all competition days are considered as part of one competition.
- Entry fees will not be refunded.
- Withdrawals later than 48hrs prior to competition will be sanctioned with an administrative fee. This also includes no shows in competition.

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5. Final provisions

- The event can be followed with live stream, -timing (https://livetiming.knzb.nl/EQM2023) and the SplashMe app.
- The organization reserves full authority to cancel, postpone or change the competition conditions and/or regulations due to reasons beyond its reasonable control.
- If the event has to be cancelled the organizing committee or KNZB cannot be held responsible for any costs by participating clubs or federations.
- In accordance with the current national government ruling there is no specific COVID protocol for this event. If necessary a COVID protocol may be applicable for this event. In such case the COVID protocol will be shared with all participating teams and teams are obliged to comply with the set protocol.
- To provide the best experience for media and fans swimmers may be requested to have their image photographed or filmed for entertainment purposes (such as LED wall).

6. Venue

The Pieter van den Hoogenband swim stadium has a vast reputation hosting international swim events. The competition pool is 50m, 10 lanes, equipped with electronic timing (Omega). The venue has a separate 25m pool and a 6 line 50m pool that can be used for warm up/cool down. Athletes seats will be located next to the 50m competition pool and close to call room.

Address: Antoon Coolenlaan 1, 5644 RX Eindhoven



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Appendix I

Qualification times Men Para

		QM	QM
		-	-
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S4	00:49,01	00:52,78
	S5	00:40,91	00:44,06
	S6	00:38,50	00:41,46
	S7	00:36,18	00:38,97
50	S8	00:34,97	00:37,66
Free	S9	00:32,34	00:34,82
	S10	00:30,64	00:32,99
	S11 S12	00:34,06 00:31,13	00:36,68 00:33,52
	S13	00:30,97	00:33,36
	S14	00:30,93	00:33,31
		QM	QM
		-	
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S4	01:46,45	01:54,64
	S5	01:31,64	01:38,69
	S6	01:24,48	01:30,98
	S7	01:19,68	01:25,81
100	S8	01:15,77	01:21,60
Free	S9	01:10,99	01:16,45
	S10 S11	01:07,14 01:15,53	01:12,31 01:21,34
	S11 S12	01:08,90	01:21,34
	S13	01:08,30	01:13,55
	S14	01:07,99	01:13,22
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S4	03:45,52	04:02,87
	S5	03:22,03	03:37,57
	S6	03:32,09	03:48,40
	S7	03:01,76	03:15,74
200	S8	02:59,78	03:13,61
Free	S9	02:43,91	02:56,52
	S10	02:35,21	02:47,15
	S11 S12	03:07,55 02:52,16	03:21,98
	S13	02:41,38	02:53,79
	S14	02:27,74	02:39,11
	511	QM	
		-	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S6	06:32,74	07:02,95
	S7	05:59,82	06:27,50
	S8	05:48,82	06:15,65
400	S9	05:25,92	05:50,99
Free	S10	05:17,81	05:42,26
	S11 S12	05:58,65	06:26,24
	S12 S13	05:45,98 05:19,82	06:12,59 05:44,42
	S14	05:29,84	05:55,21
	214		
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S4	00:55,25	00:59,50
	S5	00:42,95	00:46,25
	S6	00:48,75	00:52,50
	S7	00:45,68	00:49,20
50	S8	00:42,03	00:45,26
Back	S9	00:38,65	00:41,63
	S10 S11	00:38,36 00:42,88	00:41,31 00:46,18
	S11 S12	00:42,88	00:41,61
	S13	00:36,99	00:39,83
l l		00:37,37	00:40,24
	S14		QM
	S14	OM	
Distri		QM	-
Distance	S14 Class.	Seniors	Youth
Distance			-
Distance		Seniors	Youth
Distance	Class.	Seniors 2004 e.o.	Youth 2005 - 2006 02:21,92 02:11,74
Distance	Class.	Seniors 2004 e.o. 02:11,78	Youth 2005 - 2006 02:21,92
Distance	S4 S5 S6 S7	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90
Distance	S4 S5 S6 S7 S8	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91 01:25,62	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90 01:32,20
100	S4 S5 S6 S7 S8 S9	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91 01:25,62 01:19,16	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90 01:32,20 01:25,25
	S4 S5 S6 S7 S8 S9 S10	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91 01:25,62 01:19,16 01:17,41	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90 01:32,20 01:25,25 01:23,36
100	S4 S5 S6 S7 S8 S9 S10	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91 01:25,62 01:19,16 01:17,41 01:29,23	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90 01:32,20 01:25,25 01:23,36 01:36,09
100	S4 S5 S6 S7 S8 S9 S10	Seniors 2004 e.o. 02:11,78 02:02,33 01:37,35 01:30,91 01:25,62 01:19,16 01:17,41	Youth 2005 - 2006 02:21,92 02:11,74 01:44,84 01:37,90 01:32,20 01:25,25 01:23,36

		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S4	00:56,18	01:00,50
	S5	00:42,02	00:45,26
	S6	00:40,63	00:43,75
	S7	00:38,10	00:41,03
50 Fly	S8 S9	00:37,17 00:35,80	00:40,03 00:38,55
JUTTY	S10	00:34,30	00:36,94
	S11	00:37,83	00:40,74
	S12	00:35,12	00:37,82
	S13	00:34,84	00:37,52
	S14	00:34,22	00:36,86
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	S8	01:21,48	01:27,75
	S9	01:17,34	01:23,29
100 Fly	S10 S11	01:13,32 01:23,00	01:18,96
100 FIY	S11 S12	01:23,00	01:29,39 01:20,83
	S13	01:12,54	01:18,12
	S14	01:12,26	01:17,82
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	SB4	01:01,72	01:06,47
	SB5	00:56,00	01:00,30
	SB6	00:51,28	00:55,22
	SB7	00:47,20	00:50,83
50	SB8	00:42,85	00:46,14
Breast	SB9 SB11	00:41,37 00:45,37	00:44,55 00:48,86
	SB12	00:42,21	00:45,46
	SB13	00:39,52	00:42,56
	SB14	00:40,02	00:43,09
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	SB4	02:06,69	02:16,43
	SB5	01:55,65	02:04,55
	SB6	01:44,95	01:53,02
100	SB7	01:39,48	01:47,13
	SB8 SB9	01:29,94	01:36,86 01:34,93
Breast	SB11	01:28,15 01:35,25	01:34,93
	SB12	01:25,21	01:31,77
	SB13	01:23,59	01:30,02
	SB14	01:24,33	01:30,82
		QM	QM
Distance	Class.	Seniors	Youth
		2004 e.o.	2005 - 2006
	SM5	03:45,37	04:02,70
	SM6	03:29,19	03:45,28
	SM7	03:16,30	03:31,40
	SM8	03:05,92	03:20,22
200 IM	SM9 SM10	02:57,09 02:46,72	03:10,72 02:59,55
	SM11	03:08,61	03:23,12
	SM12	02:58,26	03:11,97
	SM13	02:47,34	03:00,21
	SM14	02:48,23	03:01,17

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Qualification times WOMEN Para

		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	S4	00:50,03	00:53,88
	S5	00:46,88	00:50,48
	S6	00:43,03	00:46,34
	S7 S8	00:42,93 00:40,10	00:46,23 00:43,19
50	S9	00:37,31	00:40,18
Free	S10	00:36,07	00:38,85
	S11	00:38,64	00:41,61
	S12	00:35,70	00:38,45
	S13	00:35,30	00:38,01
	S14	00:35,83	00:38,59
		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	S4	01:49,69	01:58,13
	S5	01:42,26	01:50,13
	S6	01:34,41	01:41,67
400	S7 S8	01:32,69 01:27,05	01:39,82 01:33,75
100	59	01:21,83	01:28,12
Free	S10	01:18,00	01:24,00
	S11	01:26,58	01:33,24
	S12	01:18,31	01:24,34
	S13 S14	01:17,21 01:17,92	01:23,15 01:23,92
	314		
		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	S4	04:00,33	04:18,81
	S5	03:37,82	03:54,57
	S6	03:42,30	03:59,40
	S7 S8	03:29,43 03:17,07	03:45,54 03:32,23
200	S9	03:03,45	03:17,56
Free	S10	02:56,44	03:10,01
	S11	03:30,19	03:46,36
	643		
	S12	03:01,14	03:15,07
	S13	02:59,48	03:13,29
		02:59,48 02:47,08	03:13,29 02:59,93
	S13 S14	02:59,48 02:47,08 QM	03:13,29 02:59,93 QM
Distance	S13	02:59,48 02:47,08	03:13,29 02:59,93 QM Youth
Distance	S13 S14	02:59,48 02:47,08 QM	03:13,29 02:59,93 QM
Distance	S13 S14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26
Distance	\$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43
	\$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79
400	\$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04
	\$13 \$14 Class. \$6 \$7 \$8 \$9	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79
400	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63
400	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60
400	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73
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400	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73
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400 Free	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,63 06:22,63 06:41,73 QM
400 Free	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51
400 Free	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73
400 Free	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,60 00:52,46 00:49,37	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,12 00:56,50
400 Free	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class.	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$12 \$13 \$14 \$5 \$5 \$5 \$6 \$7 \$10 \$11 \$11 \$11 \$11 \$11 \$11 \$11 \$11 \$11	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,73 00:57,12 00:47,69 00:56,50
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class. \$4 \$5 \$5 \$6 \$7 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:44,28 00:52,81	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,12 00:56,50 00:47,68
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 Class. Class. \$12 \$13 \$14 \$5 \$6 \$7 \$8 \$9 \$10 \$11 \$11 \$11 \$11 \$11 \$11 \$11	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,56	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,18 00:47,69 00:56,87
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 Class. \$4 \$5 \$5 \$6 \$7 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,60 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,28 00:43,27 00:43,98	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50 00:33,17 00:47,18 00:47,69 00:56,87
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 \$14 \$5 \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 \$15 \$16 \$17 \$18 \$18 \$19 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,28 00:52,81 00:43,27 00:43,98 QM	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,18 00:47,69 00:56,87 00:47,69
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400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 \$14 \$5 \$6 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 \$15 \$16 \$17 \$18 \$18 \$19 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,28 00:52,81 00:43,27 00:43,98 QM	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,18 00:47,69 00:56,87 00:47,69
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400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 Class. Class. \$4 \$5 \$9 \$10 \$11 \$11 \$11 \$12 \$13 \$14 \$14 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$19 \$19 \$10 \$10 \$10 \$11 \$11 \$11 \$11 \$11	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,56 00:43,27 00:43,98 QM Seniors 2005 e.o. 02:34,98 02:14,41	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,12 00:56,50 00:33,17 00:47,18 00:47,69 00:56,87 00:47,98 00:46,60 00:47,36 QM Youth 2006 - 2007 02:46,90 02:24,75
400 Free Distance	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$112 \$13 \$14 \$14 \$15 \$5 \$6 \$7 \$10 \$12 \$13 \$14 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,04 00:44,28 00:52,46 00:49,37 00:44,56 00:43,27 00:43,98 QM Seniors 2005 e.o. 02:34,98 QM Seniors	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,12 00:56,50 00:47,18 00:47,18 00:47,18 00:47,18 00:47,98 00:46,60 00:47,36 QM Youth 2006 - 2007 02:46,90
400 Free Distance 50 Back	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 Class. Class. Class. \$12 \$13 \$14 Class. \$6 \$7 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 \$15 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,04 00:52,46 00:49,37 00:44,28 00:52,81 00:44,28 00:52,81 00:44,56 00:43,27 00:43,98 QM Seniors 2005 e.o. 02:34,98 02:14,41 01:44,91 01:44,662	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:05,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,68 00:47,68 00:47,68 QM Youth 2006 - 2007 02:46,60 00:24,75 00:24,75 00:52,98 01:54,82
400 Free Distance 50 Back	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 Class. Class. \$4 \$5 \$6 \$7 \$8 \$9 \$10 \$11 \$11 \$12 \$13 \$14 \$14 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,60 00:53,04 00:52,46 00:49,37 00:43,81 00:44,28 00:52,81 00:44,56 00:43,27 00:43,98 QM Seniors 2005 e.o. 02:34,98 02:14,41 01:44,91 01:46,62 01:40,73	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,12 00:56,50 00:33,17 00:47,18 00:47,69 00:56,87 00:47,69
400 Free Distance 50 Back	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 Class. Class. Class. \$12 \$13 \$14 Class. \$6 \$7 \$7 \$8 \$9 \$10 \$11 \$12 \$13 \$14 \$15 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,04 00:52,46 00:49,37 00:44,28 00:52,81 00:44,28 00:52,81 00:44,56 00:43,27 00:43,98 QM Seniors 2005 e.o. 02:34,98 02:14,41 01:44,91 01:44,662	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:05,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,68 00:47,68 00:47,68 QM Youth 2006 - 2007 02:46,60 00:24,75 00:24,75 00:52,98 01:54,82
400 Free Distance 50 Back	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 \$11 \$13 \$14 Class. Class. Class. Class. Class. \$4 \$5 \$6 \$7 \$8 \$8 \$9 \$10 \$11 \$11 \$11 \$12 \$13 \$14 \$14 \$15 \$16 \$17 \$17 \$18 \$18 \$18 \$18 \$18 \$18 \$18 \$18	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,60 00:53,60 00:53,04 00:52,46 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,28 00:52,81 00:44,98	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,12 00:56,50 00:53,17 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:48,48 01:39,36 01:55,98 01:54,82 01:48,48 01:39,36
400 Free Distance 50 Back	\$13 \$14 Class. \$6 \$7 \$8 \$9 \$10 Class. Class. Class. \$12 \$13 \$14 \$14 \$5 \$6 \$7 \$7 \$8 \$9 \$10 \$10 \$10 \$11 \$12 \$13 \$14 \$15 \$15 \$16 \$17 \$17 \$18 \$18 \$19 \$10 \$10 \$10 \$10 \$10 \$10 \$10 \$10	02:59,48 02:47,08 QM Seniors 2005 e.o. 06:48,82 06:46,19 06:22,38 06:05,89 05:54,75 06:41,36 06:04,59 05:55,27 06:13,04 QM Seniors 2005 e.o. 01:01,76 00:53,04 00:52,46 00:49,37 00:44,28 00:52,81 00:44,28 00:52,81 00:44,56 00:43,81 00:44,56 00:43,81 00:44,56 00:43,81 00:44,56 00:43,81 00:44,56 00:43,81 00:44,56 00:43,81 00:44,66 00:43,98 QM	03:13,29 02:59,93 QM Youth 2006 - 2007 07:20,26 07:17,43 06:51,79 06:34,04 06:22,04 07:12,24 06:32,63 06:22,60 06:41,73 QM Youth 2006 - 2007 01:06,51 00:57,73 00:57,73 00:57,12 00:56,50 00:53,17 00:47,68 00:47,68 QM Youth 2006 - 2007 02:47,59 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:46,60 00:47,98 00:48,48 01:53,98 01:54,82 01:48,48 01:39,36 01:35,83

		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	S4	01:02,69	01:07,52
	S5	00:55,69	00:59,97
	S6	00:46,79	00:50,39
	S7	00:44,51	00:47,93
FO FI	S8	00:47,53	00:51,19
50 Fly	S9	00:39,95	00:43,02
	S10 S11	00:39,85 00:47,58	00:42,92 00:51,24
	S12	00:41,30	00:31,24
	S13	00:40,49	00:43,61
	S14	00:39,69	00:42,75
		QM	QM
		7	-
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	S8	01:32,81	01:39,95
	S9	01:28,10	01:34,88
	S10	01:28,10	01:34,87
100 Fly	S11	01:41,73	01:49,56
	S12	01:26,80	01:33,47
	S13	01:24,96	01:31,50
	S14	01:25,11	01:31,66
		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
	50.4		
	SB4 SB5	01:12,44 01:04,04	01:18,02 01:08,96
	SB6	01:04,04	01:08,96
	SB7	00:59,68	01:04,27
50	SB8	00:51,53	00:55,49
Breast	SB9	00:45,75	00:49,27
Dieast	SB11	00:53,17	00:57,26
	SB12	00:46,85	00:50,45
	SB13	00:46,77	00:50,36
	SB14	00:45,94	00:49,47
		QM	QM
Distance	Class.	*	Youth
Distance	Class.	Seniors	
		2005 e.o.	2006 - 2007
	SB4	02:21,58	02:32,47
	SB5	02:12,44	02:22,62
	SB6	02:04,63	02:14,21
100	SB7	02:00,22	02:09,47
	SB8 SB9	01:45,88	01:54,03
Breast	SB11	01:38,12 01:49,56	01:45,67 01:57,99
	SB12	01:49,56	01:46,70
	SB13	01:38,03	01:45,57
	SB14	01:37,59	01:45,09
	3014		
		QM	QM
Distance	Class.	Seniors	Youth
		2005 e.o.	2006 - 2007
		2003 C.O.	
	SM5		04:57.43
	SM5 SM6	04:36,18	04:57,43 04:09,72
		04:36,18 03:51,88 03:51,73	
	SM6	04:36,18 03:51,88 03:51,73	04:09,72
200 184	SM6 SM7	04:36,18 03:51,88	04:09,72 04:09,55
200 IM	SM6 SM7 SM8	04:36,18 03:51,88 03:51,73 03:35,20	04:09,72 04:09,55 03:51,75 03:37,07 03:25,19
200 IM	SM6 SM7 SM8 SM9 SM10 SM11	04:36,18 03:51,88 03:51,73 03:35,20 03:21,57 03:10,54 03:32,96	04:09,72 04:09,55 03:51,75 03:37,07 03:25,19 03:49,34
200 IM	SM6 SM7 SM8 SM9 SM10 SM11 SM12	04:36,18 03:51,88 03:51,73 03:35,20 03:21,57 03:10,54 03:32,96 03:16,70	04:09,72 04:09,55 03:51,75 03:37,07 03:25,19 03:49,34 03:31,83
200 IM	SM6 SM7 SM8 SM9 SM10 SM11	04:36,18 03:51,88 03:51,73 03:35,20 03:21,57 03:10,54 03:32,96	04:09,72 04:09,55 03:51,75 03:37,07 03:25,19 03:49,34