



1. Introduction

The Royal Dutch Swimming Federation (KNZB) is pleased to publish the competition pack for the 2022 Rotterdam Qualification Meet (RQM). We offer athletes to compete in a high-level long course competition in Rotterdam. The competition will be open for both national and international teams and athletes and will promise you a splendid organization.

A big opportunity for teams working towards the World Championships in Japan, Fukuoka this upcoming summer.

The RQM will be organized from Thursday December 1st until Sunday December 4th in "Zwemcentrum Rotterdam". The facility will offer a 10 lane 50 meter competition pool and a 6 lane 25 meter warm-up pool. The competition will be held in a fully dressed pool providing a spectacular setting for both athletes and fans.

The KNZB is happy to welcome foreign teams to the Netherlands!

Mark Faber Head coach of the Royal Dutch Swimming Federation





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2. Schedule and Qualification Times 2.1. Competition schedule

Thursday, December 1Warm up07.30hSession start09.00h

200m freestyle men 200m freestyle women 200m backstroke men 200m backstroke women 50m breaststroke women 200m butterfly women 200m butterfly men 1500m freestyle women 1500m freestyle men

A-finals

Warm up Session start

200m freestyle men* 200m freestyle women* 200m backstroke men 200m backstroke women 50m breaststroke men* 50m breaststroke women* 200m butterfly women 200m butterfly men

15.30h

17.00h

B-finals Session start

Session start 18.30h

200m freestyle men 200m freestyle women 200m backstroke men 200m backstroke women 50m breaststroke men 50m breaststroke women 200m butterfly women 200m butterfly men

*Events include Paralympic Final

Friday, December2Warm Up07.30hSession start09.00h

400m medley women 400m medley men 50m backstroke women 50m breaststroke men 200m breaststroke men 100m butterfly women 100m butterfly men

A-finals Warm Up 15.30h Session start 17.00h

400m medley women 400m medley men 50m backstroke women* 50m backstroke men* 200m breaststroke women 200m breaststroke men 100m butterfly women* 1500m freestyle women 1500m freestyle men

B-finals start 19.00h

400m medley women 400m medley men 50m backstroke women 50m backstroke men 200m breaststroke women 200m breaststroke men 100m butterfly women 100m butterfly men Saturday, December 3 Warm Up 07.30h Session start 09.00h

100m freestyle men 100m freestyle women 100m backstroke men 100m backstroke women 200m medley men 200m medley women 800m freestyle men 800m freestyle women

A-finals Warm Up 15.30h Session start 17.00h

100m freestyle men* 100m freestyle women* 100m backstroke men 100m backstroke women 200m medley men* 200m medley women*

B-finals Session start 18.30h

100m freestyle men 100m freestyle women 100m backstroke men* 100m backstroke women* 200m medley men 200m medley women Sunday, December 4 Warm Up 07.30h Session start 09.00h

400m freestyle women 400m freestyle men 50m butterfly women 50m breaststroke women 100m breaststroke men 50m freestyle women 50m freestyle men

A-finals

Warm Up13.00hSession start14.30h

400m freestyle women 400m freestyle men 50m butterfly women 50m butterfly men 100m breaststroke women* 100m breaststroke men* 50m freestyle women* 800m freestyle men 800m freestyle women

B-finals

Session start 16.30h

400m freestyle women* 400m freestyle men* 50m butterfly women* 50m butterfly men* 100m breaststroke women 100m breaststroke men 50m freestyle women 50m freestyle men



2.2. Qualification

- Qualifying times must be posted in a FINA sanctioned, observed or approved competition between January 1, 2021 and November 20, 2022. Only long-course (50) meters times are considered for qualification and it is mandatory times can be verified either via <u>www.swimrankings.net</u> or provided result-files/websites. Short course (SCY/SCM) results will not be accepted.
- Times of a start swimmer in a relay, except for a mixed relay, will be accepted if these are authenticated and verifiable in the official report.
- Splittimes (of individual numbers) may be used to achieve the time standard. They will be accepted if they are certified as such and are verifiable.

	Men	Women
50 free	00:24,62	00:27,54
100 free	00:53,20	00:58,88
200 free	01:56,97	02:08,74
400 free	04:11,49	04:32,13
800 free	08:43,27	09:27,02
1500 free	16:42,10	18:07,67
50 breast	00:30,69	00:35,58
100 breast	01:07,23	01:16,86
200 breast	02:27,75	02:47,81
50 fly	00:26,59	00:29,45
100 fly	00:58,74	01:07,01
200 fly	02:15,48	02:33,01
50 back	00:28,25	00:32,01
100 back	01:01,06	01:08,60
200 back	02:13,31	02:27,25
200 medley	02:12,73	02:29,60
400 medley	04:48,30	05:09,68





2.3. Paralympic qualification times

- Qualifying times must be posted in a FINA/WPS sanctioned, observed or approved competition between January 1, 2021 and November 20, 2022. Only long-course (50) meters times are considered for qualification and it is mandatory times can be verified either via <u>www.swimrankings.net</u> or provided result-files/websites. Short course (SCY/SCM) results will not be accepted.
- For Para-athletes a maximum of 2 heats will be added to the morning heats. Hence, making times below is not a guarantee you will be accepted.
- Times of a start swimmer in a relay, except for a mixed relay, will be accepted if these are authenticated and verifiable in the official report.
- Splittimes (of individual numbers) may be used to achieve the time standard. They will be accepted if they are certified as such and are verifiable.

Event	Class	Men	Women	Event	Class	Men	Women
50 free	S4	42,62	43,61	50 fly	S4	47,57	56,06
	S5	35,30	41,12		S5	37,48	48,61
	S6	32,86	36,87		S6	34,52	40,18
	S7	30,36	36,21		S7	32,64	39,17
	S8	29,39	33,19		S8	32,43	37,08
	S9	27,70	31,43		S9	30,52	33,21
	S10	25,95	30,70		S10	28,78	32,67
	S11	28,86	33,73		S11	32,90	41,14
	S12	26,25	30,17		S12	29,56	34,01
	S13	26,23	29,96		S13	28,40	32,81
	S14	25,95	30,70		S14	28,78	32,67
100 free	S4	1:31,98	1:36,71	100 fly	S8	1:08,25	1:19,48
	S5	1:16,68	1:28,73		S9	1:06,47	1:12,87
	S6	1:12,19	1:19,88		S10	1:01,60	1:12,79
	S7	1:08,04	1:18,63		S11	1:10,20	1:29,50
	S8	1:04,18	1:11,42		S12	1:03,31	1:13,21
	S9	1:01,26	1:08,12		S13	1:02,02	1:10,00
	S10	56,68	1:06,53		S14	1:01,93	1:11,41
	S11	1:04,31	1:14,25				
	S12	58,11	1:06,00				
	S13	57,48	1:04,86				
	S14	58,08	1:05,98				
200 free	S4	3:15,12	3:31,96	50 breast	SB4	54,72	57,79
	S5	2:48,16	3:06,86		SB5	47,89	54,80
	S6	2:50,95	3:02,16		SB6	41,25	50,26
	S7	2:34,06	2:52,67		SB7	40,83	47,60
	S8	2:24,73	2:38,14		SB8	35,89	40,70
	S9	2:18,06	2:34,82		SB9	34,93	38,69
	S10	2:10,76	2:24,92		SB11	37,16	46,59
	S11	2:33,12	2:53,17		SB12	34,65	39,28
	S12	2:23,12	2:40,37		SB13	33,80	40,59
	S13	2:10,82	2:27,81		SB14	34,93	38,69
	S14	2:06,47	2:19,37				



Event Class Men Women Event Class Men Women 400 free S6 5:37,30 5:50,76 100 breast SB4 1:46,74 2:00,59 57 5:09,26 5:48,15 SB5 1:39,14 1:51,01 58 4:55,41 5:15,13 SB6 1:29,82 1:45,43 S9 4:42,19 5:10,76 SB7 1:24,10 1:39,85 S10 4:30,01 5:01,41 SB8 1:16,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:39,35 5:09,53 SB11 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,76 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S13 4:30,27 543,23 SM6 3:32,85 3:47,97 S5 38,31 49,37 SM6 3:02,85 3:16,30 S6 <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th>								
S7 5:09,26 5:48,15 SB5 1:39,14 1:51,01 S8 4:55,41 5:15,13 SB6 1:29,82 1:45,43 S9 4:42,19 5:10,76 SB7 1:24,10 1:39,85 S10 4:30,01 5:01,41 SB8 1:16,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:39,35 5:09,53 SB11 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,71 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,96 1:22,71 S6 42,40 46,45 SM7 2:48,77 3:16,30 S7 37,50 43,23 SM8 2:37,05 2:56,35 S8 34,60 39,17 SM9 2:31,73 2:47,89 S9 33,24 37,32 SM10 2:21,71 2:42,66 S11 36,06 43,73 SM12 2:29,50	Event	Class	Men	Women	Event	Class	Men	Women
S8 4:55,41 5:15,13 SB6 1:29,82 1:45,43 S9 4:42,19 5:10,76 SB7 1:24,10 1:39,85 S10 4:30,01 5:01,41 SB8 1:6,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:39,35 5:09,53 SB11 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,71 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 B13 1:12,74 1:22,66 SB14 1:12,96 1:23,06 S5 38,31 49,37 SM6 3:00,37 3:19,43 S6 42,40 46,45 SM7 2:48,77 3:16,30 S7 37,50 43,23 SM8 2:37,05 2:56,35 S8 34,60 39,17 SM9 2:1,71 2:42,66 S10 31,35 36,21 SM11 2:48,77 <	400 free	S6	5:37,30	5:50,76	100 breast	SB4	1:46,74	2:00,59
S9 4:42,19 5:10,76 SB7 1:24,10 1:39,85 S10 4:30,01 5:01,41 SB8 1:16,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:39,35 5:09,53 SB11 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,71 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,76 1:23,06 S5 38,31 49,37 SM6 3:0,37 3:19,43 S6 42,40 46,45 SM6 3:0,37 3:19,43 S7 37,50 43,23 SM8 2:37,05 2:56,35 S8 34,60 39,17 SM9 2:31,73 2:47,89 S9 33,24 37,32 SM10 2:17,1 2:42,66 S10 31,35 36,21 SM11 2:41,83 306,83 S11 36,06 43,73 SM12 2:23,49 2:		S7	5:09,26	5:48,15		SB5	1:39,14	1:51,01
S10 4:30,01 5:01,41 SB8 1:16,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:30,27 4:58,91 SB1 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,71 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S17 S5 38,31 49,37 SM6 3:00,37 3:19,43 S6 42,40 46,45 SM7 2:48,77 3:16,30 S7 37,50 43,23 SM8 2:37,05 2:66,35 S8 34,60 39,17 SM9 2:31,73 2:47,89 S9 33,24 37,32 SM10 2:21,71 2:42,66 S10 31,35 36,21 SM11 2:41,36 3:66,80 S11 36,66 36,35 SM13 2		S8	4:55,41	5:15,13		SB6	1:29,82	1:45,43
S10 4:30,01 5:01,41 SB8 1:16,96 1:27,86 S11 5:05,56 5:46,59 SB9 1:13,92 1:23,97 S12 4:30,27 4:58,91 SB1 1:20,02 1:33,40 S13 4:30,27 4:58,91 SB12 1:12,89 1:22,71 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S14 4:38,82 5:05,44 SB13 1:12,74 1:22,66 S17 S5 38,31 49,37 SM6 3:00,37 3:19,43 S6 42,40 46,45 SM7 2:48,77 3:16,30 S7 37,50 43,23 SM8 2:37,05 2:66,35 S8 34,60 39,17 SM9 2:31,73 2:47,89 S9 33,24 37,32 SM10 2:21,71 2:42,66 S10 31,35 36,21 SM11 2:41,36 3:66,80 S11 36,66 36,35 SM13 2		S9	4:42,19	5:10,76		SB7	1:24,10	1:39,85
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3. Competition

3.1. Heats & seeding

- All events will be swum in the open category men and women.
- 10 lanes will be used during the morning heats.
- Swimmers with disabilities will swim in the regular program based on their entry times.
- The Rotterdam Qualification Meet is an approved LEN, FINA, IOC and IPC qualifying event.

3.2. Final seeding & reserves

- All distances have an A and B-final, except 800m and 1500m.
- The eight fastest swimmers from the heats will qualify for the A-finals.
- B-finals will only be scheduled when 4 or more swimmers are available.
- For each final two reserves will be appointed.
- An athlete that does not want to be lined up as reserve swimmer must withdraw as well.
- The scratch deadline for all events shall be 30 minutes, after publishing the results of the corresponding event.

Paralympic swimmers

- Para swimmers will be seeded in the heats according to entry times.
- The 8 athletes with the highest point ranking will proceed to the final.
- Finals will proceed regardless of the number of athletes.
- The finals will be separate multi-class finals. There are finals for 50, 100, 200 and 400m freestyle, 50 and 100m breaststroke, backstroke and butterfly, plus 200m individual medley.
- Disabled swimmers may also qualify for the regular A and B finals. Their result will be included in the regular number.

3.3. Call room, doping and training

Call room

Each participant should report to the call room, at least 10 minutes prior to his start. The last call room can only be used by athletes who are expected here.

Doping

The international doping rules (FINA, WADA) are applicable. Upon request swimmers must cooperate with representatives of the Dutch official doping authority and be available for testing.

Training

passie voor water

Prior to the tournament an evening training sessions is schedules on Wednesday 30^{th} November. Training will be possible between 18:00 and 20:00 hrs.



3.4. Accreditations

- On the day of the competition and/or during training session on Wednesday, credentials can be picked up at the entrance to the swimming pool.
- Presenting the deck pass, the team leader can pick up one new starting list every session.

1 deck pass

2 deck passes

3 deck passes

- Swimming teams will receive an invoice for accreditations and starting lists.
- The number of deck passes per club is determined as follows:
 - 1 t/m 5 participants 6 t/m 10 participants

11 and more participants

- If you want to order additional deck passes, please contact the organization. Any extra passes are subject to payment.
- Participants and deck passes are strictly personal. In case of abuse, the pass will be taken and will only be returned after payment of the set fee for team members.
- Teams with 1 to 5 Para swimmers can request 1 extra (free) deck pass, with 5 or more Para swimmers two extra (free) deck passes can be requested. This must be indicated separately with your entry.

3.5. Tickets

Information about entry tickets and prices will be made available on <u>http://www.knzb.nl/tickets</u> and <u>www.rqm2022.nl</u>. Tickets will only be for sale online.

3.6. Hotel & transport

All teams (both foreign and Dutch) have to arrange their own hotel facilities and transport.

3.7. Team leaders meeting

All coaches or team leaders of the participating teams (both foreign and Dutch) will be invited to attend an online team leaders meeting on Friday 25 November 2022 at 20:00 hrs.



4. Entries & withdrawals

4.1. Entries

- Final entry deadline is Tuesday, November 22, 2022; 23.59hrs (CET)
- Upon entering you will receive a confirmation twice:
 - \circ $\,$ An automatic confirmation that your e-mail was received $\,$
 - A personal message confirming your entry was processed. Only after receiving this second message your entries are accepted.
- You can send your entries via e-mail, please mention Entry RQM + your team name in the subject line.
- You need to send the SPLASH / Lenex data file, and the list of participants as a PDF file. You can make your registration complete, to add your contact info via Splash Team Manager, for which a separate manual on the <u>federation website</u> can be found. You can request the number of deck passes in the registration email. You can download a non-license Entry Editor at the <u>federation website</u>.
- All files can be sent to the e-mail address <u>nkinschrijvingen@knzb.nl</u>.
- NB. All file names must be in the following format: 2022-12-01-(team name)-RQM-Rotterdam-entries.lxf and 2022-12-01-(team name)-RQM-Rotterdamentries.pdf
- For Para athletes the classification code must be included in the lxf files.
- Dutch athletes can only be registered by their respective club.

4.2. Ineligible, incomplete or late registrations

- Unwarranted registration means:
 - times that do not fully correspond to the times in the report.
 - times that do not match the fastest time on the relevant event in the limit period.
 - times swum in competitions, of which no record is received at the KNZB.
- For all unauthorized entries an administrative fee can be charged.

4.3. Start lists

- After publishing the provisional entry lists on live timing, corrections can be sent within 48 hours to nkinschrijvingle.com.
- If corrections are late entries, an administrative fee will be charged.

4.4. Entry fees

- The entrance fee for the competition for each staff member (coach, physio etc.) participating in the competition is € 12,50 per day or € 40 for all competition days.
- The entrance fee for the competition is \in 15 per athlete, per event.
- The entry fee of all competitors must be paid prior to the start of the tournament. All teams and clubs will receive an invoice.
- All entries dated 22nd November are subject to payment. There is no cancellation policy for withdrawals after 22nd November.

4.5. Withdrawals

- Withdrawals can be done until 48hrs before the first event via nkinschrijvingen@knzb.nl where all competition days are considered as part of one competition.
- Entry fees will not be refunded.
- Withdrawals later than 48hrs prior to competition will be sanctioned with an administrative fee. This also includes no shows in competition.



5. Final provisions

- The event can be followed with live stream, -timing and the SplashMe app.
- The organization reserves full authority to cancel, postpone or change the competition conditions and/or regulations due to reasons beyond its reasonable control.
- If the event has to be cancelled the organizing committee or KNZB cannot be held responsible for any costs by participating clubs or federations.
- In accordance with the current national government ruling there is no specific COVID protocol for this event. If necessary a COVID protocol may be applicable for this event. In such case the COVID protocol will be shared with all participating teams and teams are obliged to comply with the set protocol.
- To provide the best experience for media and fans swimmers may be requested to have their image photographed or filmed for entertainment purposes (such as LED wall).

6. Venue

The swimming pool Zwemcentrum Rotterdam is a pool in the heart of Rotterdam. The competition pool is 50m, 10 lanes, equipped with electronic timing (Omega). The venue has a separate 25m pool that can be used for warm up.

Athletes seats will located next to the 50m competition pool and close to call room.

Address: Annie M.G. Schmidtplein 8, 3083 NZ Rotterdam

